

**HAL Advanced Class 4
Text Material**

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Website
www.toveje.dk
A Higher Awareness Lifestyle

Other Books from the same Author

The Souls of Humanity
Terralogy
Understanding the Old Stellar Souls
Reconstruction of the Planetary Soul
Modern History
The HAL Philosophy

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*For the completely updated version of this material,
and for the adding of the last pieces of the progression work,
read the HAL Philosophy.*

*The material is still valid due to the dynamics of relative reality,
and how each and one of us proceed in different tempi.*

The Real Soul

The real “soul” behind the holographic-organic template holds three levels; the potential level (highest order), the progression level (middle order aka the dyad) and the manifest form (lowest order) and is to be considered a storing unit for consciousness units and transmuted energies, done in different reality fields as well as all the potential consciousness units, which were inserted into our triadic field composition, when it was constructed a very, very long time ago by higher very advanced races, generating new types of human races.

The level of potentials is a state of existence. And existence is consciousness. Consciousness is all there is and all there is, is such a high ordered system that it permeates through all energetic systems, ordered in high and low, which means that the level of potentials is everywhere, and yes, it is in you because the potential levels are part of your consciousness units.

Most humans today have little high ordered energy to fuel up the higher ordered consciousness system in them, holding the consciousness units and they use the lowest ordered system called mind, frequencies and cellular impulses, aka brain waves unfolding the imprinted and indoctrinated belief systems and knowledge they have got from their parents, school, sciences, media etc.

Therefore, humans in our world, have little to none awareness of real consciousness and little to none awareness of the highest ordered system that reside in them, hidden in layers of their internal energy system.

Consciousness units need energy to express existence.

Consciousness alone is existence but without expression, and in that consciousness alone, in the potential state, is not existence but

the potentials of existence. With that in place, consciousness units are potential existence, which in touch with energy (waves, units or as fields) become existence, expressed through energy as waves, units or fields.

Now, when did energy come to be? Good question. When did consciousness? Nobody knows. These two forms of potential existence (consciousness) and expressed existence (energy) have always been around, in this universe, in other universes and otherworldly parallel systems. They are the foundation of all there is in all universes, inhabited or non-inhabited.

You can travel to a non-inhabited universe, which never has had one single human living there and potential existence (consciousness) and expressed existence (energy) will be there as if someone created some zillion universes, ready to inhabit lifeforms in advance, and yes, yes someone did a very long time ago. These human races are so old and come from a previous cycle of potential existence and expressed existence of an even higher and older order, and they inhabited universes that came from even older universes and races of an even older and higher order, and so on. It goes into infinity and there is no beginning and no ending to the infinite universes and the ones that sprouts out of potential existence (consciousness) and expressed existence (energy).

What we do know, is that potential existence and expressed existence work through universes and their developmental cycles, which hold a sort of coding, called principles. The principles are the laws and rules of the potential existence (consciousness units) and expressed existence (energy), which can be unfolded in that universe and thus all universes hold their own set of rules and laws to be followed for all human races living there. This is the reason why we travel to new universes to learn to handle the potentials, the energy there and the principles, these are expressed through.

The dyad is formed of potential existence (consciousness units) and expressed existence (energy as waves, units or fields). When the first dyads arose, nobody knows because the dyadic system and its template were engineered a very long time by some extremely advanced human races, knowing how to build in potential existence and expressed energy, using what is called code sheets.

Code sheets are energy fields created by means of old energy languages forming consciousness into symbols, all matching the system, the code sheets were made in. Hence, there are multiple code sheets, multilayers as with everything else, in the dyad as well as its potential energy units, waves and fields to unfold the sequences of the code sheets into existence, aka a triad.

A dyad is something you add more into, when you are in your triadic form, aka the manifestation vessel in any reality to be able to exist in the chosen universe and its principles.

