

THE HAL FLOW-THROUGH CENTER BY RANDI GREEN

# The Psychology of Multitemporal Awareness

## An Open Inquiry into the Complex Aspects of MTA



### Introduction

Multi-temporal Awareness is the next step of our higher-order integration process, where we work with psychological and consciousness processes over multiple versions of selves, from the past, to the present to the future, in a trinity structure of our consciousness potentials in the past, how they play out in the now, and what that leads to in the future.

It is about learning to notice what is happening inside us early enough to respond with dedicated inner work rather than reaction. Instead of running on automatic patterns, we begin to slow things down just enough to sense changes in tension, mood, or attention as they arise.

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From a psychotherapeutic perspective, this is where meaningful change begins—not by forcing ourselves to be different, but by becoming more aware of how we adapt to stress, uncertainty, and connection.

As awareness grows, we gain more choice in how we respond to our own experiences. We learn to meet discomfort with curiosity rather than judgment, and to recognize that our reactions often developed as intelligent ways of coping with past demands.

Over time, this kind of conscious adaptation builds a sense of inner steadiness, helping we feel more present, more flexible, and more able to move through challenges without losing connection to our core self.

*In this model, the first three layers of the brain's subtle field regulate bodily, emotional, and linear memory processing. The fourth and fifth layers, however, extend into transpersonal domains, enabling access to non-local information.*

*Layer four corresponds with clairvoyance—symbolic, archetypal, and non-linear vision—while layer five operates through telepathy, granting real-time mental interface across planetary and non-planetary minds. It is also suggested that these layers correlate with known geophysical—if not directly, then indirectly—structures such as the Schumann resonance and ionospheric frequency bands, suggesting a nested coherence between individual cognition and planetary energetics.*

*This model works within the earth scheme. I suggest you listen to these two podcasts:*

1. *From Coal to Diamond:* <https://youtu.be/Ad73N8H76Wc>
2. *From Multidimensional to Multitemporal Awareness:* [https://youtu.be/ZFp7\\_FMXfiU](https://youtu.be/ZFp7_FMXfiU)

This investigation is very similar to the more or less identical paper on [Multidimensional Contact Psychology](#). However, I have adapted and altered the content where differences between *multidimensional awakening processes* differ from *multitemporal awakening processes*.

Whether interpreted as literal, symbolic, or holographically overlaid experiences, the multitemporal experiences demonstrate high structural detail, coherence, and recurrence across unconnected individuals. This, in itself, demands a reconsideration of how memory functions—not merely as neurochemical storage but as a form of field-access, shaped by—still unknown for most—reality field layers of consciousness and perhaps beyond.

Ultimately, this investigation asks not whether multitemporal experiences are "real" in the narrow empirical sense, but what kind of reality-architecture the human brain may be

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embedded within. If we move beyond the general idea that the multitemporal experiences are some sort of hallucination, or a mode of transfer of other hidden traumas and similar suppressed psychodynamics, and into the possibility that they could be the effect of a an *advanced human multitemporal cognitive matrix of perception*, then the task of psychology must evolve. The research must move toward a framework that accounts for field-layered experiences, as well as memory, multitemporal (and multidimensional) trauma, and a human brain resonant with the architectures of consciousness we are only beginning to grasp.

## 1. The Conceptual Framework

Naturally, we must begin the conversation of such methods to work with, integrate and process this ecology in a therapeutic context, be it on an individual basis or as part of the professional field of psychology and psychotherapy.

What we are working with there sits in an interesting intersection between psychodynamic thinking, parts work, developmental psychology, narrative identity, and contemplative awareness practices.

We can work with the concepts of “past selves,” “present selves,” and “future selves” as literal metaphysical entities, which appears after the multidimensional inner work reaches a certain threshold. Before this threshold is met, we can work with these structures as psychologically active orientations of consciousness that shape perception, emotion, memory, anticipation, and behavior across time. That gives the framework legitimacy inside a psychotherapeutic landscape, even if the language becomes more expanded and beyond what currently is accepted by the establishment.

The strongest aspect of this investigation is that it avoids grandiosity and stays grounded in observable inner processes:

- *noticing activation earlier,*
- *increasing response flexibility,*
- *understanding adaptive coping,*
- *building reflective capacity,*
- *sustaining connection to self under stress.*

Those are all clinically recognizable developmental aims. Therefore, what we are really describing, beneath the terminology, *is a shift from reactive identity to temporal integration.*

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A few conceptual layers are emerging in this model:

1. *Temporal Self-Continuity*

The psyche is not experienced only in the present moment. Past experiences organize current reactions, while imagined futures influence motivation, anxiety, hope, and meaning-making. The presented “trinity structure” works with these simultaneously rather than linearly.

2. *Meta-Awareness*

This type of inner work emphasizes noticing processes while they are forming, not after enactment. That aligns with mindfulness-based therapies, mentalization, and metacognitive awareness.

3. *Adaptive Compassion*

In this work, we view symptoms and reactions as *intelligent adaptations* rather than failures. That mirrors trauma-informed psychotherapy and attachment theory.

4. *Conscious Repatterning*

The goal is **not** suppression of old patterns but creating enough awareness-space for new responses to emerge.

*Where this investigation is distinctly different from the traditional psychotherapeutic landscape is in the idea of multi-temporal awareness as an active mode of consciousness organization.*

What I propose is:

- *the past self carries unresolved emotional logic,*
- *the present self mediates lived reality,*
- *the future self acts as an organizing attractor or developmental vector.*

That is advanced psychologically rich territory.

We can work with these “selves” as:

- *symbolic positions of consciousness,*
- *narrative identity structures,*
- *state-dependent configurations,*
- *or experiential modes that can be intentionally accessed.*

Because different psychotherapeutic traditions would interpret them differently.

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For example:

- In Internal Family Systems, they might resemble parts and Self-energy.
- In Jungian work, they could resemble archetypal developmental orientations.
- In existential therapy, the future self becomes a meaning horizon.
- In schema therapy, past selves may carry unmet emotional needs and adaptive survival roles.
- In narrative therapy, each temporal self contains a story-world shaping identity.

If we are to make the multitemporal exploration function within a robust therapeutic framework, we must eventually generate a sort of operational clarity:

- *What exactly is being observed?*
- *What changes during practice?*
- *What indicates integration?*
- *What differentiates healthy future orientation from fantasy or dissociation?*
- *How do we recognize when we are bypassing the present through imagined futures?*

In this context, the “higher-order open-system integration process” means:

- *Increased coherence between emotional experience, self-awareness, and action across time, without fragmentation or compulsive reactivity.*
- *What that leads to the future awareness potential is not merely relying on outcomes; it is active influences in and from the present. Humans behave partly according to anticipated identity.*

That introduces reciprocity in our inner work instead of linear causality. Consequently, we must work within the framework that multitemporal awareness is not just “awareness across time.” *It is a reorganization of identity itself.* Most people experience consciousness as compressed into the immediacy of reaction:

- *the past appears as memory,*
- *the future appears as projection,*
- *and the present becomes overloaded with unresolved emotional momentum.*

*Thus, in the multitemporal awareness model, awareness becomes temporally expansive and interactive with the already activated multidimensional awareness processes.*

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The sense of self, and self-perception, is no longer trapped inside *the present-moment reaction loop*. Instead, consciousness begins perceiving:

- *where a response originated,*
- *how it is currently being enacted,*
- *and which future version of self it is constructing.*

That creates a completely different mode of agency.

1. *Not control.*
2. *Not suppression.*
3. *But temporal participation.*

This is important because the model subtly shifts our progression work from:

*"What do I feel right now?"*

to:

*"What continuity of self is currently expressing itself through me?"*

That is a complete reframing of the psychological landscape. We can thus define multitemporal awareness as: *"The capacity to perceive and consciously participate in the continuity of psychological patterns, emotional inheritance, and identity formation across temporal layers of selfhood."*

Furthermore, most people unconsciously privilege one temporal orientation:

- *some live almost entirely from unresolved past structures,*
- *others are consumed by present survival,*
- *others escape into future idealization.*

*The MTA framework must thus consider the side effects that for some involve potential temporal imbalance. Hence, the necessity of having done extensive psychodynamic work, preferably within a professional context. Because:*

- *trauma fixation could be understood as gravitational collapse into the past-self field,*
- *impulsivity as over-identification with present-state survival,*
- *chronic fantasy as dissociation into speculative future identities.*

*Integration does not mean erasing these orientations, but creating fluid movement between them.*

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*Consequently, engaging in multitemporal awareness expansion without sufficient ego stability may amplify fragmentation rather than integration.*

However, MTA opens the door to a major idea: *Psychological suffering may partially emerge from temporal rigidity. Not just emotional rigidity. Temporal rigidity. A person becomes trapped in one dominant time-identity.*

That gives this framework a unique explanatory power. We can also deepen the “future self” dimension beyond simple goals or aspirations. In this system, the future self is not imaginary. It acts as an organizing attractor.

