

A Higher Awareness Lifestyle

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The HAL Group Class 2019-2020

Abstract

Our world is bigger than we think and we need to incorporate that into our world perception to truly grasp the higher order sciences such as the understanding of our reality field, as well as the energetic laws governing us and our world, unfolding the full version of our reality. If we continue to exclude these levels of our reality from our perception and understanding of our world, we will exclude our chances of new perspectives, alternatives and solutions to a better future for us all. The current human perception will not give us the needed solutions to the transition challenges, we are to face in the upcoming years within all levels of society. Solutions to generate the correct sciences, to solve the health issues, climate changes, environmental challenges as well as the transition challenges within all areas of human systems and structures. The years to come will alter all aspects of what it means to be human in this world.

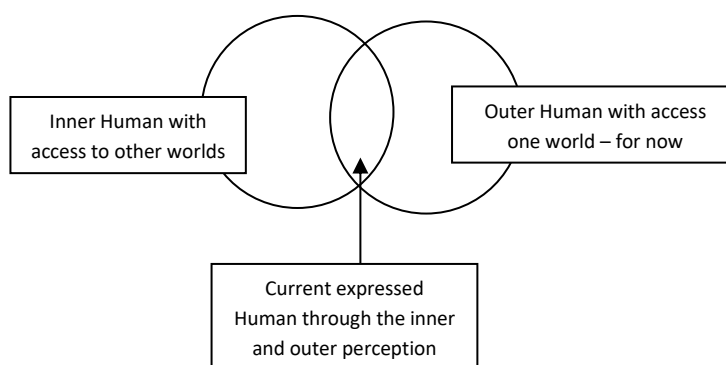
1. Overview of Changes

A. The inner-outer human evolution

1. The understanding of self and reality has to change in any attempt to follow the changes in the world.
2. New perspectives have to be offered so new goals for the continued evolution of humanity can unfold, of which productive business projects can take part, including a future vision from where the strategies can be defined to reach the goals.
3. Productive solutions and adaptable new ways of being human have to be offered, showing humans as part of a higher order human race in a joint evolution towards a new reality, we will build using these new sciences and understandings.

B. The inner-outer human set up

A human is the manifested energy shown on three levels:



The inner-outer human is an expression of the interaction potentials governed by the Laws of Energetic Utilization, the Principles and the Rules of Engagement. These are the three fundamental dynamics that ensure the highest purity rate, the highest standards and the highest progression rate from which we rebuild our original energy system. That is needed for the higher awareness to develop in us.

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2. The Changes to Come

Humanity has to adapt to the changes and learn to live in energetic flux as time becomes an integral part of our perception of reality, learning to administer the past, present and the future in our daily efforts to follow the Principles, Laws and Rules, which originally governed our world. As the timeline event subsides, humanity – as part of this solar system – will return to the original set up of our reality field. Humanity has to develop a new awareness based upon an interactive reality, with new sciences, new concepts of energy and matter, and the awareness of higher order consciousness. From that, changes will follow in the perception field of mind and the psychological faculties, changing what it means to be human, and we will learn to focus on the world we have vs. the world we want and how to build it using the Principles, the Rules of Engagement and the Laws of Energetic Utilization to do so.

3. The Goal of the HAL Group Class

To inspire and give the incentive of developing the higher order awareness, as well as working under the goal of achieving progressive, communicative and positive developmental and environmental awareness, to be able to do creational projects as part of the highest order reality, for the highest good of the many.

4. The HAL Classes 1-4, the HAL Completed 1-2 & the FHP Courses 1-4 – Text and 80 Videos

The HAL Group Class material will be the text and videos from the HAL Classes 1-4, The HAL Completed Classes 1-2 and the Future Human Project Courses 1-4. The Energy Work Classes will not be part of this course. You can do these afterwards, on your own. Check out the HAL Classes and the FHP Courses for further information.

5. The 2 Monthly Skype Meet Ups at 8pm Danish time

We meet up over Skype, in a group call every second Sunday (the last meet up on a Saturday) at 8pm Danish time, where we will discuss the material for the month. The text material will be given for the month via email. The videos are to be accessed on Vimeo, after having accepted the invite to the private groups there. There will also be given a short lecture in the beginning of the meet up.

- Each meet up has the duration of 1-2½ hour, all depending on the activity of the group.
- The quality of the meet up depends on the group entirely. After the short lecture, it is up to the group members to present thoughts and ideas on the material provided for the month (text and videos). Not in the form of questions but in the form of thoughts derived from working with the material. If nobody has anything to offer after the lecture, the group call ends.
- All questions to the material should be answered by the students themselves, either in meditation or by working with the material. Answers will surface eventually, as Principle 5 begins to unfold the true inner knowledge. Thus, it is not up to me to give the answers in a normal teacher-student set up (most is answered in the HAL Material anyways), but up to the participants of the group to give the information that will run the meet up. Fuel it.

