In this online self-study course, we work with the 3 lower fields, as we are to work with them to match the DE1 Reconfiguration of our planet and solar system. We investigate the differences in the 3 lower fields of males and females with the old classification (hybrids are engineered differently) so this means the age group born between 1950's to 1999.

It is expected that the Advanced Work with the Emotional Field and the Advanced Clearing Work with the Emotional Field, as well as the HAL Basic & Advanced Energy Work Courses are completed. I also refer to the HAL Template Science Courses. It would be a good idea to do the free HAL Integration Classes 5 & 6 as well.

A Good idea is to do the Higher Order Systemic-Energetic Awareness Courses on the NR Challenges of the Sun.

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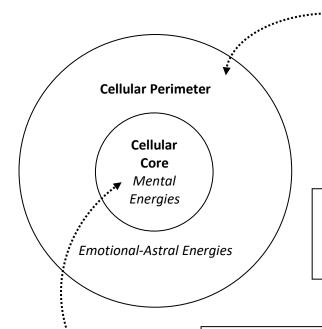
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The Main Goals of this Work....

- 1) The main goal of our work is to clear the OWO regressed DE2 and old type of infected DE3 inserted genetics, OWO technologies, and distortion fields (energetic parasites) from the three lower energy fields...We do that to be able to function in the new reality DE1.
- 2) To get there we must work with the psychic-energetic transformation processes of the three lower fields in the lower order energy system....
- 3) Everything is interconnected....from the reality field energies to the energies of our higher and lower energy systems, and into the smallest unit found in the cellular construction.
- 4) When we work with one layer, we also work with the other intersecting energy fields on the levels or dimensions we work with.
- 5) The lower forms of energy we use, the smaller the changes will be due to high distortion.
- 6) When we begin to use the higher forms of energy, the changes become more noticeable.
- 7) Thus, in the clearing work with the emotional and mental fields, we simultaneously work with the cellular construction and cellular information retrieval since the layers of the three lower fields are represented in the cellular structure, as depicted on the next page.

The Construction of a Cell (DE1)



The perimeter of emotional energies holds at least 9 levels of distortion to be worked with, all depending on the lower field blueprint:

- 1. Unconscious electrochemical processes.
- 2. Subconscious level; fantasies dreams.
- 3. Collective consciousness field; archetypes entities.
- 4. Lower astral material; the residual levels of the past.
- 5. Parasitic level; TEGs and subsequent energy patterns.
- 6. Astral entities and elementals (DE2 fragments).
- 7. The world corners; huge entities with DE2 traits.
- 8. The visitor areas under the regressed DE2.
- 9. DE2 network attached to the artificial 4D programs.

The bio-field behind the cell is made of the destroyed DE1 network, with its now infected, contaminated, and distorted energies and genetic fragments (the holographic blueprint of the cell) and on top of that is added the distorted emotional and mental fields composed of distorted energies from the inserted DE2 and DE3 networks.

The core of mental energies and holds at least 7 levels of distortion to be worked with, all depending on the lower field blueprint:

- 1. Human thought forms and belief systems.
- 2. Regressed DE2 energy patterns with mental energy.
- 3. Lower timeline level; bugs and residuals from the past.
- 4. Lower DE3 insertions and interception holographic content.
- 5. Field of infected DE3 fragments 3rd cycle.
- Lesser infected DE3 clusters from the Timeline Event in the upper frequency bands of the mental plane.
- 7. Infected DE3 network bridging into the artificial 5D programs.

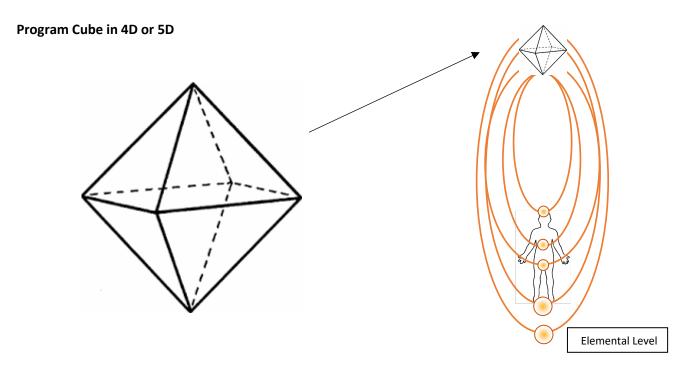
The energetic perimeter of the cell is connected to the identical layers of the emotional field and the identical layers in a chakra. However, these layers depend on the lower field blueprint. So, what is that blueprint?