You need a vessel to learn to master the principles of the place you exist in and when you master the consciousness principles of a system, or a universe, you work with expressed energy and from that the consciousness units in your dyad grow, expand and multiply, expressing more fulfilled consciousness potentials into form using first units, then waves and finally as fields. All of this is reflected into the template, enabling it to link up to the real energy fields of the triad, when the template has been developed into its correct composition here.

And the more you – the real you unfolding from the template – have travelled around, taking on forms by your own free will and in systems of your liking, the stronger and bigger the dyad becomes until one day it is as big as a star. When that happens, the dyad can choose to go into even larger universes, where humans are as big as stars, working with the extreme high ordered systems or divide into several minor dyads, becoming the origin of these, expressing itself

into multiple universes at the same time, mastering potential consciousness and energy there. It is all cycles of different forms of existence.

What is a Rule or a Law?

A rule or a law is an energetic feature within a system that defines how that energy will act and react to interaction with consciousness. If consciousness, i.e. the consciousness genetics, is of this or that variety, then the laws on that level of the reality will respond in this or that way, according to the type of genetics in question. Hence the consciousness genetics determine what law or rule that will be energetically unfolded when a certain action is taken.

In this understanding, not two individuals are under the same rules or laws unless they are identical in genetic composition, which is rare. In this it is applied that the rule of energetic interaction for one individual is dissimilar from the rule of another, all depending on soul age and complexity of the dyadic structure obtained through various systems and schemes, undergoing exploration and development through different integration processes as part of a triadic structure.

The individual quirks and details will surface with the work using the rules, i.e. the nuances of how to work with energy under the rules will define the results and from that, through observation, the individual rules can be detected.

The individual rules are based upon skills to be developed in the attempt to master energy under the three main rules as well as deficiencies in the progression rate stemming from the overall dyadic progression rate and what it wants to achieve. The dyad will seek the rules of the current system, which will surface the lacks and nuances, it wants to develop further.

The Basic Template

The basic template

The brain field and central nervous system work with the template genetics, when the energies are activated and recreated to work with the 5th progression cycle and up

The brain field

The consciousness genetics are unfolded into the brain field, stemming from the higher version human we used to be, here or elsewhere. The higher level of the template controls the hologram behind the brain, and is linked to the higher energies of the heart field.

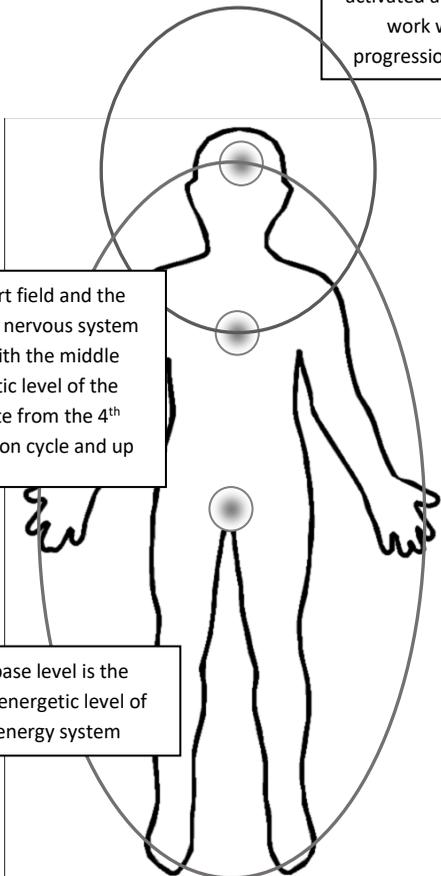
The heart field

The middle level of the template can be accessed by recreating the heart field, if the bio-genetics in the physical heart and thymus are activated. Otherwise these run

on frequencies and emotional energy, and will only express lower

The heart field and the periphery nervous system work with the middle energetic level of the template from the 4th progression cycle and up

The base level is the lowest energetic level of the energy system



order emotions. It is not able to work with the higher progression energies of the evolutionary cycles, as it was supposed to do (the true function).

