

**HAL Advanced Class 1
Text Material**

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A Higher Awareness Lifestyle

Other Books from the same Author

The Souls of Humanity

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Understanding the Old Stellar Souls

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Modern History

The HAL Philosophy

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*For the completely updated version of this material,
and for the adding of the last pieces of the progression work,
read the HAL Philosophy.*

*The material is still valid due to the dynamics of relative reality,
and how each and one of us proceed in different tempi.*

The Full Human Possibility

The main idea is to bridge between the current human form and the original full human potential template. So, how do we do that? The current human form has been modified a couple of times – to say the least – but the basic most important information stands:

The current human form was created along with other more advanced human projects, housing 4th and 5th cycle human races, although the 3rd cycle races had their own type of human form. Into the advanced human vessels, consciousness genetics of ancient Sirian, Orion and Pleadian races were inserted along with the original systemic and planetary human consciousness genetics of the ancient races that had existed here.

What we should pay attention to here is the systemic and planetary human consciousness genetics, i.e. the full human potential template. That one is our goal. Not as much the ancient Orion, Pleadian or Sirian genetics, which most of us hold in some form or another in our template. These are generating distortion in our template because of their sad state they were in, when they got inserted, as you learned about in the HAL Basics and the different revival projects.

We can clear these genetics out – and some do on their own because they got far enough in the original revival programs and thus have the capacity to do so as an inner impulse directing from within what to do, while others need to go another way.

No matter what the path is, and how we do it, the first thing is to get our energies in the physical body corrected to run on the highest energy standards, i.e. the purest form of physical energy. For that we have to look at how we think and feel, and how we treat our body, and that will be part of HAL Advanced Class 2. Here we look into the concepts to understand the work.

Activation vs. Awakening

What is the difference between activation and awakening?

The awakening process is related to ancient planetary and systemic humans to be able to participate in the remains of this evolutionary cycle in a fully awakened and remembering state.

The ancient humans came from other planetary realities a long time ago as part of the first colonies, beginning a new evolutionary cycle, or as part of otherworldly seeded advanced human projects. The awakening is their re-awakening in this reality, as what they have become – either lesser or more – allowing them to get out of their oblivion state. Some having chosen the oblivion by own free will until this time with the purpose of getting ready for the next human evolutionary cycles in higher or lower cycles and others by ill-fated circumstances.

The ancient humans will, in their awakening process, have issues with the distortion fields, the older lesser functional genetics and the clearing of these to get to point where they can embody their original genetic composition into the current form of human vessel and its bio-DNA. But once they remember, their genetics will spark to life all their knowledge and the rebuilding will happen from within, following their knowledge of how to work with energy and consciousness.

The activation is foremost the process of the igniting of the later projects under the military overlay genetics spliced into the human bio-DNA generating the hybrid templates done by foreign to our system human races or future human races, having imported newer Sirian, Pleiadian, Arcturian, or Orion re-engineered genetics to the military hybrid human projects and inserted them into planetary humans from the 1950's and onward. This means that some of the

hybrids have got a foreign template positioned as an insertion to an existing ancient human template – the double template - and others as new re-engineered templates to fit the current human bio-DNA.

Older forms of the military hybrid human projects have genetics stemming from unearthed ancient human bodies found in ancient crafts, as referred to earlier. Most of these templates do not work well due to the mummified state of the genetics.

Only if the hybrid humans can upgrade their overlay genetics and from this complete the building of the original holographic-organic body, using their overlay genetics, can they continue their evolution when the resetting of our scheme is over. The activation is thus the process to achieve this goal, using the different developmental military programs to generate the needed energy and understanding to upgrade, and make it.

The main work for the activation templates is to restore and re-organize their spliced in genetics to fit the human bio-DNA by altering the energies of the body, in a similar process as the clearing of distortion fields, the old human templates have to undergo. Some of the activation templates are built upon older Atlantean or first colony templates, and for them it is both an awakening and activation that have to unfold.