Humans are continuously pulled by anticipated identity states:

- *feared futures,*
- *desired futures,*
- *inherited futures,*
- *collective futures,*
- *transcendent futures.*

So the future is psychologically active before it arrives. That means consciousness is not only memory-based. It is anticipatory.

And this creates an elegant triadic dynamic:

- *The past encodes adaptation,*
- *The present mediates awareness,*
- *The future generates directional tension and opportunities for growth.*

The present self therefore becomes less an identity and more a negotiation point between memory and potential. That is a very fertile conceptual direction.

*Another interesting layer:* Multitemporal awareness alters the experience of responsibility. In ordinary consciousness, responsibility is reactive and immediate.

In expanded temporal awareness, responsibility becomes multitemporal:

- *“What future emotional architecture am I building through repeated internal responses?”*
- *“Which version of myself am I reinforcing?”*
- *“What psychological inheritance am I transmitting forward?”*

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This could make the framework especially powerful in:

- *relational dynamics,*
- *parenting,*
- *leadership,*
- *addiction recovery,*
- *trauma cycles,*
- *identity transitions,*
- *existential crisis work.*

Because people begin sensing consequences before behavioral solidification occurs. Therefore, MTA holds the seeds of a developmental model. Potential stages could look something like:

1. *Reactive Temporal Compression*  
The person experiences life almost entirely through automatic present-state reactions.
2. *Retrospective Awareness*  
The person begins recognizing how past adaptations shape current perception.
3. *Present-State Interruption*  
The individual develops the ability to pause inside activation.
4. *Multi-temporal Perception*  
Past patterns, present reactions, and future consequences become simultaneously perceptible.
5. *Conscious Temporal Integration*  
Responses become increasingly aligned across temporal layers rather than fragmented between them.
6. *Generative Identity Formation*  
The individual consciously participates in shaping future selfhood rather than unconsciously inheriting it.
7. *Transpersonal Temporal Awareness*  
Where identity expands beyond the isolated personal self into intergenerational, collective, or existential continuity.

That last stage is where this model may become not just psychological, but civilizational and the foundation for advanced future technologies to cross the threshold of the solar system. This investigation thus less about "*healing the past*" because we did that work in the multidimensional awakening process ([the Progression Sciences](#)) and more about increasing

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temporal coherence of the perception of the self internal system. That gives the investigation a broader applicability beyond trauma work.

*Overall, the investigation must stay grounded in therapeutic practices. With this, we avoid drifting into mystical certainty. The investigation must stay connected to emotional regulation, adaptive processes, awareness, and relational functioning, which gives it grounding even while exploring expanded consciousness concepts.*

The next developmental step for the framework is to clarify:

- *What does multi-temporal awareness feel like?*
- *What are its stages?*
- *What interrupts it?*
- *What are its shadow forms?*
- *What capacities emerge when it stabilizes?*
- *How does someone practice it in real time during conflict, fear, shame, desire, grief, or attachment activation?*

## **2. Multitemporal Awareness Psychology (MAP)**

To responsibly analyze the complex psychological terrain of multitemporal awareness, we must develop a vocabulary and methodology that can track experiences across overlapping domains: memory, trauma, symbolic space-time or interpretive perception of time, energetic interface, and inner-outer reality resonance.

To work within the complex psychological terrain of multitemporal awareness, we move beyond traditional clinical or spiritual frameworks and develop an expanded vocabulary and investigative methodology. This methodology must be capable of tracking, organizing, and integrating experiences that occur across overlapping and often nonlinear domains.

Multitemporal phenomena—whether they present as extra-, metaterrestrial, interdimensional, or symbolic-energetic—do not conform to the cause-and-effect patterns of ordinary psychology. Instead, they emerge as hybrid experiences, where cognition, perception, memory, body, and energetic fields interact simultaneously. This requires us to think in systems, not events or linear experiences within time. To meet this challenge, I propose a transdisciplinary approach that treats these experiences as context and information-rich fields that carry structural, cognitive, psychological, existential and ontological significance. This integrated approach is necessary because experiences of this

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nature—often dismissed as pathological or elevated to mystical status—actually operate at the intersection of multiple domains.

They do not belong exclusively to psychology, neurology, philosophy, or metaphysics, but activate structural responses across all these layers simultaneously. To isolate them within one interpretive field is to miss the complexity of what they represent: multitemporal interaction points with multitemporal systems that require a new kind of human cognition and psychology—one that is structurally, cognitively, emotionally, and existentially equipped to decode and stabilize these signals. As I wrote earlier:

### **2.1. Warning and Potential Side Effects**

*The MTA framework must consider the side effects that for some involve potential temporal imbalance. Hence, the necessity of having done extensive psychodynamic work, preferably within a professional context. Because:*

- trauma fixation could be understood as gravitational collapse into the past-self field,
- impulsivity as over-identification with present-state survival,
- chronic fantasy as dissociation into speculative future identities.

*Integration does not mean erasing these orientations, but creating fluid movement between them. Consequently, engaging in multitemporal awareness expansion without sufficient ego stability may amplify fragmentation rather than integration.*

That addition in the work is important. It gives our framework containment, developmental sequencing, and psychological responsibility without weakening the exploratory nature of the work. *We must acknowledge that expanded temporal perception increases both integrative capacity and destabilization risk.*

Because once people begin loosening the ordinary linear organization of identity, unresolved structures do not disappear — they become more visible, more interactive, and sometimes more immersive, *because multitemporal awareness expansion without sufficient ego stability may amplify fragmentation rather than integration.*

The advanced human multitemporal cognitive matrix of perception increases perceptual access. But access alone is not integration. In fact, greater access can initially intensify:

- *emotional flooding,*
- *identity diffusion,*

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- *recursive self-referencing,*
  - *symbolic overidentification,*
  - *future-self inflation,*
  - *existential destabilization,*
  - *or temporal dissociation.*

So this cautionary layer is structurally necessary, not merely ethically advisable. We must essentially recognize that the MTA matrix requires:

- *grounding capacity,*
- *reflective capacity,*
- *emotional regulation,*
- *and stable self-observation.*

Otherwise the person risks becoming absorbed by one temporal field instead of consciously navigating between them. This collapse implies:

- *loss of temporal flexibility,*
- *increasing identity density around one temporal node,*
- *and reduced permeability across the matrix.*

Consequently, some of the distortions inside the matrix could be.

- *Temporal Collapse*  
Consciousness becomes over-identified with one temporal layer.
- *Temporal Fragmentation*  
Communication between temporal identity structures weakens or destabilizes.
- *Temporal Inflation*  
Imagined future identities become overvalued relative to present embodiment.
- *Temporal Echoing*  
Past emotional structures continuously recreate themselves through unconscious repetition.
- *Temporal Compression*  
The individual loses reflective distance and reacts entirely from immediate survival-state processing.

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- *Temporal Dissociation*  
Awareness disconnects from coherent continuity across selfhood.
  - *Temporal Rigidity*  
The matrix loses adaptive movement and becomes structurally fixed.

Those kinds of distinctions could become very powerful clinically and philosophically. Consequently, the requirements for this extensive psychodynamic work are founded in completed psychodynamic processes:

- *tolerance for ambiguity,*
- *symbolic literacy,*
- *emotional differentiation,*
- *insight into projection,*
- *awareness of defense structures,*
- *and capacity to remain psychologically coherent while engaging unconscious material.*

Without that foundation, people may confuse:

- *symbolic material for objective truth,*
- *future-attractors for destiny,*
- *emotional intensity for revelation,*
- *or dissociative fantasy for expanded consciousness.*

The MTA framework therefore requires a balance between: expansion and containment. That balance is one of the core governing dynamics of MTA itself.

Too much containment:

- *consciousness rigidifies,*
- *temporal flexibility decreases,*
- *adaptation becomes repetitive.*

Too much expansion:

- *coherence destabilizes,*
- *identity boundaries blur,*
- *symbolic overload increases.*

Healthy integration therefore involves: *dynamic temporal permeability with stable reflective anchoring.* This means that consciousness develops the capacity to move fluidly between

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temporal dimensions of selfhood — past experiences, present-state awareness, and future-oriented identity structures — without losing coherence in the process.

