

# The HAL Classes & Courses over 12 Months

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## Overview of the Content of the Classes.

The HAL Classes & Courses begins with the HAL Basics Energy Work Class, then the HAL Advanced Energy Work Class, followed by the HAL Completed Classes 1-2, the Future Human Project Courses 1-4, the NGC Transition Courses 1-2 and they are completed with the HAL Integration Classes 1-2.

## The Basic & the Advanced Energy Work Classes

*The HAL Basic Energy Work Class covers the following (the text material includes Terralogy in PDF):*

- The fundamental understanding of what progression work is.
- The reasons why we should do it.
- The basic understanding of the clearing work and the distortion fields.
- Ideas to the work with the emotional patterns, and how to clear them.

*The HAL Basic Energy Work (12 videos) & the Advanced Energy Work (8 videos) cover the following*

- Energy work exercises taught and shown in the videos.
- Video 1-3 from the HAL Club explaining some important concepts.
- Removal of holographic inserts allowing for field intrusion.
- Removal of the snakes in the spine and heart field.
- The tracking of clones and how to delete them.
- And other important levels of energy work to clear the humanoid and dysfunctional genetics.

## The HAL Completed Classes 1-2

*The HAL Completed Classes 1-2 cover the following (8 videos and text):*

- Explaining the Time Matrix.
- Explaining the integration of time into our perception and inner work.
- Explaining why it is important to understand the Time Matrix.
- The First 9 Principles in overview & extended.
- The Rules of Engagement in overview & extended.
- The Individual mastery of our reality.
- The group awareness and true team building.

## The Future Human Project Courses 1-4

*The FHP Course 1 - the First Steps - covers the following (9 videos and text material):*

- What Is Information?
- The Main Approach to the Principles.
- The First 9 Principles in Overview - Again; to higher level.
- The 5 Natural Laws of Energy Utilization.
- What Experience are You Having?
- The Perception and Purpose of Life.
- The Best Version A Human Can Be.

*The FHP Course 2 - the Inner Progression Work - covers the following (12 videos and text material):*

- The Goals with the Work.
- Removing all Obstacles.
- The Mind-field and the Emotional field.
- Correct Reference Points - Again.
- The Challenges of the Inner Work.
- Integration and Awakening Processes - Again.
- Learning Emotional Control.

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*The FHP Course 3 - the Workstations - covers the following (7 videos and text material):*

- The 12 Universal Lineages.
- The Setup of the Workstations.
- The Understanding of the Cycles.
- The Library.
- The Purpose of the True Human.
- The Future Human Goals.
- Statements.

*The FHP Course 4 - the Future Human Evolution - covers the following (12 videos and text material):*

- New Perception of What A Human Is.
- The Challenges of Organic Evolution.
- New Perception of the Expanded Reality.
- New Perception of Progressive Existence.
- Mastering the Time Matrix in Death and in Conscious Transition.
- The Next Level of the Progression Work.
- The Template Work - Now and Onward.

## **The NGC Transition Courses 1-2**

*The NGC Transition Course 1-2 with 8 videos and text material (the HAL Philosophy book is included in PDF):*

- The Work Ahead of Us.
- The DE2 Progressive Energy Body.

## **The HAL Integration Class 1**

*The HAL Integration Class 1 covers the following (19 videos and text material):*

- On the Human Hybrids & Their Genetics.
- Australian Genetic Labs & American Military Projects
- The Psychology of the Double Awareness.
- Dealing with the Greys & Their Hybrid Programs.

## **The HAL Integration Class 2**

*The HAL Integration Class 2 covers the following (14 videos and text material):*

- Clearing the Hybrid & Alien Genetics.
- Releasing Genetic Contracts & Timelines.
- Clearing the Deadly Organic Parasitic Entities.
- Clearing the Prohibiting Tech & the 3D Infection (plus AI).

*In total 109 videos uploaded on Vimeo. All text material is sent to you in PDF.*

## **The Terms for the Payment**

You begin, when you sign up paying the first 110 EUR, with the HAL Basic Energy Work Class. Then, over additional 11 months you will get new material sent to you, when I receive the monthly payment of 110 EUR. The monthly payment is automatically paid via PayPal. All in all, 12 payments amounting to 1320 EUR. When the 12 payments are done the subscription ends.

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- You can leave the HAL Classes & Courses after having begun, by ending your subscription (and informing me), but you will only have access to the HAL Classes and Courses, you have completed and paid for. Ending the HAL Classes & Courses should therefore be at the end of a month.

## **You Do the Classes on Your Own**

You study the material over 12 months, where the text material will be sent to you via email. The videos are to be accessed on Vimeo, after having accepted the invite to the private group of the month. You will therefore need to create a free Vimeo Account to get access to the videos.

## **The Monthly Email Q&A**

It is possible to write **one** monthly email questions to me, which I will answer in the manner that is suitable. However, most will be understood as the classes proceed, and therefore you are to write down all of your questions in a notebook, when you do the classes & courses, and you will discover that most have been answered in the later videos.

## **The Skype Call**

The questions to the material, which have not been answered, we will cover in the meetup at the end of the self-study. We arrange this meetup, when you feel it is time for it. Then I will find a suitable date.

- The meetup has a duration between 40-60 min, all depending on how many questions, you have.
- We arrange the meetup over email, finding a suitable date and time.
- The quality of the meetup depends on you entirely.
- It is not up to me to give the answers in a normal teacher-student setup, but to assist you to find the answers yourself.
- To ensure the highest energy in the Skype call, it will not be possible to discuss personal issues or relate to personal experiences with other people. However, we will talk about the material in general terms and, if needed, I will use examples, which are identical to all that you experience in your life.

## **How to Do This**

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the first course is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo. Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

## **How to Get Access to the Videos**

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>
- 4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*
- 5) I will then invite you to the first class and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.