The Fetal Pattern (not the bio-field code layers):

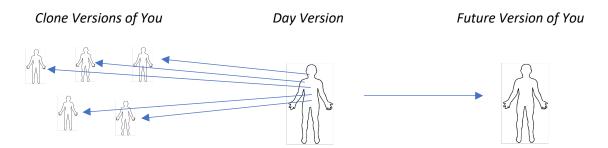
- 1. The merged lower energy fields of the parents lay the blueprint of the 3 lower fields.
- 2. Then, the 3-field blueprint is coded by the circulating energetic coding from the past life lower fields.
- 3. The past life codes regulate the cellular blueprint and the content of the emotional and mental fields.
- 4. The code layers from the past lives also determine the type of genetic fragments in the 3 lower fields.
- 5. The emotional layer unfolds the coding from the past lives into patterns by drawing in distortion energies from the racial grids and DE2 networks. This also generate the perimeter of the cells.
- 6. These levels hold the energetic interaction potentials in the energetic patterns in both the mind-field and the emotional field. The energetic patterns in both fields are controlled by the content of the distortion fields and subsequent remaining technologies from the DE2 network.
- 7. These layers also determine the possibility rate of progression.

The foundation of the work is to use the techniques developed in the psychotherapeutic work to work with the socio-sexual-psychological dynamics to do the processes leading to the psychic-energetic balance needed to do the DE1 transition into the new penta-chromosome configuration needed for the 5th cycle.

As explained in the AIT Advanced Clearing Work Material, we must clear out the old prohibiting technologies, the OWO Cubes, energetic parasites, and elementals in the racial grids to be able to release and transform the emotional field.



Via the sciences behind the different levels and energies of the emotional field, the work gets more advanced but also in some sense clearer. The levels are to be worked with and transformed through the opposition dynamics of inner-outer interactive potentials.



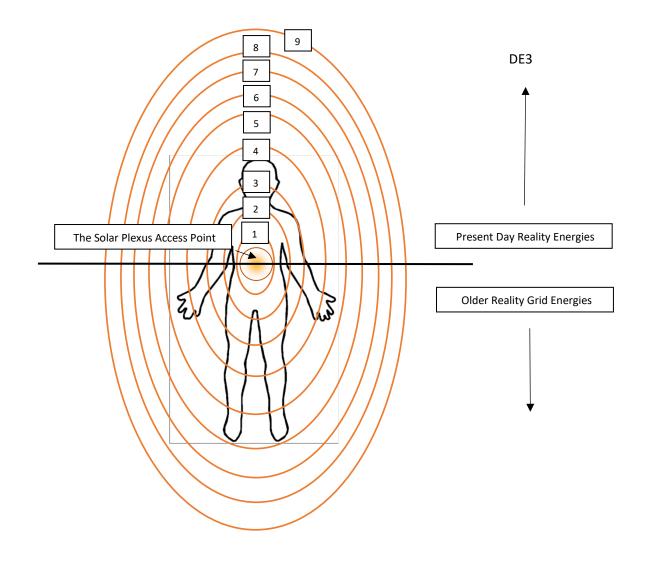
We do that by playing the OWO Reality Programs, aka the Paths of Liberation, from where we on the days with the Rotundum number 20 can release the content of the rings of the bio-fields, emotional field and mental fields.

Remember from the HAL Advanced Class 2 how the Rotumdum works, and from the Advanced Work with the Rotundum Course, that the bio-field is connected to the day inside the base program (bio-rhythms), the emotional field to the monthly number added to the number of the day (Dec. $8^{th} + 12 = 20$) and the mental field is connected to the dynamics of the year (2022 = 6) added to the 8-20+6 giving a 8-20-8 sequence determining which faction that is possible to pull into our perception field and then do the releasing trials, which free us of their programs (and destroys the seals connecting us to them).