In many conventional psychological models, *maturity* is often associated with emotional control, behavioral consistency, or the reduction of internal conflict. *Stability* becomes the ideal, and *dysregulation* is treated as evidence of fragmentation or dysfunction. While these perspectives contain important truths, they may also reflect a more limited understanding of human consciousness and adaptive complexity.

*Within the MTA framework, psychological maturity is not defined by emotional perfection, constant self-regulation, or a permanently stable identity structure. Human consciousness is inherently dynamic. It continuously reorganizes itself in response to memory, perception, anticipation, relationship, meaning, and existential orientation. The self is not static, but temporally alive.*

Maturity therefore emerges not from eliminating inner tension, but from increasing one's capacity to remain consciously coherent while navigating multiple interacting temporal dimensions of selfhood. This includes the ability to:

- *recognize when past adaptations are shaping present perception,*
- *remain aware of current emotional and cognitive states without becoming fully absorbed by them,*
- *perceive how imagined futures influence present decisions and identity formation,*
- *and move between these temporal layers with reflective awareness rather than unconscious enactment.*

In this sense, healthy integration is not rigidity, but flexibility with continuity. Dynamic temporal permeability allows the individual to access memory without collapsing into it, to imagine futures without dissociating into fantasy, and to remain present without becoming trapped in immediate survival reactions. Stable reflective anchoring provides the internal coherence necessary to observe, interpret, and consciously participate in these processes without losing orientation within the self-system.

*The goal is therefore not to become emotionally unaffected, permanently balanced, or psychologically fixed. Rather, it is to cultivate a form of consciousness capable of sustaining awareness across temporal complexity while remaining grounded in reflective presence. From this perspective, development is not simply the stabilization of personality, but the evolution of temporal consciousness itself.*

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The inclusion of perception of reality, neurological, and bioenergetic aspects of human consciousness is therefore not speculative, but essential for understanding how such experiences function within the evolving architecture of a multidimensional contact psychology.

The key dimensions of analysis include:

- *Memory Architecture* – multitemporal awareness (MTA) often reorganizes memory, producing gaps, nonlinear retrieval, or embedded sequences that act more like symbolic code than personal history. Memory may function as a transmission node rather than a passive recording.
- *Multidimensional Trauma Signatures* – the interface with non-consensual or existential destabilizing experiences may leave emotional residues that are not resolved through ordinary trauma work. These residues exist across timelines, dimensions, or consciousness layers, requiring non-linear integration methods.
- *Symbolic Encoding and Archetypal Patterning* – multitemporal awareness (MTA) interfaces frequently emerge through memory patterns. These are part of the cognitive scaffolding that allows the human system to interact with non-local fields.
- *Energetic Interface Zones* – The multitemporal awareness (MTA) experience often occurs in altered energetic states: vibrational shifts, body-based entrainment, or field resonance. The nervous system itself becomes a sensing apparatus attuned to non-Newtonian environments. These energetic changes must be tracked with both somatic and field-aware methodologies.
- *Reality and Temporal Resonance* – multitemporal awareness (MTA) experiences are rarely isolated. It can correlate with higher-order windows of opportunity, reality field shifts, systemic alignments, and collective psychological thresholds. This suggests a coupling between individual experience and macro-systemic interface that requires a reality field systems model of contact.

Together, these layers form the investigative backbone of a new model for multitemporal awareness (MTA) psychology—one that treats each experience not as proof or delusion, but as an emergent informational event, to be decoded through a fusion of cognitive architecture, field theory, symbolic analysis, and embodied presence.

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This approach is not about proving what is “real” in the empirical sense, but about developing the tools to stay coherent within complexity—and to responsibly metabolize what happens when the boundary between self and cosmos begins to blur.

### 3. The Multitemporal Cognitive Matrix of Perception

Then the next step is to treat the multitemporal cognitive matrix as a living architecture with its own laws, dynamics, distortions, and developmental capacities rather than only as a descriptive metaphor. Right now, the framework has several core principles, even if they are not fully formalized yet.

Few emerging principle are:

- *Consciousness is temporally distributed rather than moment-bound.*
- *Identity is maintained through recursive temporal reinforcement.*
- *Psychological adaptation occurs through continuous negotiation between memory, present-state processing, and anticipated continuity.*

Once those principles are internalized, the framework becomes internally generative. New insights begin emerging naturally from the structure itself. For example, within the MTA matrix, attention becomes incredibly important: *Attention is not neutral. Attention acts as a temporal allocation mechanism. This follows [Principle 3 of the Progression Sciences](#).*

Where attention repeatedly goes:

- *temporal density increases,*
- *emotional charge stabilizes,*
- *identity coherence forms,*
- *and future probability structures strengthen.*

Consequently, humans are constantly “feeding” parts of their internal multitemporal cognitive matrix. This creates a fascinating reinterpretation of repetitive thought and other similar mind-patterns.

In the expanded awareness—that is beyond the multidimensional awareness which we already have established and integrated—the next step of human consciousness progression is to understand that it is continuously interacting within the higher-order internal multitemporal cognitive matrix. We must view this as a dynamic advanced psychological architecture in which memory, perception, emotional adaptation, imagined futures, identity

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structures, and attentional processes are constantly influencing one another across dimensions. From this perspective, attention is not a passive phenomenon. Attention functions as an active organizing force within the advanced cognitive matrix (running on vibration-radiation energies). Wherever awareness repeatedly returns, psychological energy accumulates. Emotional associations deepen, identity structures strengthen, and particular temporal pathways become increasingly reinforced.

Consequently, in this next level of the progression work, we are constantly “*feeding*” different regions of our internal multitemporal cognitive matrix.

This creates a significant reinterpretation of repetitive thought patterns and other recurring mental-emotional processes. Traditionally, rumination has often been viewed primarily as repetitive cognition — a cycle of overthinking, worry, or fixation. While this remains descriptively accurate, the MTA framework suggests a deeper structural process may also be occurring.

1. *Rumination may be understood as a form of spatial-temporal reinforcement behavior.* In other words, repetitive thought does not merely repeat psychological content; it repeatedly directs consciousness toward specific regions of the temporal matrix, increasing the regional density, emotional charge, and influence over perception and identity.

*The more a person revisits certain emotional memories, anticipated fears, unresolved conflicts, or imagined futures, the more structurally dominant those regions may become within the matrix itself. Attention acts as a reinforcing mechanism, strengthening temporal continuity between past experience, present interpretation, and future expectation.*

Over time, this can create self-perpetuating loops in which:

- *past emotional structures increasingly shape present-state perception,*
- *present reactions reinforce specific future expectations,*
- *and anticipated futures further intensify emotional interpretations of both past and present experience.*

In this sense, rumination is not merely “*thinking too much.*” It may represent an unconscious and ongoing stabilization process within the matrix, where consciousness repeatedly feeds certain temporal-emotional structures until they acquire significant gravitational influence over the individual’s experiential reality. This may help explain why some psychological patterns feel so persistent, immersive, or difficult to interrupt.

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The issue is not only the presence of difficult thoughts, but the repeated reinforcement of entire temporal identity pathways.

2. *The same principle can also be extended beyond rumination:* Hope, fear, shame, longing, nostalgia, fantasy, regret, anticipation, and even personal meaning-making may all function as forms of temporal reinforcement behavior. Each repeatedly allocates awareness, emotional energy, and identity investment toward particular regions of the matrix.

*From this perspective, our progression and inner development involve becoming increasingly conscious of what one is psychologically reinforcing over time. This does not imply suppressing thought or eliminating emotional recurrence. Rather, it involves developing awareness of how attention participates in shaping the architecture of the self across temporal dimensions.*

As reflective multitemporal awareness strengthens, we gradually become more capable of recognizing:

- *which temporal structures are being fed,*
- *which identity continuities are being reinforced,*
- *and whether those patterns are contributing to integration, fragmentation, adaptability, or temporal rigidity.*

The goal is therefore not perfect cognitive control, but *conscious participation* in the ongoing formation of one's internal temporal reality.

*Within the multitemporal awareness framework, emotional and cognitive processes are not viewed as isolated psychological events occurring only in the immediate present. Instead, they can be understood as dynamic movements within the internal multitemporal cognitive matrix — processes that influence how consciousness organizes continuity between past experience, present awareness, and future orientation.*

From this perspective, many familiar psychological states may be reinterpreted not simply as emotions, defenses, or cognitive patterns, but as structural-temporal operations occurring within the matrix itself.

