

How to Work With the HAL Classes & Courses

Randi Green © 2020

Our world is bigger than we think and we need to incorporate that into our world perception to truly grasp the higher order sciences such as the understanding of our reality field, as well as the energetic laws governing us and our world, unfolding the full version of our reality. If we continue to exclude these levels of our reality from our perception and understanding of our solar system, we will exclude our chances of new perspectives, alternatives and solutions to a better future for us all. The current human perception will not give us the needed solutions to the transition challenges, we are to face in the upcoming years within all levels of society. Solutions to generate the correct sciences, to solve the health issues, climate changes, environmental challenges as well as the transition challenges within all areas of human systems and structures. The years to come will alter all aspects of what it means to be human in this world.

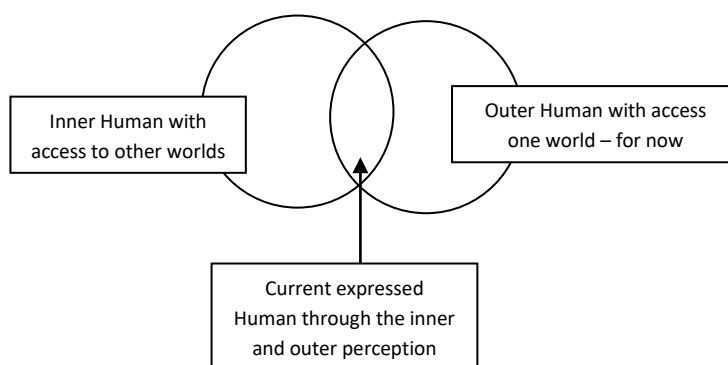
1. Overview of Changes

A. The inner-outer human evolution

1. The understanding of self and reality has to change in any attempt to follow the changes in the solar system and beyond.
2. New perspectives have to be offered so new goals for the continued evolution of humanity can unfold, of which new business, creational and personal projects take part, including a future vision from where the strategies can be defined to reach the goals.
3. Productive solutions and adaptable new ways of being human have to be offered, showing humans as part of a higher order human race in a joint evolution towards a new reality, we will build using these new sciences and understandings.

B. The inner-outer human set up

A human is the manifested energy shown on three levels:



The inner-outer human is an expression of the interaction potentials governed by the Natural Laws of Energetic Utilization, the Principles and the Rules of Engagement. These are the three fundamental dynamics that ensure the highest purity rate, the highest standards and the highest progression rate from which we rebuild our original energy system. That is needed for the higher awareness to develop in us.

How to Work With the HAL Classes & Courses

Randi Green © 2020

2. The Changes to Come

Humanity are to adapt to the energetic changes and learn to live in energetic flux as time becomes an integral part of our perception of reality, learning to administer the past, present and the future in our daily efforts to follow the Principles, Laws and Rules, which originally governed our world. As the timeline event subsides, humanity – as part of this solar system – will return to the original set up of our reality field. Humanity has to develop a new awareness based upon an interactive reality, with new sciences, new concepts of energy and matter, and the awareness of higher order consciousness. From that, changes will follow in the perception field of mind and the psychological faculties, changing what it means to be human, and we will learn to focus on the world we have vs. the world we want and how to build it using the Principles, the Rules of Engagement and the Laws of Energetic Utilization to do so.

3. The Vision for a Better Future

The goal of the Class is to inspire and give the incentive of developing the higher order awareness, as well as the goal of achieving progressive, communicative and positive developmental and environmental awareness, to be able to do personal, creational or business projects as part of the highest order reality, for the highest good of the many.

4. The How?

1) The offered possibility to do the true human transition process by changing the molecular, emotional and mental fields, the current humanity holds, into the cellular high energy field, the vibration and the radiation fields.

2) Developing new forms of energy work to reconnect to the original progression path using the Principles, the Rules of Engagement and the Natural Laws of Energy Utilization.

3) Unfolding Creational Projects where the former two will be unfolded into manifested projects with the purpose of generating a higher order society, based upon higher awareness. And in that, generating a better environment for the future humanities and their evolutions, expressing this into a purposeful life, working with consciousness and energy.

5. How to Work with the Material

1. *Work with the information presented in the Classes and Courses*

a. How to work with it:

- i. Take notes and write down what you get of insights, so you can add your own explanations to the concepts presented in the material. The writing down develops your ability to word the new concepts in your own language of understanding, whenever new levels of information show up. It also deepens your understanding of what is presented in the material.
- ii. Write down the questions that show up, as you read the text or watch the videos, so you have a list of questions to ask in your meditation work. Your meditation work is a contemplation on the questions you have asked while

How to Work With the HAL Classes & Courses

Randi Green © 2020

reading or watching. Each question is important to your understanding, and you have picked these for a reason. Thus, you sit down in silence and ask the question. Follow the instructions below.

2. *Meditate upon what you have worked with after having taken notes.*
 - a. Take the notes you have created.
 - b. Sit comfortably in a chair or a couch.
 - c. Close your eyes.
 - d. Breathe slowly to get into a relaxed state accessing the intuitive layers of your mind.
 - e. When your mind is quiet, *ask e.g. what is the time matrix?*
 - i. Listen to what you get of information; some of it will be from the text and what you remember; other things might be what you heard in the videos but did not take notice of and some of it might come from a totally new level in you.
 - ii. Write it all down using your own words, when you feel you have emptied out the information you get from within.
 - f. Ask another question, go into the silent state, close your eyes once more and ask a new question, *e.g. why was our solar system re-engineered and what does it mean for me, today and in terms of my work?*
 - i. Listen to what you get of information; here you operate on two levels 1) the information from the text or videos, and 2) how it applies to you in your current settings.
3. What you do not get answers to, you can ask in the email questions. But please notice that most of your questions will be answered over the course of time, as the self-study unfolds. Also read the HAL books to get more explanations.
4. The questions in the Future Human Project Courses, which are presented to you at the end of the text material, you work with these coming up with your own answers. In the email questions, you can – if you want to - write what you have come up with, presenting to me how you want to work with the implementation of the questions asked. I will amplify or advice accordingly.

The HAL Books – to be read in the following order:

1. The Souls of Humanity
2. Terralogy
3. Understanding the Old Stellar Souls
4. Reconstruction of the Planetary Soul
5. Modern History
6. The HAL Philosophy