The base level

The basic level of the template controls the electromagnetic energies (3rd cycle progression energy) the body is composed of. The base level of the template is composed of frequencies, codes, alteration codes and releasement codes which are part of the bio-DNA composition.

All in all, the basic template is the first step we begin to work with in our clearing work, where we have the perception of the brain and heart fields as our focal areas to work with, clear and recreate from the energies we clear out and our daily work, but as we grow in awareness and expand our consciousness structure, we begin the work with the full human template.

The Template Reading

Notice; the template reading – done by me - is not on the table right now. It will become important again in 2022, when the emplacement is completed. Then, it will serve a purpose again.

The template reading is done to understand the genetic and energetic composition you have in the template hidden in the higher progression energy fields behind your organic form. The human organic form is composed by the lower order human bio-DNA running on the 3rd progression cycle electromagnetic energy.

Onto the bio-DNA are added overlay higher order genetics, some as part of the ancient human projects that are still present in our reality in the 4th density aka the original 4th progression cycle of our planet, others are from the 5th density, aka the 5th progression cycle and up, represented by the stellar constellations around which many planets are positioned. The stellar level is also called the systemic level of the template. The physical form is thus the planetary and the higher levels of our energy system, are the systemic.

The first level of the progression work is to get control of the mental and emotional fields, and then to re-create the heart field. It involves clearing out all the illusions in the distortion fields (energy patterns in the emotional and mind-field generating the subconscious), the work with past life memories to clear out the energies of these, clearing out of ancestral lineages, removal of the parasites and implants in the higher order levels of the energy system (the template) and then begin to work with the genetics as they unfold into our cleared mind-

field turning it into the brain field, now composed of higher progression energy, revealing the content of the genetics.

The genetics will only unfold their content if the heart field is able to produce enough energy to activate the genetics in the brain field.

In the template reading I define the overlay genetics and some of the challenges you are to face in your activation work. Most of the information given here will take time to get access to since these levels are hidden behind the distortion energies of the emotional field and mind-field.

A lot has to be worked with before you can fully work with the template.

The chosen lifestyle must honor the genetic composition which means that the overlay genetics should be known and from that understanding adapt the lifestyle from the physical to the emotional and mental levels according to the composition to outlive the potentials of the genetics.

The genetic composition

In the template genetic section, I determine the type of genetics and read the information in them.

I will read on the oldest level to avoid interfering with the later distortion layers, most humans hold today. The oldest level is part of your bio-DNA, and of course in the 4th density level of your template, and can be activated with the work with the heart field, as you are learning here in the classes.

When this level of the template has been worked with, cleared and integrated, the purified viable genetics and their knowledge will

become part of our heart field as progression energy and into our and brain field as awareness of who we truly are.

Not as much the memories that might surface from the genetics, that is not our goal alone, but more the knowledge of the personality at the time, integrated into our current version of ourselves in this life to expand our awareness of higher sciences and understandings of reality.

The purpose of the template

In this section I look into why the template was engineered to begin with. Its purpose in its own system or here on our planet. And the purpose of the re-engineering if that is the case. Also describing the faction or race that has engineered the template etc.

The state of the template

In this section I look at the state of the template and the genetics.

What needs to be worked with

In this section I describe the basic work, of which you already know much from my courses. But also, if there are any specifics related to your template, such as the individual work related to the genetics in the template.

The activation potentials

In this section I look into the possibilities of activation or awakening.

All in all

The overall chances of the work.

The Full Human Energy System

The full human energy system is where the dyad, aka the real soul, begins to bridge into the basic template, and from there into the human form.

A full human is therefore a soul infused human, operating from the dyadic level and expresses the energy and consciousness of the dyad into this world, doing its progression work here.

