

The HAL Basic Psychology Package over 9 Months

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The HAL Basic Psychology Package is a good place to start the HAL Academy Online Courses. Here you get the foundation for the online courses, which I recommend if you are new to the HAL Project ideas.

Overview of the Content

The HAL Basic Psychology Package begins with the HAL Basics Energy Work Class, followed by the HAL Completed Classes 1-2, the Future Human Project Courses 1-4, the NGC Transition Courses 1-2, important extractions from the HAL Integration Class 5 and lastly you get the HAL Integration Class 6.

Month 1

The Basic Energy Work Classes

The HAL Basic Energy Work Class covers the following (12 videos and text material):

- The fundamental understanding of what progression work is.
- The reasons why we should do it.
- The basic understanding of the clearing work and the distortion fields.
- Ideas to the work with the emotional patterns, and how to clear them.

Month 2

The HAL Completed Classes 1-2

The HAL Completed Classes 1-2 cover the following (8 videos and text):

- Explaining the Time Matrix.
- Explaining the integration of time into our perception and inner work.
- Explaining why it is important to understand the Time Matrix.
- The First 9 Principles in overview & extended.
- The Rules of Engagement in overview & extended.
- The Individual mastery of our reality.
- The group awareness and true team building.

Month 3

The Future Human Project Courses 1-4

The FHP Course 1 - the First Steps - covers the following (9 videos and text material):

- What Is Information?
- The Main Approach to the Principles.
- The First 9 Principles in Overview - Again; to higher level.
- The 5 Natural Laws of Energy Utilization.
- What Experience are You Having?
- The Perception and Purpose of Life.
- The Best Version A Human Can Be.

Month 4

The FHP Course 2 - the Inner Progression Work - covers the following (12 videos and text material):

- The Goals with the Work.
- Removing all Obstacles.
- The Mind-field and the Emotional field.
- Correct Reference Points - Again.
- The Challenges of the Inner Work.
- Integration and Awakening Processes - Again.
- Learning Emotional Control.

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Month 5

The FHP Course 3 - the Workstations - covers the following (7 videos and text material):

- The 12 Universal Lineages.
- The Setup of the Workstations.
- The Understanding of the Cycles.
- The Library.
- The Purpose of the True Human.
- The Future Human Goals.
- Statements.

Month 6

The FHP Course 4 - the Future Human Evolution - covers the following (12 videos and text material):

- New Perception of What A Human Is.
- The Challenges of Organic Evolution.
- New Perception of the Expanded Reality.
- New Perception of Progressive Existence.
- Mastering the Time Matrix in Death and in Conscious Transition.
- The Next Level of the Progression Work.
- The Template Work - Now and Onward.

Month 7

The NGC Transition Courses 1-2

The NGC Transition Course 1-2 with 8 videos and text material + the HAL Philosophy book is included in PDF:

- The Work Ahead of Us.
- The DE2 Progressive Energy Body.
- The HAL Philosophy book in PDF.

Month 8

Extractions from the HAL Integration Class 5

Important extractions from HIC 5 - cover the following (10 videos and text material) included in PDF:

- How to Create the Brain Enzyme.
- The Developmental Work with the Bio-field.
- The Developmental Work with the Emotional Field.
- The Developmental Work with the Mental Field.

Month 9

The HAL Integration Class 6

Blasting through and summing up the HAL material into 6 videos in order to create synthesis and a broad overview of the work. With this class, you then have all the dots to go back into the HAL Classes & Courses and redo them with the end-result in mind and what you are to achieve with the classes.

In total 84 videos uploaded on Vimeo. Access to videos sent to you each month plus text material in PDF.

The Terms for the Payment

You begin, when you sign up paying the first 110 EUR, with the HAL Basic Energy Work Class. Then, over additional 8 months you will get new material sent to you, when I receive the monthly payment of 110 EUR. The monthly payment is automatically paid via PayPal. All in all, 9 payments amounting to 990 EUR. When the 9 payments are done the subscription ends.

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- You can leave the HAL Basic Psychology Classes after having begun, by ending your subscription (and informing me), but you will only have access to the HAL Classes, you have completed and paid for. Ending the HAL Classes should therefore be at the end of a month.

You Do the Classes on Your Own

You study the material over 7 months, where the text material will be sent to you via email. The videos are to be accessed on Vimeo, after having accepted the invite to the private group of the month. You will therefore need to create a free Vimeo Account to get access to the videos.

The Monthly Email Q&A

It is possible to write **one** monthly email question to me, which I will answer in the manner that is suitable. However, most will be understood as the classes proceed, and therefore you are to write down all of your questions in a notebook, when you do the classes, and you will discover that most have been answered in the later videos.

HAL Coaching – Strongly Recommended

I recommend that you after, or during, the classes do HAL Coaching. You find this option at randigreen.one (HAL Coaching).

How to Do This

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the first class is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo. Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

How to Get Access to the Videos

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>
- 4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*
- 5) I will then invite you to the first class and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.