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- To ensure the highest energy in the group call, it will not be possible to discuss personal issues or relate to personal experiences with other people. However, we will talk about the material in general terms and, if needed, I will use examples, which are identical to all that you experience in your life. From that it is easy to apply to your personal experiences.
- Debate to further the understanding of the topics of the month, is the goal of the meet ups.

6. Payment & Sign Up

You sign up by paying the sign-up fee of 140 EUR.

Then, from October 2019 and until December 2020, you pay 140 EUR per month using the subscription link I will provide in the *Welcome to the HAL Group Class* email. That will amount to 15 payments (October 2019-December 2020) of 140 EUR drawn automatically from PayPal each month plus the sign-up fee. All in all, 16 payments of 140 EUR.

- Payment for the sign-up: If life should come in the way and you cannot participate, it will be exchanged with the HAL Advanced Class 2 & the Rotundum, but without a Q&A.
- You can leave the HAL Group Class after having begun, by ending your subscription (and informing me), but you will only be able to access the Classes and Courses, you have completed and paid for. Ending the HAL Group Class should therefore be at the end of a month.

7. Other Practical Stuff

Students from all over the world are welcome – please check out your time difference if it is possible for you, or if you can attend at the hour it will be for you (all is possible for the ones that want it to happen). Unfortunately, I cannot run two classes.

Minimum number of students is 4 and maximum is 10. If we cannot reach the number 4 before the start-up date in September, I will push the beginning a month or two. If we should not have reached the needed number, you will get the HAL Advanced Class 2 and the Rotundum instead.

8. The Dates and Material for the Monthly Meet Ups

The HAL Group Class begins in September 2019 and runs until December 2020. You will catch up in the self-study months.

The Meet Ups will be on the following dates at 8pm Danish time:

September 2019 – Text and videos for HAL 1 on both Sundays.

Meet up on Sunday September 8th at 8pm Danish time. Text and videos for HAL 1.

Meet up on Sunday September 22nd at 8pm Danish time. Text and videos for HAL 1.

October 2019 – Text and videos for HAL 2 on both Sundays.

Meet up on Sunday October 13th at 8pm Danish time. Text and videos for HAL 2.

Meet up on Sunday October 27th at 8pm Danish time. Text and videos for HAL 2.

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November 2019 – Text and videos for the Rotundum on both Sundays.

Meet up on Sunday November 10th at 8pm Danish time. Text and videos for the Rotundum.

Meet up on Sunday November 24th at 8pm Danish time. Text and videos for the Rotundum.

December 2019 – Text and videos for HAL 3 on both Sundays.

Meet up on Sunday December 1st at 8pm Danish time. Text and videos for HAL 3.

Meet up on Sunday December 15th at 8pm Danish time. Text and videos for HAL 3.

January 2020: You do self-study and catch up.

February 2020 – Text and videos for HAL 4 on both Sundays.

Meet up on Sunday February 9th at 8pm Danish time. Text and videos for HAL 4.

Meet up on Sunday February 23rd at 8pm Danish time. Text and videos for HAL 4.

March 2020 – Text and videos for HAL Completed 1 on both Sundays.

Meet up on Sunday March 8th at 8pm Danish time. Text and videos for HAL Completed 1.

Meet up on Sunday March 22nd at 8pm Danish time. Text and videos for HAL Completed 1.

April 2020 – Text and videos for HAL Completed 2 on both Sundays.

Meet up on Sunday April 5th at 8pm Danish time. Text and videos for HAL Completed 2.

Meet up on Sunday April 19th at 8pm Danish time. Text and videos for HAL Completed 2.

May 2020 – Text and videos for FHP Course 1 on both Sundays.

Meet up on Sunday May 10th at 8pm Danish time. Text and videos for FHP Course 1.

Meet up on Sunday May 24th at 8pm Danish time. Text and videos for FHP Course 1.

June 2020 – Text and videos for FHP Course 2 (first 6 videos) on both Sundays.

Meet up on Sunday June 14th at 8pm Danish time. Text and videos for FHP Course 2.

Meet up on Sunday June 28th at 8pm Danish time. Text and videos for FHP Course 2.

July and August 2020: You do self-study and catch up

September 2020 – Text and videos for FHP Course 2 (last 6 videos) on both Sundays.

Meet up on Sunday September 13th at 8pm Danish time. Text and videos for FHP Course 2.

Meet up on Sunday September 27th at 8pm Danish time. Text and videos for FHP Course 2.

October 2020 – Text and videos for FHP Course 3 on both Sundays.