We have talked about how the consciousness units are expressed as potentials and as developed and unfolded using units, waves or fields. And that the developed consciousness is expressed via the holographic-organic genetics carrying the memories of other systems and what the higher ordered system has recorded there, through the forms it has had.

All of this is stored in the holographic-organic template and later on integrated into our physical form, altering the current human structure and mind. The expressed form is the conglomerate of all of this, and our body, and its template, is the tool to add more energy to the form, to develop the consciousness using units (planetary vital energies transforming the frequency energy), waves (systemic) and fields (schematic).

The Dyad in context of the energy system

If the dyad belongs to the 3rd evolutionary cycle the colors of the template will typically be like a rainbow.

If the dyad belongs to the 4th evolutionary cycle the colors of the template will typically be white at the upper level and golden in the lower areas.

In the 5th evolutionary cycle the colors are going away because there the dyad is changing into one full developed sphere of consciousness genetics. But it can hold various remaining colors of the prior cycles to be altered and cleared out.

The upper center point of the full human energy system processes pure consciousness genetics of the chosen cycle as well as the developed consciousness genetics from other manifestations. There is a circulation of the consciousness genetics from the brain field of the full human energy system and the upper center point, integrating the consciousness genetics into the brain field when the energies of the heart field are lifted and energize the brain field to be able to process consciousness genetics and not frequency codes.

The middle center point of the full human energy system processes the merged consciousness genetics and energy units of the current cycle the dyad is using to manifest as a triad. The middle center point and its merged consciousness genetics and energy units, controls and vitalize the heart field of the energy system. The heart field is composed of the merged consciousness genetics and energy units creating the flame codes aka the light codes.

Thus, the heart field of the energy system looks like a huge sphere of light codes or flame codes with white and golden colors if in the 4th cycle. Only if the heart field works as it is supposed to, can the possibility units aka the potential and developed consciousness genetics be transferred to the brain field and expressed as both the stored already experiences from former lifeforms as triads in other systems as well as the possibilities within this cycle to be developed.

The lower center point of the full human energy system processes the energy units of the chosen cycle to be developed and transformed via the middle center point.

The dyads integrate themselves into different developmental systems and reality fields to transform and alter the old cycles into the next by incarnating into the former cycles and transforming the energy units via their triadic structures.