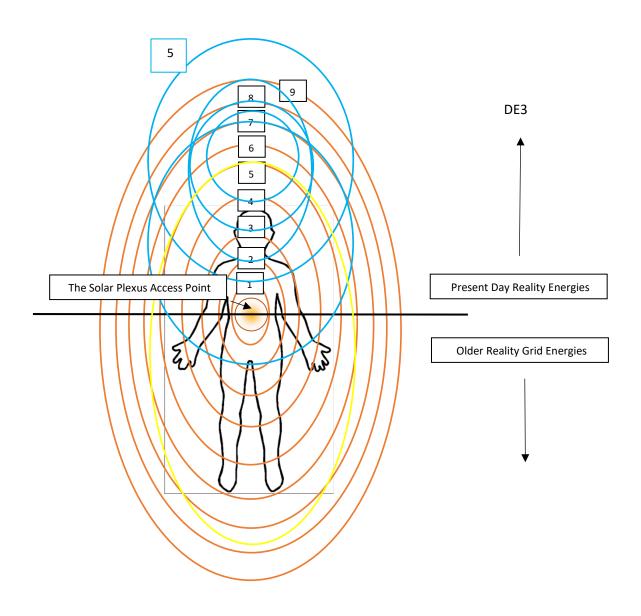
The Female Emotional Field Configuration – 9 Layers

- 1. Bio-energetic processes unconscious electrochemical processes in organs, glands, and cells.
- 2. Subconscious level; fantasies dreams (technology).
- 3. Collective consciousness field; archetypes entities collective base program energies.
- 4. Lower astral material; the residual levels of the past and past lives.
- 5. Parasitic level; TEGs and their subsequent fueling of the energy patterns.
- 6. Astral entities and elementals (DE2 fragments) transform into the "Buddhi Level" (Middel Domain).
- 7. The world corners; huge entities with DE2 genetics bits from the destroyed terrestrial DE1 network.
- 8. The visitor areas under the inserted regressed De2 and their technologies (colonizers).
- 9. Infected De2 network attached to the artificial 4th dimension programs (mainly semi-android races).

Below is an illustration of the concentric circles the 9 subtle psychic-energetic information levels create in the female emotional field:



Below is an illustration of the concentric circles the 21 subtle psychic-energetic information levels create in the female lower fields:

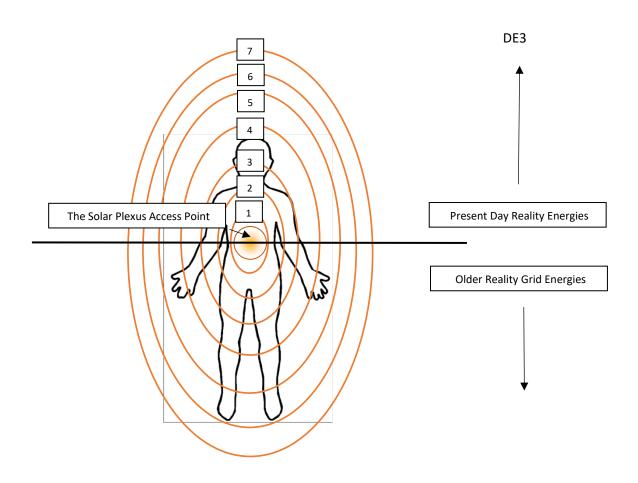


- 1. The Bio-field (Yellow) has 7 rings that matches the first 7 layers of the emotional field.
- 2. The Emotional Field (Orange) has 9 layers.
- 3. The Mental Field (Blue) has 5 rings of which 5 are merged with the bio-field and the emotional field. However, 2 of the rings stretches above both the emotional and bio-fields.