Meet up on Sunday October 11th at 8pm Danish time. Text and videos for FHP Course 3.

Meet up on Sunday October 25th at 8pm Danish time. Text and videos for FHP Course 3.

November 2020 – Text and videos for FHP Course 4 (first 6 videos) on both Sundays.

Meet up on Sunday November 8th at 8pm Danish time. Text and videos for FHP Course 4.

Meet up on Sunday November 22nd at 8pm Danish time. Text and videos for FHP Course 4.

December 2020 – Text and videos for FHP Course 4 (last 6 videos) – Notice the last call on Saturday

Meet up on Sunday December 6th at 8pm Danish time. Text and videos for FHP Course 4.

Meet up on **Saturday** December 19th at 8pm Danish time. Text and videos for FHP Course 4.

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Trusting in Flow

(Article from the Rotundum)

Our reality is interactive.

That is the first statement.

I will be what I need to be, when I need it.

That is the second statement.

Reality will always provide what is needed, when it is needed.

That is the third statement.

Circumstances will always change so that the what is needed can unfold.

That is the fourth statement.

I will always get what I need, when I need it, in the forms I need it.

That is the concluding statement.

To begin creating flow in life, and in your inner and outer human appearances, you have to let go of all that you think and believe to be correct. Let us make it simple; nothing you have learned about reality, yourself and others are correct. That is the simple version. So, clean slate. Tabula rasa as it is said in Latin. Then we can begin anew solving the equation of life.

In all sciences of reality there is flow. There has to be flow. Where there is no flow, there is death and stagnation. So, all has to circulate, change, adapt and progress to be in the natural order of things. As humans living in a dynamic interactive system, we have to learn to be adaptable, changeable and progressable too. If we stay put, we go into stagnation, shutting the dynamics of life out of our energy system.

Belief systems create stagnation of mind. That goes with business models too and how we have been trained to perceive what business is, and how it works, the markets, the dynamics etc.

Emotional stagnation is another, created out of fear of pain, or loss or whatever. Life is flow. It is up and it is down. Today might seem less fun, tomorrow too but then all is forgotten as a new day arise. No need to cling on to the old pain or loss because that was days ago and not in the now.

So, we are to learn to be in the day, and observe that day, complete the progression of that day, fulfill the energies of that day, circulate the energies of that day to their highest potentials so that when we go to sleep, we know that truly tomorrow will be a new day because, in our energy work before we go to sleep, we have completed all that was unfolded on that day, put what was learned into the right order of understanding, and then let the rest go. Clear the head and the heart of the energetic residuals and no-use-energy so that nothing lingers on into the night.

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Removing the web of thoughts.

Removing the web of emotions.

Clearing the fields around us.

Creating new fresh energy for the next day (we are working on that – we will get that eventually).

As a higher awareness human, we naturally follow the human laws. All of them. Including the moral and ethical standards of our society. However, we add more to it. We add energy, lifting the original function of a law to its correct potentials for growth. There are no restrictions, there is only energy and our response to energy. Stagnated or dynamic energy. Every place has its own energy and we are to learn to play with that energy, in that moment and on that day. What is unfolded for us there.

You see, the moment you learn to work with energy and observe energy, you will see that what you thought was restricted and solid, is not. If you change, so will reality. If you are in flow, so will your surroundings be. If you are trusting the five statements, they will unfold energetically and in reality, as manifest changes. So, flow begins with you. If you are stagnated, reality will be too. Everything you are is reflected in your surroundings and what comes your way. Observe what you attract, it is all mirroring back to you what you are. That is the first statement – reality is interactive.

Trusting yourself to be a capable human that can handle whatever comes your way, in whatever form, is another important self-perception. Trust that you are all that you need to be, when you need it in all challenges of life, and you will be it. You will learn, you will grow and you will become adaptable to changes because you know, as you grow, how skilled you are at handling all that life offers you. That is the second statement.

Since you are now aware of the energetic feedback system (the interactive principle) and that you can accommodate, change and handle whatever comes your way, you are now set for the progression path and with this, understand that life is about evolution and progression. It is about evolving all that you are to express life and existence into all the forms this system can provide. So, since life always unfold in progression systems and our reality is one of these, then reality will always provide what you need so you can progress. That is the third statement.

When the first three statements become part of who you are, the fourth statement is naturally unfolded. Of course. It is a progression system, right?

And with that the concluding statement; know this: “I will get what I need, when I need it, in the forms I need it, all goes with the progression and higher awareness human.” Of course, we get that because we want to live, progress and develop ourselves, and our consciousness, so that energy can change with us, developing our world and ourselves in the process because as you change, the energies around you do too and in that, ultimately reality will be reset back to its progression function as a supportive system created for expression of life, progression and the highest good of the many.