The built up of universes - high to low density

Scheme aka cosmic

Reality fields aka galactic

Systemic aka stellar

Worlds aka planetary

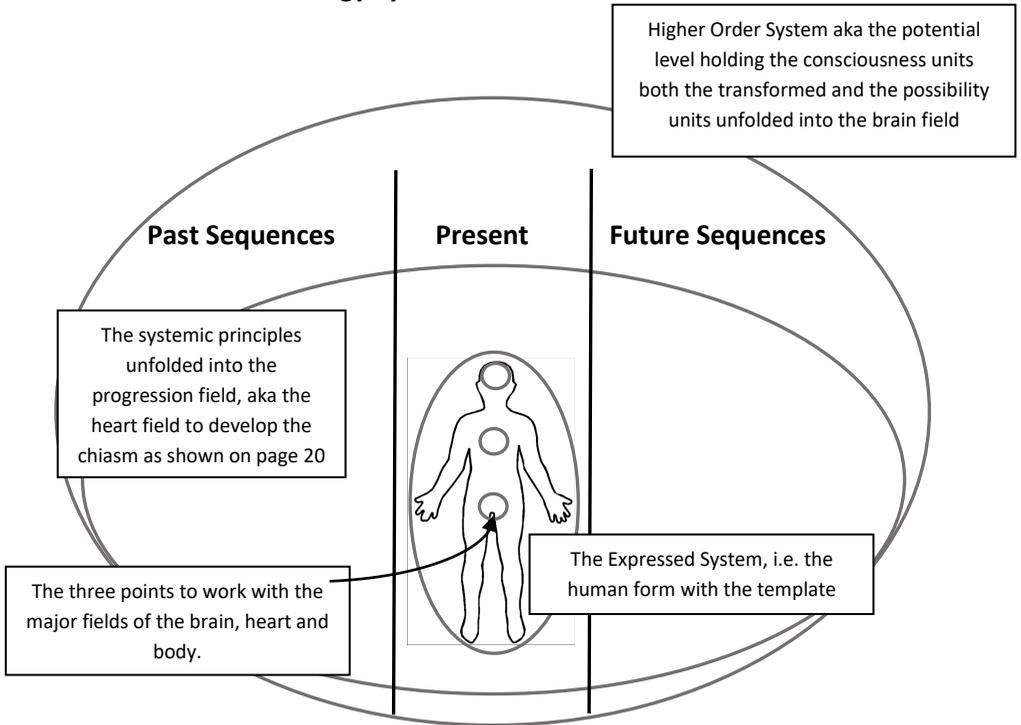
Creation of the triad

The first step of the triadic manifestation is the template. In this the “organic” or holographic energy units from that world, or system etc are chosen to generate the outer human form in that world, using the lower to higher density energy units of that world, or system etc combined with the merged flame codes, generating a planetary or systemic human form.

The energy units of the dyad are progression cycle energies whereas the holographic energy units belong to the world, or system etc. These two levels, the lower and middle center points generate the basic levels of the template and from that the consciousness units of the upper center point can be integrated and unfold the knowledge of the dyad.

The dyad has no personality but are pure consciousness and energy.

The Full Human Energy System



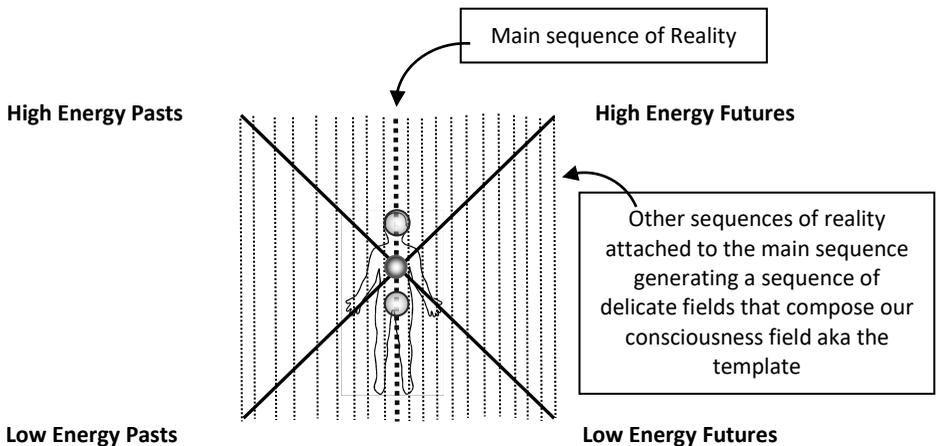
Hence

- *Stop just using your mind – begin using your consciousness and multilayered awareness by recreating your brain and create the brain field to be able to go beyond just using frequencies, into which the consciousness units can unfold into energies first using energy units, then waves and finally, as fields.*
- *Stop just using your emotions – begin using your energy system and multilayered awareness by recreating your heart field to be able to allow the code sheets to unfold their information.*
- *Stop just using your body – begin using your prominent tool aka the human body made of energy and information to explore, create and develop new layers to your lower and higher ordered systems following the laws and rules of this world.*

Working with the Energy System

The original template is best understood as a “timeline devise”, meaning that it is controlling our perception of the past, present and future, and what we are able to connect to in our brain, remembering who we used to be, the knowledge we had at the time as well as the ability to view into the future, and the effects of that level of awareness, we hold at the moment. As I wrote in one of my old books:

The Chiasm



Please notice that the sequences are not correctly illustrated since the slices of reality we are composed of are in the numbers of infinity.