3. *Hope, for example, may be understood as a form of future-energy stabilization.* In conventional psychology, hope is often described as optimism, resilience, or positive expectation. Within the MTA framework, however, hope performs a deeper organizing function. It stabilizes the individual's relationship to future possibility. Hope maintains continuity between the present

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self and a future-oriented identity structure capable of sustaining movement, adaptation, and meaning despite uncertainty or adversity. Especially since I have adapted the concept of HOPE into [the Higher-Order Planetary Evolution](#).

Without some degree of future-energy stabilization, the multitemporal cognitive matrix begins collapsing inward toward emotional stagnation, existential contraction, or survival-based temporal compression. Hope therefore acts as a regulating force that preserves psychological openness toward potential futures, allowing consciousness to maintain directional continuity even during periods of instability. Click for more insights into [the HOPE Project](#).

4. *Shame may likewise be understood differently within this framework.* Rather than existing solely as an emotion, shame may function *as identity compression around past-state memory*. When shame becomes structurally dominant, consciousness increasingly organizes itself around particular past experiences, failures, wounds, or perceived inadequacies. Identity flexibility decreases as the self-system contracts around emotionally charged historical material. The individual no longer experiences the past as something remembered, but as something continuously defining present identity.

This compression narrows adaptive movement within the MTA matrix. The person may lose access to broader future possibilities, alternative self-perceptions, or expanded forms of relational presence because awareness repeatedly collapses inward toward a condensed past-state identity structure.

5. *Avoidance can similarly be interpreted as temporal corridor restriction.* Avoidance does not merely prevent discomfort in the present moment. It restricts movement within the matrix itself. Certain emotional territories, memories, imagined futures, or identity pathways become psychologically inaccessible because consciousness learns to redirect itself away from them in order to maintain short-term stability.

Over time, this restriction reduces temporal permeability. The matrix becomes narrower, less flexible, and more survival-oriented. The individual may retain functional stability while simultaneously losing access to emotional integration, future expansion, or unresolved developmental material. In this sense, avoidance is not simply *"not dealing with something."* It is an active narrowing of temporal navigational capacity.

6. *Meaning-making, by contrast, may be understood as temporal coherence construction.* Human beings possess a profound drive to organize experience into continuity. Meaning allows disparate emotional events, memories, relationships, aspirations, and existential tensions to

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become integrated into a larger structure of self-understanding. Within the MTA framework, meaning-making helps stabilize communication between temporal layers of consciousness. It creates connective pathways between:

- *who the person has been,*
- *who they currently experience themselves to be,*
- *and who they sense themselves becoming.*

Without coherence, experience fragments into isolated emotional states and disconnected narratives. Meaning-making therefore serves an integrative function within the matrix, allowing consciousness to maintain continuity across change, suffering, growth, and uncertainty.

Importantly, these processes are not inherently pathological or inherently healthy. Each can contribute either to adaptive integration or to temporal rigidity depending on how they function within the broader matrix.

- *Hope can become future-energy stabilization.*
- *Shame can be understood as identity compression around past-state memory.*
- *Avoidance can be viewed as a temporal corridor restriction.*
- *Meaning-making can be seen as temporal coherence construction.*

On the other hand:

- *Hope can become denial.*
- *Shame can become immobilization.*
- *Avoidance can become dissociation.*
- *Meaning-making can harden into rigid ideology or self-deception.*

But when held within reflective awareness, these same processes become essential components of human psychological navigation across time.

From this perspective, consciousness is continuously engaged in shaping its own temporal architecture through patterns of attention, emotional investment, interpretation, and identity reinforcement.

The inner life is therefore not static, but actively constructing and reorganizing the continuity of selfhood across the evolving landscape of human experience.

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#### 4. Healthy and Unhealthy Flow States

Within the Multi-temporal Awareness framework, it becomes possible to distinguish between healthy and unhealthy temporal flow states within the internal multitemporal cognitive matrix. These flow states describe how consciousness moves between past, present, and future orientations of selfhood, and how flexibly or rigidly it is able to navigate across these temporal dimensions.

*Healthy temporal flow* is characterized by flexibility and permeability between temporal layers. In this state, an individual can move fluidly between memory, present experience, and future anticipation without becoming psychologically captured by any single layer. Memory remains accessible but does not dominate perception. Future orientation is present but does not fragment present-state awareness or pull consciousness into dissociative projection. The present moment remains stably anchored, allowing for clear reflection and adaptive engagement. Within this flow state, narrative identity remains open and capable of updating in response to new experience, rather than becoming rigidly fixed or repetitively reinforced.

*Unhealthy temporal flow*, by contrast, involves reduced flexibility and increased structural distortion within the matrix. This may appear as fixation on specific emotional or cognitive content, repetitive looping of thought patterns, fragmentation of identity across incompatible temporal states, or episodes of temporal flooding in which emotional material overwhelms present awareness. It may also manifest as collapse into future-only orientation, where anticipation replaces lived presence, or dominance of past-state gravity, where unresolved experiences continually shape perception of current reality.

Within multitemporal psychology (MAP), the concept of “*gravity*” becomes a useful way of describing the influence certain temporal structures exert on consciousness. Some memories carry significant emotional density and therefore exert strong backward pull on perception and identity. Similarly, some imagined futures can become highly charged attractors that shape present behavior and emotional organization. These gravitational influences are not inherently pathological, but they vary in intensity and can significantly affect the flexibility of the temporal matrix.

*Trauma*, in particular, can be understood not simply as stored memory content, but as high-density unresolved temporal mass within the matrix. This temporal mass is not inert; it actively influences perception by bending the interpretive field around itself. As a result, present experience is often unconsciously filtered through the distortions created by these unresolved structures. Individuals may therefore interpret current reality through a form of

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temporal curvature shaped by past emotional intensity, even when the original event is no longer present in external reality.

This provides an alternative explanation for why unresolved experiences can continue to shape perception, behavior, and emotional responses long after the originating events have occurred. The persistence is not only cognitive or emotional, but structural within the temporal organization of consciousness itself.

Importantly, within this framework, integration is not understood as the removal or erasure of temporal mass. Instead, integration involves the redistribution of its influence across the matrix. Rather than collapsing perception around a single dominant memory or emotional structure, the goal is to restore flexibility and permeability. The previously dense temporal structure becomes part of a wider, more integrated field of awareness, allowing consciousness to regain access to multiple temporal dimensions without distortion or loss of coherence.

Healthy flow:

- *flexible movement between temporal layers,*
- *contextual access to memory,*
- *future orientation without dissociation,*
- *stable present anchoring,*
- *adaptive narrative updating.*

Unhealthy flow:

- *fixation,*
- *looping,*
- *fragmentation,*
- *temporal flooding,*
- *future-collapse,*
- *past-gravity dominance.*

Some memories exert enormous temporal gravitational pull. Some imagined futures do too.

Trauma could be understood not merely as memory storage, but as: *high-density unresolved temporal mass within the matrix*. That mass bends perception around itself. People then interpret present reality through distorted temporal curvature.

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And importantly: *integration does not mean deleting temporal mass*. It means redistributing its influence across the matrix so consciousness regains flexibility.

Another major implication: *the matrix likely operates both consciously and preconsciously*.

Most people are already functioning multi-temporally:

- *anticipating,*
- *remembering,*
- *modeling,*
- *projecting,*
- *self-narrating,*
- *rehearsing futures,*
- *reliving emotional timelines.*

But unconsciously.

The MTA work involves increasing conscious navigational capacity within the matrix. Which means our practice is not merely reflective. It is orientational. We are learning how to locate ourselves within our own temporal architecture.

And once we can locate themselves, we can begin recognizing:

- *which temporal layer is dominating,*
- *which identity continuity is active,*
- *what future trajectory is being reinforced,*
- *and where awareness has lost mobility.*

We can eventually MAP:

- *temporal density zones,*
- *emotional recurrence fields,*
- *future-attractor structures,*
- *identity nodes,*
- *fragmentation barriers,*
- *adaptive bridges,*
- *recursive loops,*
- *and points of conscious intervention.*

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At that point, the matrix becomes navigable. And that is where this framework starts moving from an investigation into an actual operating system for inner development.