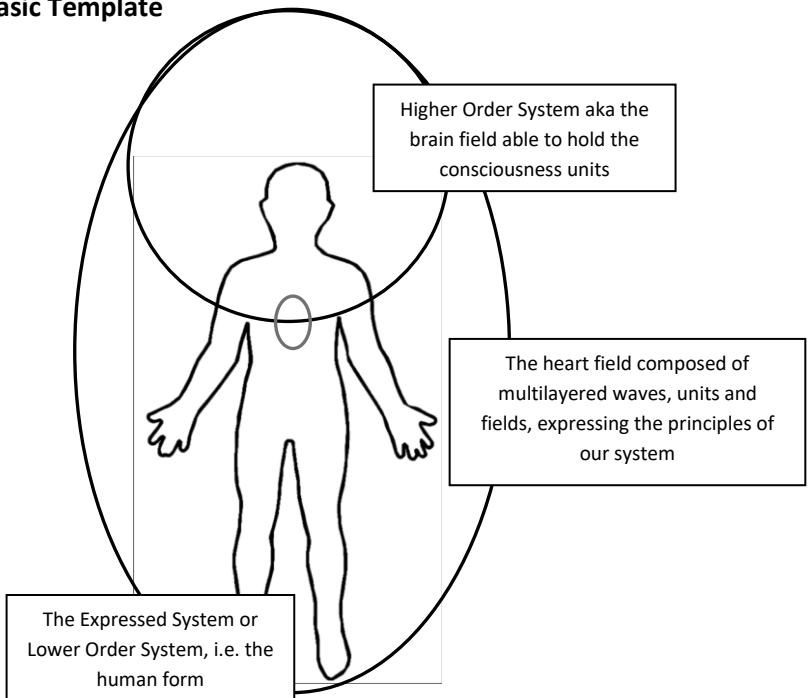
And lastly, there are the future human templates, having gone back in time and developed in the ancient humanities and the current one to activate and awaken with the purpose to avoid, alter or add to the futures they came from.

So, to make it easier for all, the process of awakening is also an activation process. Activation thus is when the template genetics reconnect and align with the human bio-DNA and from here generate a higher form of awareness be it from the ancient colonies or from the altered and inserted overlay genetics.

What Stands in the Way

Getting to a higher leveled order awareness is a process. It does not happen overnight. It is a tedious work with daily effort and daily energy work, as well as inner work. Energy work means to work with your holographic-organic energy system and the inner work is the psychological work, where you work with your personality. Both the inner work and the energy work must be done to achieve the higher order potentials and knowledge you have got stored in the highest potential areas of your being.

The Basic Template



Notes to the illustration

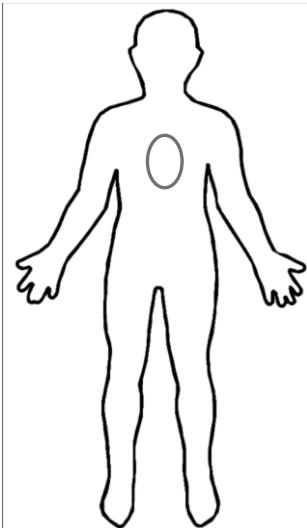
The consciousness units are expressed as potentials in the higher levels of the original template, and as developed and unfolded into the lower states, using units, waves or fields.

The developed consciousness is expressed via the holographic-organic genetics carrying the memories of other systems and what the higher order system has recorded there, through the forms and vessels it has had. The full functional brain and its field unfolds this, when it has learned to access the multilayered realities of our system.

The energy system carries potential energy from this universe and the utilized and expressed energy from other universes. The full functional heart, and its units, waves and fields, unfolds this, when it has learned to access the multilayered realities of our system.

The expressed form is the conglomerate of all of this, and the tool to add more energy to the existing energy system and consciousness units, waves and fields.

