

On the HAL Completed Classes 1-2

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Overview of the HAL Completed Classes 1-2

The HAL Completed Classes 1-2 cover the dynamics behind the Relative Reality and the Time Matrix. Both are explained in the videos and text, including the first step or basic understandings of the Principles of Progression, the Rules of Engagement and the Laws of Energetic Utilization. The 8 videos explain the ideas behind the basic concepts of the timeline and template work according to the Time Matrix.

The HAL Completed Classes 1-2

The HAL Completed Classes 1-2 cover the following (8 videos and text):

- Explaining the Time Matrix.
- Explaining the integration of time into our perception and inner work.
- Explaining why it is important to understand the Time Matrix.
- The First 9 Principles in overview & extended.
- The Rules of Engagement in overview & extended.
- The Individual mastery of our reality.
- The group awareness and true team building.

A good read is *Reconstruction of the Planetary Soul* and *Modern History*, if you have not already read these books. You find them all under HAL Books.

The Email Questions

You have the possibility to write email questions to me regarding the text material or the content of the videos, while you do the HAL Completed Classes 1-2. But remember; as you go through the HAL Classes & Courses, most of what you can think of regarding the progression work, will be answered. The HAL Material is built up to ensure no stone is left unturned. And again, only questions to the HAL Material.

The Terms of Payment

You sign up by paying the fee of 125 EUR. The signup fee covers 4 email Q&As, text material and 8 videos.

How to Do This

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo. Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

How to Get Access to the Videos

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>

4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*

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5) I will then invite you to the HAL Completed Class 1-2 and you will get an email from Vimeo, inviting you into the two groups with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.

Also watch this series of YouTube, if you have not already, that highlights the most important concepts https://www.youtube.com/playlist?list=PLwKCnGpnt_Bi92ObuTZvg8KMO83RZ8-t

And naturally, do all the free material on the website.