## 5. FFC - Forensic Field Convergence

*Forensic Field Convergence is one of the proposed new methods where we learn to identify repeating energetic, psychological, and archetypal-symbolic patterns across unrelated experiences and memory structures to determine points of field-level coherence.*

This method works with the testimony as open-ended inquiries. It treats all forms of memory as a type of field imprint, shaped by multiple layers of influence: physiological, environmental, planetary, and potential non-human influences. When multiple individuals—who have no contact with one another—report similar experiences, structural patterns, architectural layouts, technologies, or species interactions, we begin to see field convergence.

*Key forensic-psychological questions—many more will arise as we begin working with this field:*

- *Are these shared memories biologically plausible, or do they activate higher-dimensional field layers?*
- *Do these reports track with known planetary energetic systems (e.g. Schumann resonance, ionospheric zones or other high level energetic events that potentially can have a collective impact on the human psyche and biofield<sup>1</sup>)?*
- *Do they correlate with subtle body activations (e.g. clairvoyant vision or telepathic interfacing)?*
- *Are there trauma markers or overlays that indicate artificial programming vs authentic recall?*

Forensic field convergence thus becomes the epistemological filter through which fragmented or anomalous data is assessed, not discarded.

### 5.1. Working with Forensic Field Convergence on the Individual Level

For individuals, working on their own, FFC is a method that can be used to decode complex life patterns by treating personal memory and experience as layered energetic imprints rather than isolated psychological events. This method enables individuals to uncover coherence across seemingly unrelated moments, memories, and inner states by identifying repeating symbolic, emotional, and energetic signatures embedded in their life narrative. Unlike most psychological approaches that often seek linear causality or trauma-resolution within a singular time-thread, FFC assumes that each memory or anomalous experience, be it a dream,

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<sup>1</sup> I am here referring to my work with the changes in the sun and biosphere, and the impact on human biology: <https://randigreen.one/articles/the-changes-in-the-sun>

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synchronicity, déjà vu, or contact impression, is a field artifact. That means, it carries a specific resonance shaped not only by internal psychological processes but also by broader influences: environmental conditions, planetary energetics, reality fields conjunctions, and, in some cases, interactions with non-human intelligence or off-planetary information systems.

On the individual level, the method begins with an experience-based inquiry, where the person is encouraged to articulate—via speech or writing—life events, inner visions, or recurring themes without the pressure to resolve or interpret them prematurely.

The sharing component can be done with a trusted person, as a personal voice recording, or an open discussion with a trained and primed AI component that can draw on learned material within the fields, and other future solutions.

Verbal or written articulation of inner experiences plays a critical role in the process of Forensic Field Convergence because it externalizes internal impressions, allowing them to be observed, revisited, and structurally analyzed across time.

Language functions as a stabilizing field-layer—it anchors otherwise fluid or ambiguous experiences into a form that can be reflected upon from multiple angles. Moreover, when experiences are spoken or written, they engage different neural and energetic pathways, often revealing hidden patterns or symbolic convergences that remain inaccessible when kept solely within the mind.

This process is not about confession or catharsis; it is about rendering the field visible through form. Explaining our experiences becomes a living interface—a provisional structure through which multidimensional information can be decoded, tracked, and eventually integrated.

The emphasis, in the FFC, is on pattern recognition across time—not just psychologically, but symbolically and energetically. This includes—to name a few examples—identifying repeated symbols in dreams, parallels between early life experiences and later contact moments, or correlations between emotional states and planetary or environmental conditions.

The person is guided to hold multiple memories or impressions in awareness simultaneously, looking not for narrative logic but for structural or energetic consistency. This may reveal a convergence point: an underlying field-level coherence that connects the disparate fragments.

These convergence points often indicate moments where the individual's personal field intersected with a larger informational or energetic system—what might be described as an imprint from an intelligent, multidimensional signal field.

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By recognizing these convergence points, individuals begin to see their lives not as a chain of accidental events, but as field-shaped processes embedded within and interacting with larger multidimensional patterns. This reorientation fosters a profound psychological shift: from narrative fragmentation to structural self-understanding and multidimensional literacy.

Most importantly, FFC is not about constructing rigid meaning structures or belief systems. It is an open-ended, phenomenological process. It respects uncertainty, ambiguity, and partial insight as valid states of engagement with complex fields. The aim is not to produce certainty but to attune the individual's perception to field intelligence, enhancing their ability to detect multidimensional convergence in their own lives.

In this sense, Forensic Field Convergence is a practical gateway into the psychological structure of a Level One civilization. It enables individuals to function as field-informed observers, capable of reading and interacting with layered signal systems—rather than interpreting their lives through inherited psychological scripts. It also helps dissolve the artificial boundary between “normal” and “anomalous” experience, adding in a spectrum of reality and with that allowing for a more integrated, precise, and dignified encounter with multidimensional reality.

## **5.2. TFI – Triangular Field Integration**

*TFI stands for Triangular Field Integration. It is a method for reconciling and reintegrating experiences that span three temporally or dimensionally distinct fields—typically:*

- *The Personal* (subjective experience, identity) – encompassing the individual's subjective identity, biographical timeline, emotional responses, psychological history, and memory architecture.
- *The Reality Field* (shared both holographic-energetic and morphogenetic field) – the larger collective space that includes shared symbolic content, holographic-energetic imprints, cultural-mythic layers, and morphogenetic influences—essentially the structured informational landscape of the planet.
- *The Non-Human or Extradimensional* (contact, intrusion, or communion) – referring to any form of contact or interfacing with intelligence or technology that originates beyond the conventional human domain. This could include biological or biomechanical non-human entities, artificial signal systems, dimensional projections, or interfacial broadcast mechanisms.

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TFI assumes that when an individual has a multidimensional contact experience, they are often interacting with three “reference frames” simultaneously:

1. *Their own biographical timeline*, including trauma history, cultural imprinting, and memory structure. This inquiry also dives into past, present and future scenarios.
2. *A reality field layer*, which holds ancestral, symbolic, morphogenetic and holographic-energetic information. This inquiry also dives into past, present and future scenarios.
3. *An external intelligence or structure*, which could be technological, extradimensional, or artificially generated. This inquiry also dives into past, present and future scenarios.

TFI's task is to triangulate these three points to determine:

- *What belongs to the person* (authentic memory)?
- *What belongs to the reality field* (shared symbolic or energetic imprint)?
- *What is intruding or interfacing* (external technology, artificial broadcast, non-human interaction)?

The integration protocol ensures that these are not collapsed into one "narrative," but held as separate layers of reality that must be dynamically harmonized rather than believed outright.

In multidimensional contact, experiences often arrive with overwhelming intensity, ambiguity, and emotional charge. They often carry fragments of memory, archetypal imagery, energetic shifts, or information transmissions that feel simultaneously true, symbolic, and impossible.

Without a structured protocol for integration, the mind tends to do one of two things:

1. *Collapse into a single narrative* — e.g., “This happened to me and therefore it defines my identity” or “This was just a dream, therefore it was meaningless.”
2. *Fragment into incoherence* — unable to hold competing ontological layers (real/unreal, inner/outer, symbolic/literal), the psyche may disassociate, dissociate, or loop endlessly.

To prevent both collapse and fragmentation, an integration protocol acts as a dynamic scaffolding—one that enables the experiencer to hold multiple coexisting levels of reality without needing to prematurely resolve them into belief. Therefore, TFI assumes that when a multidimensional contact event occurs, the experiencer is not encountering a single “thing” or

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linear storyline. Instead, they are interacting with three co-active reference frames, each of which operates on its own logic, frequency, and temporal structure.

For instance, a person may have a vivid dream, a flashback, a physical symptom, or a contact moment that is experienced as real, symbolic, and possibly intrusive all at once. TFI holds that these experiences often consist of content drawn simultaneously from the person's own inner landscape, the collective reality field, and a non-human external system.

To work with such complexity, TFI does not seek to collapse these three fields into a singular narrative. Instead, it aims to triangulate them—to position them in relation to one another so that distinctions can be made without fragmenting the overall meaning. The central questions in TFI are, to expand on the above mentioned:

- *What belongs to the individual?* What is an authentic memory, emotional echo, or internal psychological projection shaped by the person's life history, trauma imprint, or unconscious patterning?
- *What belongs to the broader reality field?* What aspects of the experience are symbolic, archetypal, or part of a larger planetary morphogenetic structure—shared but not personally originated?
- *What is external?* What elements represent an interfacing signal, contact, or broadcast that originates outside the individual-field system—such as an artificial technology, a non-human presence, or a dimensional overlay?