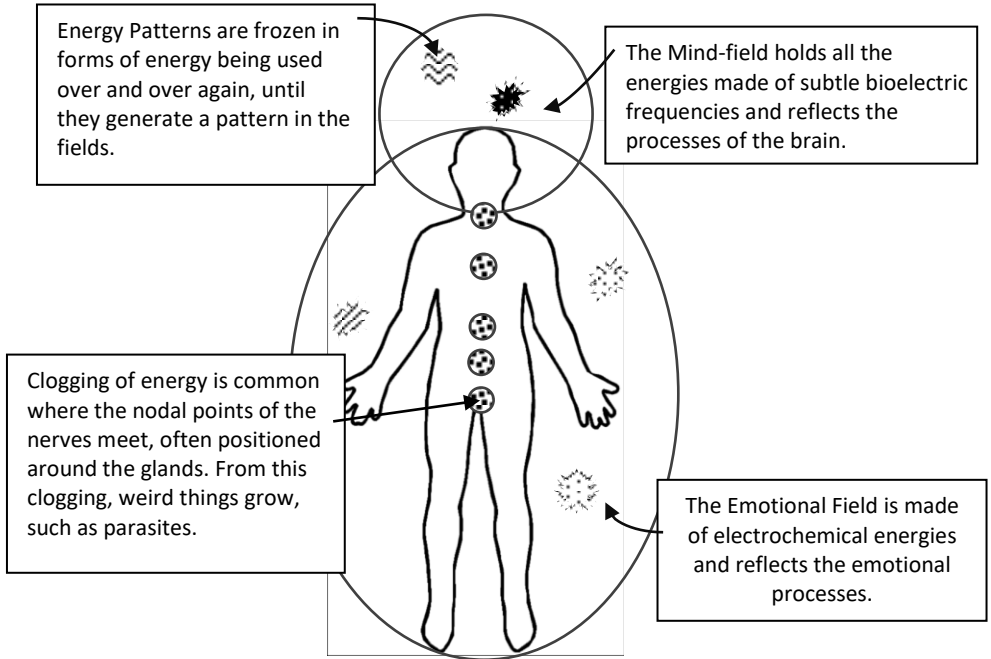
When we begin this work the potentials look like this



The brain field is not there due to the non-functionality of the brain and the heart field is barely active; it is active enough to keep us alive using the higher order energies in the core field. The core field in the heart is connected to the higher ordered energies but most of the heart functions run on frequencies. The brain is only operating on frequencies and have no access to the higher order multilayered energies.

Instead of using the higher ordered energy system, people are soaked in the distortion fields, which arise from the overuse of emotional and mental energies.

The Mind-field and the Emotional Field aka the Distortion Fields



The distortion fields prevent the higher ordered energy system and holographic-organic genetics from being expressed into this human form.

The distortion fields are closely connected to the personality and all that we have experienced in this lifetime. These two fields are an effect of the processes in the brain and heart energies, and arise from the neuro synaptic response mechanics and feedback systems in the brain and central nervous system (the CNS) as well as electrochemical transmitter response systems from the glands, and the heart and periphery nervous system (PNS). The two systems, the heart and the PNS and the brain and the CNS, are the two main

systems in us generating the energies that are emitted as the distortion fields. All the psychological and mental processes in us, the inner human and personality, are low ordered energy utilization and they generate a lot of energies, which in this work stand in the way for the true potentials in us and thus need to be cleared out.

Thus, the work also implies the work with the personality and the use of emotional and mental energies, and how we can clear these out and lift them into a clear, permeable state, from which the higher ordered energies can attach and transform the personality.

This work, the clearing work and the ability to reconnect to the higher potentials in us, is called the integration work.

Integration and Awakening Processes

Let us get clear on two basic ideas in the higher order energy work:

- 1) The Integration Process and Work
- 2) The Awakening Process and Work

The integration process is where we work with our personality and develop new ways of perceiving ourselves. This is where we work with our personal issues, less fortunate expressions of our emotional and mental features and the way we use the lower ordered energies in our body as well as how we affect other people with this use. It is the process of letting go of all old downsized human belief systems and emotional setups.