Alterations that are done in genetic memory energy work change the experienced past because the changes shift the genetics to another timeline, giving new memory input fitting the alterations.

When changes are done in the now or the past, by dissolving our connection points to previous versions of us, and their manifestation fields tying us to that timeline, they link the perception field of the chiasm to a new probable future, where the progression rate built by using this new perception field, determines the outcome.

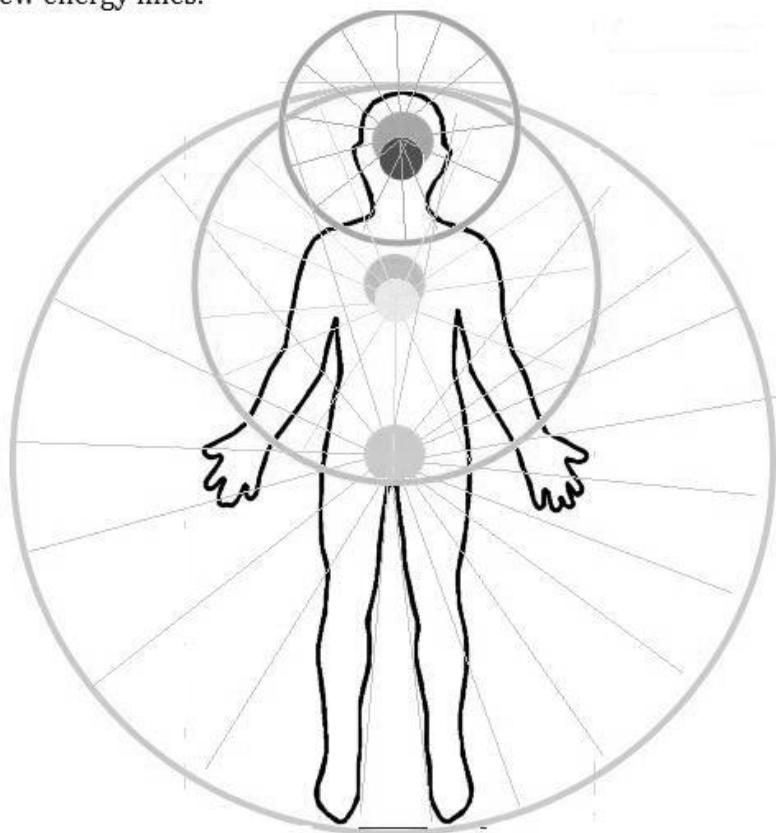
The energetic and genetic past determines how the present energetic and genetic composition will unfold in a probable future timeline, where the blueprint for a new human form is laid matching the content of the genetics and energies of the entity in the now. The genetics of the present generate the future reality and form, the full human will shift into when this lifespan is over. Thus, alterations of the genetics in the now can change both the past and the future versions of that human.

A full human is a dynamic entity that is able to change its past and future by modifying the genetics it has in the present. This means that we in the present form can do the correct type of energy work that will allow us to push through the distortion layers and in this regain the ability to access the alterations codes in the template and in that learn to modify it again.

In other words, we can through the chiasm and its perception field:

- 1) Undo the imprints, fields and genetics of the past lives we have had here, willingly or unwillingly.
- 2) Undo the regression of the genetics and restore them.
- 3) Undo the distortion in the genetics and restore them.
- 4) Add genetic composition to our physical field and in this enable us to build more genetics into our physical form.
- 5) Regain conscious access to the other reality fields.
- 6) Undo the regression and their timelines that separated us from the rest of the universes and in this regain full conscious accessibility.

When cleansing the three fields; follow the energy grids to their end of the sphere. Observe their color and then detach the energy lines from the sphere. Pull them into the core of the three main centre and throw the little dot of old energy lines out. Then create new energy lines.



Expand the new energy lines, one sphere at a time, until their color vibrates in the frequency that is needed. Expand, throw out from the core, expand etc until their vibration is perfect.