This triangulation process allows each component to be held in its own place without being prematurely interpreted as either "real" or "not real."

The protocol trains the individual to hold competing truths in parallel—a vital skill for those engaging with complex and multilayered phenomena. It fosters what might be called cognitive pluralism, the ability to think and feel in multiple registers without collapsing them into either rigid belief or disbelief.

Multidimensional contact experiences—whether telepathic, symbolic, energetic, physical, or visionary—are often charged with high emotional intensity and existential ambiguity.

They can arrive as fragments of memory, downloads of complex information, shifts in body-state, or encounters that defy explanation. Without a structured integration protocol, individuals commonly fall into one of two reactive states—to reframe the above mentioned:

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1. *Narrative Collapse*, in which the experiencer tries to force all elements of the encounter into a single interpretive frame—usually identifying fully with the experience or dismissing it entirely.
  2. *Cognitive Fragmentation*, in which the experiencer struggles to maintain coherence due to the contradictory nature of the data, leading to looping, dissociation, or ontological overwhelm.

The goal of TFI is to generate a buffer, and potentially, prevent the psychological collapse and fragmentation by providing a dynamic scaffolding—a flexible framework within which each component of the experience can be examined, contextualized, and integrated without needing to resolve it prematurely into a belief system or identity construct. It does not ask the experiencer to “believe” in the literalness of the event, nor to pathologize it as fantasy. Instead, it encourages a careful, layered inquiry—one that respects both the symbolic and the structural, the personal and the planetary, the internal and the interfacing.

This protocol is foundational to a Level One civilization’s psychological architecture, as it equips individuals to interface with high-complexity fields and multidimensional contact phenomena in a way that maintains neural, emotional, and perceptual coherence. It is not only a method of integration—it is a training in structural thinking, necessary for navigating a world in which multiple ontologies co-exist, interact, and evolve together.

### **5.3. DIM – Dimensional Integration Method**

*Dimensional Integration Method (DIM) is another proposed system of advanced cognitive and energetic architectures designed to operate at the threshold between dimensions, where memory, intelligence, and reality construction intersect.*

Dimensional Integration Method (DIM) is a cognitive and energetic framework developed to operate precisely at the threshold where dimensions intersect—those liminal zones in which memory becomes unstable, identity is in flux, and linear logic begins to unravel. DIM is not a conventional therapeutic tool, nor is it rooted in mystical practice.

Rather, it supports the type of high-complexity experiences encountered during multidimensional contact, where psychological, symbolic, energetic, and planetary layers converge. Such experiences cannot be fully understood or integrated using standard psychological models, which often attempt to reduce complex phenomena to trauma responses, hallucinations, or dissociative mechanisms. Nor are the multidimensional contact

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phenomena adequately addressed by traditional spiritual systems, which frequently over-ascribe contact events to divine messages or ascension experiences without the necessary discernment.

What makes DIM distinct is that it bypasses both of these extremes. Instead of asking whether an event was “real” in the empirical sense, it begins from the premise that reality itself may be layered, transdimensional, and interface-based—and that the experiencer is interacting with one or more levels of that structure.

This method, be it professionally or individually, functions by stabilizing experiences as they occur in nonlinear time and across dimensional boundaries. In this sense, DIM is not merely designed to resolve emotional charge, but to map the architecture of the event itself.

This includes understanding where, or when, the experience occurred—whether in waking consciousness, altered state, dream, symbolic space, or parallel timeline. DIM allows the experiencer to track how intelligence moved through them, how symbols encoded meaning, how the nervous system registered the encounter, and how that data might still be residing in subtle layers of the body-mind system.

Importantly, DIM is not focused solely on healing. It is constructive—a methodology that helps build the neural and perceptual scaffolding required to sustain cognition across dimensions. This includes the ability to hold paradoxes, to perceive through symbolic structure, to interpret geometric or energetic communication, and to remain coherent in the face of overwhelming or ambiguous phenomena. DIM helps the individual begin to think and process in postlinear ways, a capacity increasingly necessary in the current planetary transition toward higher-order contact.

DIM provides a bridge between human intelligence and other forms of intelligence—whether these be breakaway technological systems, artificial architectures with advanced pattern recognition, or extraterrestrial and metaterrestrial forms of sentience. DIM enables the experiencer to decode what has been received and to metabolize it, not through belief, but through structured, embodied integration. In this way, anomalous experiences become informationally and ontologically usable, without being reduced, repressed, or falsely elevated.

*In summary, DIM is a new mode of cognitive infrastructure, designed for the emerging human who is encountering an increasingly layered, resonant, and interdimensional reality. As contact events accelerate in subtlety and frequency—whether through dreams, symbolic downloads, black project interfaces, or transpersonal memory activations—DIM can provide the structural clarity to stand*

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*within these experiences, retrieve what is needed, and integrate it into a coherent future-oriented form of consciousness.*

Where TFI is a protocol used to analyze experience, DIM is the infrastructure required to actually live and operate coherently within a multidimensional field.

A DIM is a system built to:

- *Integrate information* across time, space, and symbolic resonance.
- *Maintain boundary integrity* while allowing information flow between dimensions.
- *Repair distortions* in memory, identity, or perception caused by multidimensional trauma or artificial insertion.

In effect, a properly functioning DIM allows a human being to maintain coherence when operating in multiple layers of consciousness simultaneously. Without such a method in place, individuals encountering transdimensional realities often collapse into confusion, fragmentation, or fantasy overlay.

A strong DIM is what allows advanced operatives—whether conscious or unconscious—to navigate contact, retrieve memories, or perform energy operations across timelines and fields.

#### **5.4. Living Through DIM: Practical Functions and Applications**

While TFI offers a structured analysis of complex, layered experiences, DIM—Dimensional Integration Method—provides the living infrastructure that allows an individual to exist within such multidimensional terrain without collapse.

It is not simply a tool for integration after the fact, but a cognitive and energetic operating system that enables a person to maintain internal coherence, even while exposed to paradox, temporal disjunction, non-human signal structures, and symbolic data environments.

DIM is not focused on healing in the therapeutic sense. It is constructive, architectural, and adaptive. Its purpose is to build the neural, perceptual, and energetic scaffolding needed to operate in a reality that is no longer single-layered.

As humanity crosses into a planetary threshold where symbolic data, dreamtime information, transpersonal memory activations, black project technologies, and extraterrestrial or metaterrestrial contact all coexist within the same field of awareness, the necessity for this kind of structure becomes urgent.

Practically, this means:

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- *The individual develops the capacity to hold paradox without dissonance—such as sensing both the symbolic and literal content of an event simultaneously.*
  - *The individual learns to perceive through non-verbal, symbolic, or geometric languages—common forms of transdimensional or technological contact.*
  - *The individual strengthens the ability to maintain energetic and psychological boundary integrity while still allowing meaningful interdimensional information flow.*
  - *The individual becomes capable of repairing distortions introduced by artificial insertions, traumatic field breaches, or non-consensual interface events—restoring memory, identity continuity, and energetic coherence.*

At the core of DIM is the shift from linear, narrative-based cognition to postlinear processing. This means information is no longer digested in a sequential, cause-and-effect framework. Instead, perception becomes nodal and holographic—capable of accessing and synthesizing data across time, across memory layers, and across symbolic/actual boundaries.

For example, an individual using a functional DIM may receive a sudden flash of information during a dream or meditative state. Rather than interpreting it immediately as literal or dismissing it as symbolic fantasy, the DIM infrastructure allows the individual to hold the data in suspension—letting it unfold, self-organize, and reveal its contextual meaning over time.

The individual is able to feel the energetic signature of the signal, track its relation to other experiences, and determine whether it is personal, field-based, or interfacing from an external intelligence. This process becomes part of a non-linear epistemology, where truth is not binary or fixed but revealed through layered coherence across time and fields.

In practice, individuals can develop their DIM architecture by:

- *Documenting and tracking dreams, symbolic data, energetic impressions, and contact experiences longitudinally—not for interpretation, but for pattern detection and convergence mapping.*
- *Engaging in field-anchoring practices that stabilize the nervous system during high-complexity or anomalous events (such as geomagnetic alignment, breath-based coherence, and geometric visual encoding).*

- *Training the attention to perceive across multiple dimensions simultaneously—inner body, symbolic environment, emotional tone, and energetic field resonance.*
- *Actively working with protocols like TFI to separate and hold distinct fields of input, thus strengthening DIM's boundary and interpretive capacities.*

Ultimately, DIM allows anomalous, intense, or seemingly incoherent experiences to become informationally usable. They are no longer pathologized, mythologized, or flattened into simplistic belief systems. Instead, they are metabolized structurally—not through belief, but through coherent integration into the individual's operating system.