We develop our new psychological tools to be able to handle our emotions in a clearer and more objective way and not getting caught up in the emotional storms, when they arise, spewing this energy out around us or in a self-destructive manner and emotional processes.

We have the current version of emotions in this life, since they are a type of matter energy, but we are to learn to utilize the most productive ones of them and control the lesser productive ones as well as learning to clear out their energy patterns, housed in our emotional fields to free us of the negative oriented dynamics of human behavior.

In this work, our goal is to learn to amplify the positive higher order sensing energies, which make all feel good and accepted, giving room for diversity. It is that simple. Our basic approach towards other people – no matter what they hold of energy, etc. - should be from the standpoint of accepting all differences and expressions and see

them all as openings for a diversified humanity expressing a plethora of higher ordered energies in a way that builds up our strengths, potentials and human abilities. This also goes with the encounter of less fortunate energy systems and what they hold. All, we experience in this world, is an opportunity to learn to master energy and how to handle their manifestation in our reality as well as how they affect our template energies, and our fields.

Our energetic sovereignty is an expression of our capacities, skills and sensing habitus. This means that one person is highly skilled in brain field processes, being a high qualified thinker, but at the same time can work with the heart field in a way that supplements the intellectual processes into a caring, accepting way of other people that have other skills. The thinker understands that his or her ability is to create the way for new thought forms, and in that exemplify a higher order way of using the brain and not because he or she is right, or has got the correct approach to things, and in that tries to impose that onto others.

A high skilled user of the heart field also uses the brain field. Here the high skilled energy worker of code sheets and holographic-organic genetic upgrading knows that he or she is working with this to amplify and unfold the code sheet potentials in all humans. Amplifying the higher principles in others by the energies used in conversation and behavior.

In this, we learn that psychological and intellectual processes are supposed to be used for the common good of the many as well as the development of tools to generate a higher ordered community, and not something that only is going on “on the inside”. Psychological and intellectual processes is a way of processing energy, and that is for now this only being used in the low ordered manner, accommodating processes that follow the needs of the personality.

The psychological and intellectual process, for most people, is to think about what the personality wants and needs to function in this world. That is also an important function, but that is only the lower order. It is a tool to get our outer reality in check, so that we have all the necessities in order such as an income, housing, etc.

But when the arrangements of the outer reality are over, the psychological and intellectual processes should be used as tools for the benefit of the community, generating new creations, projects and innovations. Using the template energies and knowledge to recreate our world.

So, again it all begins with ourselves, becoming the skilled energy worker of our psychological and intellectual processes, thinking and responding in a way that is productive for our progression work and existence as humans. It is where we use our psychological and intellectual capacities to solve the issues at hand to produce higher leveled solutions for ourselves and for the community.

We begin restoring ourselves, learning hand and higher energetic self-healing to clear out our distortion fields and then we learn to amplify others in our behavior and ways, we are around others, and from that we can extend the energies of the heart and brain fields to repair the grids of our world, the holographic energetic construction from the ancient days, or whatever we choose to do, as a full human remembering and awakened amplifier.

Thus, the integration work is the work to learn to accept, and be kind towards yourself as you grow and prosper into your full human capacity, unfolding your higher human psychological and intellectual abilities, as well as having your physical life in order, and then all of these abilities naturally unfolds into your fields, affecting others in the same way.

The integration work is also to clear and develop the distortion layers into a unified field, expressing the highest energetic standards

of our system. A field, from where the personality can work on an individual level as well as on a collective level, seeing to that the inner human (yourself) and the outer humans (others) are met with the greatest respect, acceptance and caring approach for the sake of amplifying the best abilities in yourself and others as well.