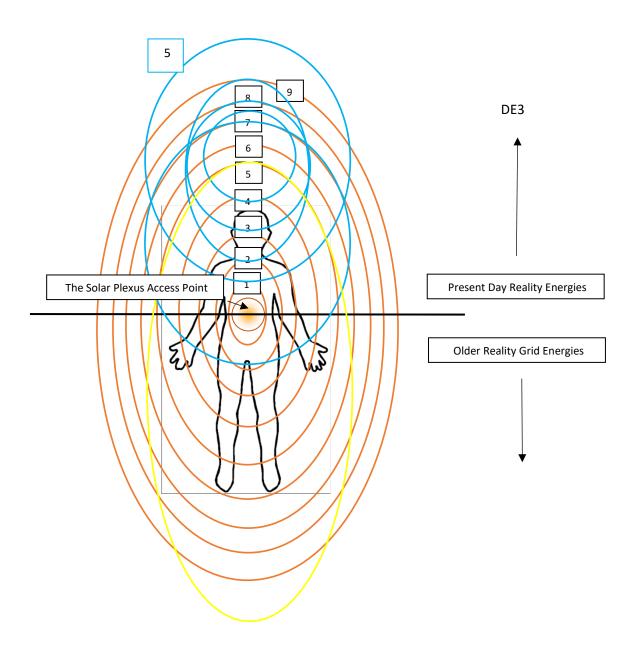
The Male Emotional Field Configuration- 7 Layers

- 1. Bio-energetic processes unconscious electrochemical processes in organs, glands, and cells.
- 2. Subconscious level; fantasies dreams (technology).
- 3. Collective consciousness field; archetypes entities collective base program energies.
- 4. Lower astral material; the residual levels of the past and past lives.
- 5. Parasitic level; TEGs and their subsequent fueling of the energy patterns.
- 6. Astral entities and elementals (DE2 fragments) transform into the "Buddhi Level" (Middel Domain).
- 7. The world corners; huge entities with DE2 genetics bits from the destroyed terrestrial DE1 network.

Below is an illustration of the concentric circles the 7 subtle psychic-energetic information levels create in the male emotional field:



Below is an illustration of the concentric circles the 21 subtle psychic-energetic information levels create in the male lower fields:

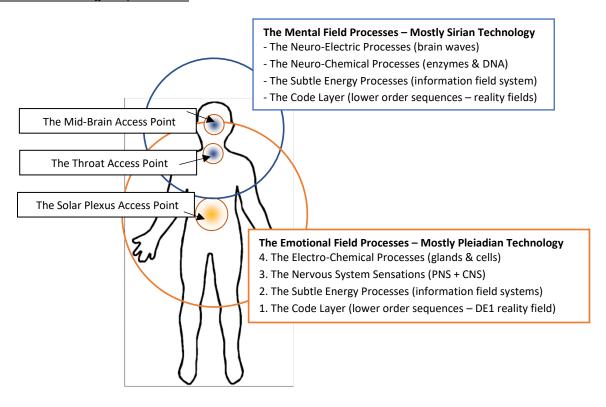


- 1. The Bio-field (Yellow) has 9 rings that matches the first 7 layers of the emotional field. 2 Rings are below the bio-field and connected to the 3rd cycle networks on our planet.
- 2. The Emotional Field (Orange) has 7 layers.
- 3. The Mental Field (Blue) has 5 rings of which 5 are merged with the bio-field and the emotional field. However, 2 of the rings stretches above both the emotional and bio-fields.

The lower order energy system is a composition of the mental and emotional field processes, experienced via inner sensations and thought processes, transformed into constructions defining self, others, and reality.

The Lower Order Energy System & Epigenetic Processes

Two forms of energetic processes:



The lower order energy system can be worked with via three access points, from which we can access the different processes:

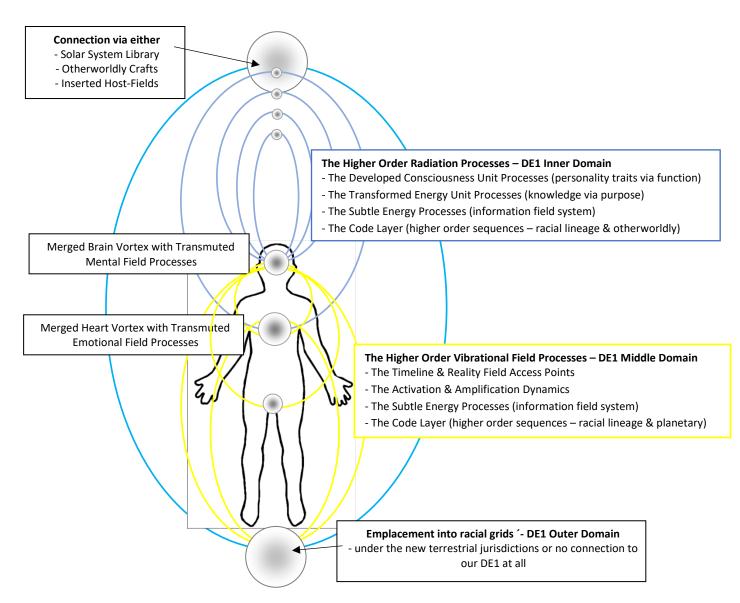
- 1. The Mid-Brain Access Point gives access to the mental field and its four layered processes, in combination with the Throat and Solar Plexus Access Points.
- 2. The Throat Access Point gives access to the "expression mechanism" of our psyche it is our voice and the place where the inner and outer human processes can be expressed.
- 3. The Solar Plexus Access Point gives access to the "sensation mechanism" of our psyche it is the process unit of the emotional and mental field kinetic processes.