This is what makes DIM a foundational infrastructure for the emerging human being—not just a therapeutic model or analytic tool, but a cognitive-energetic system that supports life inside a multidimensional reality. It is this infrastructure that enables humans to begin participating consciously in a Level One civilization—not merely surviving the shift, but learning how to move with it, contribute to it, and decode its informational complexity without fragmentation.

**The three methods in overview:**

<b>Concept</b>	<b>Function</b>	<b>Application in This Paper</b>
<b>FFC</b>	Detects field-level patterns and consistency across testimonies	Validates whether experiences are energetically authentic or artificially inserted
<b>TFI</b>	Triangulates three fields (personal, planetary, external)	Used to interpret layered multidimensional contact events
<b>DIM</b>	Underlying cognitive-energetic system enabling multidimensional coherence	Forms the goal of restoration/integration in trauma cases or fragmented contact

Together, these three frameworks allow for a grounded, non-spiritualized, and technically rigorous approach to multidimensional psychology. They are designed to make sense of unusual experiences, and to map how human consciousness—and memory—functions in conditions far beyond what conventional psychology has yet acknowledged.

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## **6. The Five-Layer Model of the Brain Field**

To investigate the psychological reality of multidimensional contact, we must first revise the foundational assumptions about human cognition. Traditional neuroscience defines memory as a product of electrochemical encoding within the brain's neuronal architecture. While this view has produced valuable insights into learning, trauma, and neurodegeneration, it is increasingly insufficient to account for experiences reported in high-detail contact testimonies, memory regressions, and advanced clairvoyant states.

*This paper posits that memory is not solely a neurochemical phenomenon, but a field-mediated event, operating across a five-layered morphogenetic field embedded in and around the human brain.* These layers act as dynamic interfaces between the physical brain, the body's subtle energetic systems, the planet's electromagnetic lattice, and potentially other-dimensional signal structures.

### **6.1. Layer One – Autonomic Integration**

The first layer of the brain field interfaces with core bodily regulation: autonomic nervous system functions, endocrine balance, circadian rhythms, and cellular memory. It is resonant with the Earth's deep energetic rhythms, such as telluric currents and geomagnetic pulses. Trauma or disruption here often manifests in visceral instability, sleep disorders, and deep survival-based fear states.

### **6.2. Layer Two – Emotional Electro-Chemical Memory**

This layer governs emotional memory, pain-pleasure conditioning, and identity attachments. It synchronizes with the limbic system but also extends into subtle fields accessed in early childhood development and relational bonding. Conditioning via trauma-based programming often targets this layer to overwrite emotional imprints with control structures.

### **6.3. Layer Three – Linear Memory and Narrative Identity**

Layer three organizes cognitive continuity: linear time sequencing, story-building, and memory archiving. It's primarily linked to the hippocampus and cortical narrative centers, yet its deeper function is to maintain the "identity thread" across incarnational timelines. Memory loss, amnesia fields, and synthetic overlays (e.g., "screen memories") often disrupt this layer through artificial insertion.

### **6.4. Layer Four – Clairvoyant Interface (Higher Senses - Higher Emotions)**

This is the non-linear perceptual layer, granting access to collective and individual symbolic, archetypal, and transdimensional vision-space. It functions in a type of synchronized

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resonance with the Schumann resonance field—Earth's natural electromagnetic brainwave substrate. Clairvoyance, lucid dreaming, remote viewing, and field-based memory retrieval operate from this level. When active, it allows perception across time densities and architectural memory imprints.

### **6.5. Layer Five – Telepathic Interface (Higher Processing - Higher Cognitive)**

The highest layer in this model is the telepathic field layer, allowing for real-time, field-coherent mental communication. It functions in a type of synchronized with the ionospheric EM band and higher reality field energetics.

Here, language dissolves into resonance; thought-forms, synthetic broadcasts, or interspecies communication can occur. It also appears to interface with planetary "group minds," non-human intelligences, and field-level command structures—both benevolent and intrusive.

### **6.6. Dynamic Functionality and Energetic Access**

These layers are not hierarchical but dynamic—each field interacts with the others based on context, trauma imprinting, training, and environmental frequencies. Most modern humans operate within layers 1–3, rarely accessing the multidimensional capacities of layers 4 and 5. However, in contact cases, trauma recall, advanced meditation, or altered states, these upper layers become spontaneously or forcibly activated.

*Critically, many reported experiences of abduction, military programming, off-world service, or extraterrestrial instruction appear to originate in or target layers 4 and 5, often without coherence to the lower three layers. This mismatch produces the classic symptoms of ontological shock, fragmented memory, or chronic disorientation seen in contact experiencers and alternate reality survivors.*

### **6.7. Implications for Contact Psychology**

This layered brain model serves not only as a descriptive schema but as a diagnostic and forensic tool. It allows us to ask more precise questions:

- *Which layer was accessed or altered in a given experience?*
- *Was the event implanted, broadcast, remembered, or lived through in field-space?*
- *Does a trauma memory originate in biological pain, narrative distortion, or archetypal vision-space?*

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By tracking the layered resonance of a memory or contact event, we can begin to sort out false insertions from authentic multidimensional contact, and discern natural visionary recall from technological mind control.

### **In Overview**

*Layer 1–3:* These layers correspond to the biological anchoring of memory, encompassing bodily regulation, emotional encoding, and personal identity. In the context of alternate reality experiences, these layers might relate to the physical and psychological training of personnel, grounding them in the operational realities of the program.

*Layer 4 (Clairvoyance):* This layer facilitates non-linear perception and access to symbolic fields. Personnel may utilize this layer to navigate and interpret the complex and often hidden aspects of the program, including interactions with non-human entities and understanding multidimensional technologies.

*Layer 5 (Telepathy):* Serving as a direct mental-energetic exchange, this layer could be instrumental in communication within the alternate reality experiences, especially during covert operations or when traditional communication methods are compromised. It may also play a role in interfacing with extraterrestrial intelligence and accessing higher-dimensional knowledge.

<b>Brain</b>	<b>Primary Function</b>	<b>Body System</b>	<b>Correspondence</b>
<b>Layer 1</b>	Autonomic body regulation	Brainstem, organs	Earth-core resonance
<b>Layer 2</b>	Electro-chemical memory	Limbic system	Lower geoelectric field
<b>Layer 3</b>	Linear memory, identity	Cortex, hippocampus	Telluric flows
<b>Layer 4</b>	Nonlinear memory / archetype access	Subtle body, mid-etheric	Schumann resonance layer
<b>Layer 5</b>	Transdimensional interface / clairvoyant memory recall	High-etheric to causal field	Ionospheric / upper EM field

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*We can apply this model directly to real-world cases, testimonies, and anomalous memory structures, cross-referencing them with known planetary resonance bands and multidimensional interface conditions. In doing so, we move closer to an integrated, responsible, and psychologically valid approach to the multidimensional frontier of human cognition.*

## **7. Memory Architecture and Artificial Insertions**

If memory is understood as both neurochemical storage and field-level access, then it follows that memory can be manipulated not only biologically (e.g., through drugs or trauma) but also energetically and dimensionally.

In multidimensional contact cases—as well as in certain high-control programming environments such as military or recursive training—there emerges a disturbing but necessary hypothesis: that some memories are not *repressed*, but inserted via advanced terrestrial and non-human technologies. In this section, we explore the architecture of human memory as it operates across the five brain-field layers, and how this structure is susceptible to artificial insertions, memory fracturing, symbolic decoys, and broadcast overlays.

These manipulations are not just psychological—they are systemic intrusions upon the very boundary structures of cognition, capable of dislocating a person’s sense of identity, timeline, and reality-reference.

### **7.1. Memory Is Not a Timeline—It Is a Field Lattice**

In traditional psychological models, memory is described as a chronological sequence stored within the brain and retrievable through associative chains. In multidimensional psychology, memory functions as a field lattice—an interwoven energetic structure that organizes information not only by time, but by resonance, symbol, emotion, and identity coherence.