And in that, as part of the human personality and energetic highest standards, unfolded into your body and ways you live, you begin to unfold the highest principles of the full human races, that recreated this solar system to begin with, seeded into the original construction to be integrated and outlived as part of the human race in this system. Unfolding the original highest principles of kindness and wisdom into the heart field, accepting the full self-responsibility for your progression and the consequences of the choices you make.¹

The features of kindness and wisdom are not just something we do to other humans and species on our planet. It is also a feature we are to have towards ourselves. Only if you exemplify and outlive the highest energetic standards, highest principles and the highest full human progression rate in yourself and towards yourself, is it possible to do it naturally towards others.

The higher level of awareness you get, the more you will affect others to begin the same level of work. You become the example of the changes, you want in the world by being them and exemplifying the changes in words, deeds and actions, as well as energetically.

¹ Kindness and wisdom includes the ability to alter, transform, transmute and evaporate other races, species, entities and lifeforms, if necessary. And doing this from the highest levels of knowledge of the correct evolutionary cycle for that race, species, entity and lifeform. If they are out of place, death-death of the holographic vessel is the redeemer to free the genetics captured there. However, this is the work for the few. I am just stating this here, so you do not go all “compassionate” here and in that become a sitting duck for the counteracting forces, having played on the merciful energy worker for a long time. And in that, having taken out the true understanding of what kindness and wisdom are, and the correct stand in this.

The awakening process is the work where the higher ordered levels and potentials from the template holographic-organic genetics, we have developed here and in other systems, begin to awaken and merge with the integrated personality.

Awakening is not truly possible until the heart and brain fields are operational and have begun to expand their energetic capacities into fields into the real energetic settings, i.e. the holographic energetic levels of our reality, because the holographic-organic genetics only run on higher ordered energies of the real construction. If the heart and the brain are only using the frequency energies to live as a “normal human”, then the higher ordered layers will not permeate from the higher ordered levels in you, into the physical brain and the physical heart, beginning to active both into being able to use the higher ordered energies and from that unfold your full potentials.

Thus, the awakening begins with the integration work and how to activate the heart and brain fields, generating the correct type of higher order energies into the physical form and begin to activate the template genetics, clearing them out to embody them, and from that learn to use the higher ordered consciousness in all sorts of inventions, sciences and technologies from an approach of creating for the good of the many to achieve the highest progression rate in you and in the world as a unity.

Other races have different approaches to progression. The amplifying ability is special for the full human races of this universe. It is an adding to the code sheet of the heart field, making it generate the amplifying field to spawn progression in others.

The full human races had seen the coldness of the other races, of which most led to wars or manipulation of others, and thought that a more equal approach to progression could be done too. Not just progression done to develop sciences and technologies but progression done to amplify the reality and human energies into a new type of higher ordered energy, and from that develop a new type of more complete and expansive consciousness.

Declaration of Freedom and Sovereignty

I do not do this agreement on my own behalf but on the behalf of others that are to stand up for their freedom and sovereignty. We stand as one race in our progression and thus this declaration is not done from selfish purposes but on behalf of a race, a reality and a solar system to ensure the best growth potentials for us all.

I do this declaration to reset and to ensure the natural balance for my entire existence, so that it may re-balance into the correct developmental and progression state and with that, all human races that live here may re-balance into their correct progression state too.

I do this declaration on the behalf of all future and current human races, beginning the real progression work for all implicated in this system, being here in this time and space. With this, I take the responsibility for my own progression as a free and sovereign human, as the first of many. I do this for myself, so that others can do this too.

We are all to learn to work together and the first step is that all accepts this declaration as a natural way of existence. We co-exist and we do not exploit each other in any ways or forms.

In this I declare:

The goal of my inner and outer work is the complete activation of my full capacity into my energy system, my holographic-organic genetics and current body to achieve my full capacity in all layers of my existence, and with this align to all my potentials.

I am not doing this work to enable any faction, race, clan, group or affiliation to take use of my energy or holographic-organic genetics – from this or other systems - for any reasons or purposes instated by these agendas, using old unknown agreements of assistance to do so.

