

The HAL Basic 5D Energy Work Course

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Overview of the HAL Advanced Energy Work Class

The HAL Basic 5D Energy Work covers the first steps of the 5D clearing work and why we should do it. The 12 explanatory videos explain the fundamental and advanced ideas behind the holographical-technological clearing work in the 5D, linked to the remaining 5D Atlantean timelines and program cubes, of which many are the next level of the 4D prohibiting technologies connected to our lower order energy system.

Overview of the Content

The HAL Advanced Energy Work videos cover the following

- Advanced Energy work exercises explained in the 9 videos.
- Removal of 5D holographic inserts allowing for field intrusion.
- Removal of the 5D AI energy snakes in the spine and heart field.
- Removal of 4D and 5D holographic entities and the 4D prohibiting technologies and 5D AI Cubes.
- And other important levels of energy work to clear the regressed and dysfunctional genetics.

The 2 Email Q&As

It is possible to write **two** email questions to me, while you are doing this course. The questions are for the material only. *This option lasts for two months after the purchase of the course.* I will answer your questions in the manner that is suitable.

However, most will be understood as the classes proceed, and therefore you are to write down all of your questions in a notebook, when you do the classes, and you will discover that most have been answered in the later videos.

HAL Coaching – Strongly Recommended

I recommend that you after, or during, the course do HAL Coaching Sessions.

The Terms for the Payment

You enroll by paying 95 EUR for the HAL Advanced Energy Work Course via PayPal.

The Text Material and Videos

The text material will be sent to you in the welcome to the course email. The videos can be accessed on Vimeo after having accepted the invite to the private group, I will do once you have sent your account name to me. You will therefore need to create a free Vimeo Account to get access to the videos. See more below.

The Steps

- 1) You pay the fee on PayPal.
- 2) Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal.
- 3) In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo.
- 4) Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

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How to Get Access to the Videos

1) You sign up for Vimeo <https://vimeo.com/>

2) Choose the basic and for free membership.

3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>

4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*

5) I will then invite you to the first class and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.