Consequently, when we work with the emotional field, we work with its energetic levels, the constructed energy patterns, and the material these are made of.

We can divide these into 4 sections of work, from the outside and in. Number 4 is the outer bio-energetic processes and number 1 is the inner core fields – here in more detail than on the illustration above:

- 4. The electrochemical processes generated by the organs, glands, and cells.
- 3. The nervous system sensations (subtle electrochemical) generated by the PNS.
- 2. The even more subtle psychic-energetic information levels of which there are 9 (8).
- 1. The code layer in the lower order sequences connected to the same levels in the reality field.

The Higher Order Energy System - Density Energies



The higher order energy system can be viewed as multilayered composition of several energy fields with different access points, energetic orientation and processes of consciousness and energy. It expands from the personal experiences into the reality fields of similar forms of energy fields and consciousenss processes.

The higher order energy system is thus a composition of the processes of raw consciousness and energy units to be developed and already transformed consciousness units (the CUs) and energy units. The goal of these processes is to develop new forms of existence.

The Merged Lower Order Brain & Higher Order Radiation Processes

Transmuted Neuro-Electric Processes (biological and otherworldly) into expressing the functional CUs adapted to ego structure. Transmuted Neuro-Chemical Processes (biological and otherworldly) into expressing the lower and higher order knowledge. Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems. Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.

The Merged Lower Order Emotional & Higher Order Vibration Processes

Transmuted Electro-Chemical Processes (biological and otherworldly) into incorporating timeline & reality field dynamics.

Transmuted Nervous System Sensations (biological and otherworldly) into incorporating activation & amplification dynamics.

Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.

Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.

Using Self-Healing in the Advanced Lower Field Work

In the HAL Basic 4D Energy Work Course, we work with different techniques to clear the energy patterns, the crystallization and energetic residuals arising from the DE2 regressed genetics and technologies (OWO). The emotional field map on page 6 can be utilized in that work too. It expands the work that was taught in the HAL Basic Energy Work Course. When clearing an organ, it is possible to connect it to a specific layer in the emotional field, and the concentric circle it unfolds from. It is also possible to find its opposition, energetically speaking, that is as above and below the diaphragm, or to the left or right of the concentric rings constituting the emotional field.

There is more to learn in the psychic-energetic processes from an advanced field work perspective:

Step 1: The ability to self-scan your emotional field

All sorts of physical sensations (pains, heaviness, nausea etc.) are all signs of energetic unbalance or negative energetic activity. You use the 3-step ladder of perception to scan and get to the root of any physical, emotional, or mental reaction.

- I. What is it from a normal awareness level?
- II. What is it from a double awareness level?
- III. What is the energetic information behind from a higher order awareness level?

Step 2: The ability to achieve energetic transformation in the healing work

Firstly, answer what you think it means to achieve energetic transformation.....

- I. From a normal awareness level?
- II. From a double awareness level?
- III. From a higher order awareness level?

Then ponder upon how you would engineer self-healing exercises to achieve this energetic transformation in your daily energy work.

Step 3: The ability to achieve a higher vibrational state in the healing work Firstly, answer what you think it means to have a higher vibrational state.....

- I. From a normal awareness level?
- II. From a double awareness level?
- III. From a higher order awareness level?

Then ponder upon how you would engineer self-healing exercises to achieve this higher vibrational state in your daily energy work.