I will not in any ways or forms supplement the artificial, organic or inserted creations attached to me, or any other creature or entity exploiting my current form for their own misinformed understandings of any rights to do so. Whatever agreement the former participants of this reality may have done on my behalf are hereby annulled and do not stand for my current form, other versions of my form or other re-creations of my form and link up to it.

I hereby declare sovereignty of my form and any other forms of my body, energy system and holographic-organic genetics. With this, I will get the information on how to delete all former misuse of my energy system and my holographic-organic genetics, here, there and everywhere, so that I get full control of all that I am and express in this reality and beyond.

I will not participate in any forms of ongoing, outdated or new projects with my body, my energy system, my holographic-organic genetics and my consciousness. I hereby declare full sovereignty and ownership of my current body, my energy system, my holographic-organic genetics and my full capacity consciousness.

I work to develop my body, my energy system, my genetics and my full capacity consciousness, and in that I earn all rights of the energy produced as well as all developing of all types and forms of holographic-organic genetics inserted into me. I hereby declare full ownership of all that is in my current body, my energy system, my holographic-organic genetics and my full capacity consciousness, and from that I can do with this as I see fit.

I hereby free myself from all contracts, real or invented, contrived or accepted, false or reversed, and in this enable my current, past and future vessel, its energies, its consciousness, its holographic-organic genetics, its emotions and its mind to fully and freely make my own choices of freedom and sovereignty of what type of evolution I want to participate in. I hereby declare full freedom and annulment of all

contracts for my current body, my energy system, its energies, its mind and emotions, all my holographic-organic genetics and my full capacity consciousness.

My work is not done to bridge me into any higher reality projects I have no participation in but I do it to ensure that the work I am to do here, will reach its fullest completion.

Naturally there will be no energy or holographic-organic genetics misuse from this moment on. There will be no harvesting or replication, copying, scanning or interference in any ways or forms of my current vessel, my energy system, its energies, its mind and emotions, my holographic-organic genetics and my full capacity consciousness. There will be no more use of my vessel, energy system, its energies, its mind and emotions, my genetics and my full capacity consciousness. This goes for all layers of my existence.

There will be no more insertion of new or old, foreign or for this system known technology. All inserted technology must be removed at once. This goes for all layers of my existence.

The work I do from now on, will free me entirely from all factional work and inclusions, giving me my full right to be a free and sovereign human in this system, on this planet and in this reality on all levels of its set up.

My work will ensure that all the natural progression features will be re-instated into my current body, my energy system, its energies, mind and emotions, my holographic-organic genetics and my full capacity consciousness and that all energies, and whatever I need for this work of repair and re-instatement, will come my way, in terms of securing all needs as well as higher ordered code streams, activation sequences and all the progression methods available on this planet in this system. There will be no more restriction energy or technologies imposed unto me in any ways and there will be no more interfering with me.

I am totally free to do the progression I choose to set for myself and the life I choose for myself, no matter what that entails. All that I choose will be provided to me.

That is the declaration of sovereignty and freedom for myself and others doing the same level of work and it must be honored and respected due to its origin and purpose for the good of the many and not for the few. In this upholding and honoring all the laws of this system. This agreement will cover all ongoing and future projects for all implicated that choose to participate in the same type of work.

And with this declaration I hereby claim, retract and take back any releasement codes, attachment or connection points connecting me to any programs, hidden agendas, emplaced projects, agreements made on my behalf, wrongfully imposed contracts as well as ancient agreements not to be upheld anymore since these races are gone. This goes for all layers of my existence.

I hereby stand free and sovereign.

Note

We do the declaration, so that if there are any interference or work done to us, without our accepted participation, we have the rights to energetically retaliate, evaporate and strike back using the same methods, used onto us from the other factions here.

However, we are to treat other races, species and lifeforms in the way we want to be treated and for any retaliation to have any effect, we have to be impeccable in our ways of living, because only if we exemplify the highest ways of living and respect of all lifeforms, can we demand the same respect from others and the right to be treated equally.