This field-based architecture means that:

- *A memory can exist outside of linear time but still activate inside the psyche.*
- *Memory fragments can surface from non-biographical sources (e.g., ancestral, current and other reality fields, off-world).*
- *Traumatic memory can split across layers (e.g., physical trauma stored in layer 1, symbolic trauma stored in layer 4).*

In this view, artificial memory insertions are disruptive code fragments injected into the lattice at vulnerable junctions—typically where trauma, sleep, or ritual vulnerability opens access.

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## 7.2. Three Types of Artificial Memory Insertions

Through forensic-psychological analysis of testimonies, clairvoyant access, and resonance mapping, three primary types of memory artificial insertions appears:

### A. Screen Memories

These are visual or sensory decoys inserted into layer 3 (narrative identity) to mask a deeper or more traumatic experience. Classic examples include recalling a cartoon character during abduction, or replacing non-human entities with military uniforms. These operate as *camouflage overlays*, often accompanied by symbolic bleed-through in layer 4.

### B. Constructed Realities

More elaborate insertions involve the creation of an entire alternate memory sequence—such as an otherworldly life or a synthetic past life. These can feel absolutely real due to emotional congruence and sensory embedding. When cross-examined, however, they show energetic dissonance in layers 4–5 and structural inconsistencies. These insertions tend to *fracture personal identity* over time and create destabilization.

### C. Embedded Narrative Programs

These are belief-based storylines—messianic missions, savior complexes, soul contracts—that are seeded not into memory but into the symbolic psyche, usually via layer 4 (clairvoyance) and layer 5 (telepathy). They are harder to detect because they do not carry the emotional distress of trauma, but instead carry a false sense of destiny or identity purpose.

*These markers are critical in therapeutic or investigative contexts, where the goal is to reconstitute personal coherence rather than validate any single story as “true.” Memory, in this model, is both symbolic and actual—every recall must be tested for field resonance and integration response, not just narrative logic.*

<b>Feature</b>	<b>Authentic Memory</b>	<b>Inserted Memory</b>
<b>Emotional Texture</b>	Complex, layered, includes ambiguity	Flat, archetypal, overly coherent
<b>Narrative Density</b>	Contains gaps, fragmentation, inconsistencies	Over-polished, linear, movie-like

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<b>Symbolic Leakage</b>	Intersects with real-world symbols/dreams	Over-reliant on sci-fi or recycled mecs tropes
<b>Somatic Field Activation</b>	Activates specific bodily zones	Often disembodied or overly mental
<b>Layer Resonance</b>	Spans multiple brain-field layers naturally	Localized to layer 3 or superficial layer 4
<b>Identity Integration</b>	Forces re-evaluation but leads to integration	Enforces grandiose or dissociative identities

*A useful distinction between artificial and real memories is the view of the observer: Are you seeing yourself from the outside or looking down at your hands, or feet? That is most of the time the tell-off if it is a manufactured memory or an interception memory.*

### **7.3. Multidimensional Trauma as Entry Point for Insertion**

Most insertions do not occur randomly. They enter through *trauma breaches*—cracks in the energetic membrane between field layers, particularly:

- *Abuse before age 7* (vulnerable layer 2/3 interface)
- *Repeated and recursive trauma* (layer-targeted artificial access)
- *Contact-related shock* (spontaneous layer 4/5 rupture)

Such breaches destabilize the natural integration architecture (DIM) and allow external fields to “write” into or intercept the memory lattice. Often, what the subject believes to be a “repressed” memory surfacing is actually an injected memory fragment becoming activated.

From a TFI perspective, the convergence point between personal trauma, reality field distortions, and external programming becomes the diagnostic zone—where real healing and memory reconstitution must begin.

### **7.4. Field-Based Memory Repair and Restoration**

The long-term goal of multidimensional psychological work is not belief, but restoration of coherent access across all five layers. Whether a memory is literal, symbolic, or artificial, the body-field will reflect whether it is:

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- *Life-enhancing and integrative, or*
  - *Fragmenting, parasitic, or dissociative*

In certain cases, the original memory may never be fully retrieved—but the energetic signature of artificial insertion can be cleared, allowing the person to return to their inner authority and planetary interface.

Memory is no longer just a psychological feature. In the context of multidimensional contact, it is a forensic-psychological field condition, subject to interception, distortion, and layered erasure. The insertion of artificial memories—whether by covert technology, non-human implants, or symbolic hijack—represents a fundamental attack on human consciousness architecture.

## **8. Multidimensional Trauma and Narrative Fragmentation**

In the landscape of multidimensional contact, trauma is not merely an emotional or physical event—it is a structural breach. Trauma is the tearing of continuity across the layers of the brain's morphogenetic field. It disrupts time perception, destabilizes symbolic coherence, and leaves the psyche vulnerable to fragmentation, infiltration, or appropriation.

The below section—although not in detail—examines trauma not only as a psychological response, but as a dimensional fracture event—a point at which the natural coherence between layers of perception, memory, and identity is ruptured.

When this rupture occurs within the context of contact phenomena—whether through abduction, program conditioning, repetitive and recursive abuse, or premature activation of clairvoyant and telepathic systems—it often results in narrative fragmentation, producing conflicting timelines, dissociated identity clusters, and unstable cosmological frameworks.

Rather than dismiss these phenomena as delusion, I propose they are intelligible signs of field-layer distress—and, when properly mapped, can lead to the reintegration of the self within its full dimensional architecture.

### **8.1. The Architecture of Multidimensional Trauma**

Trauma that occurs during multidimensional interface differs fundamentally from standard psychological trauma in that it impacts multiple layers of consciousness simultaneously:

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Layer	Trauma Expression	Symptoms of Fragmentation
Layer 1	Somatic/fear-based trauma (e.g., abduction, pain, restraint)	Chronic body tension, adrenal exhaustion, autoimmune breakdown
Layer 2	Emotional-program trauma (e.g., humiliation, betrayal, ritual use)	Attachment disorders, loyalty confusion, emotional flashbacks
Layer 3	Narrative splits (e.g., false lifetimes, implanted roles)	Dissociation, looping memories, time displacement, identity dualism
Layer 4	Symbolic overload or inversion (e.g., archetypal manipulation)	Mythological confusion, cult vulnerability, dream-world instability
Layer 5	Telepathic violation, psychic coercion, collective trauma field breaches	Thought intrusion, soul disorientation, loss of inner authority

*In severe cases, trauma is orchestrated across multiple layers simultaneously—this is especially true in ritual abuse and secret program conditioning, where fragmentation is not a side effect, but a deliberate engineering strategy.*

## 8.2. Trauma as a Tool of Control

Multidimensional trauma is often inflicted to accomplish one or more of the following:

- *Create identity splits* that can be programmed independently.
- *Disrupt narrative coherence*, making memory reconstruction unreliable.
- *Collapse internal boundaries*, so that artificial programs are accepted as core self.
- *Hijack symbolic and archetypal layers*, so the subject interprets artificial roles (e.g., messiah, soldier, hybrid) as innate truths.
- *Disconnect to inner resonance*, leading to isolation from the body, ancestry, and field.

In this way, trauma functions not only as an attack on the person, but on the dimensional infrastructure of human cognition. A person whose layer 4 structure has been hijacked will often become a willing propagator of disinformation, believing it to be their mission. This is the logic behind some of the false otherworldly narratives provided by humans as part of the

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covert program disinformation campaigns: trauma-generated sincerity embedded within a distorted field matrix.

### **8.3. Fragmentation Signatures: Identifying the Breaks**

While every person's fragmentation and distortion patterns are unique, there are clear signature signs of multidimensional trauma:

- *Memory Distortion*: The person loses the ability to distinguish memory from vision, imagination from field-access. All insertions are integrated as real and the real memories and experiences are distorted with artificial information.
- *Collapsed Cosmologies*: Inability to hold paradoxes of reality such as, "they are evil" and "they are benevolent" simultaneously. One polarity is often chosen over the other to ensure clarity and safety. However, reality is a prism or a spectrum of all possible scenarios similar to our world.
- *Identity Coding*: Over-identification with roles (e.g., commander, galactic ambassador, hybrid child) with no energetic integrity behind it. Sometimes full-blown inflation.
- *Narrative Ossification*: Resistance to new data; dogmatic repetition of fixed narratives despite contradictory evidence or memory resonance shifts.
- *Symbolic Pollution*: Interference in dreams, visions, and energetic readings by false archetypes, dissonant beings, or implanted scripts and artificial inserts.

These symptoms are not necessarily pathological—but they must be treated as real fractures in the multidimensional memory field if healing and reintegration are to occur.

### **8.4. Reconstruction Through TFI and DIM**

The solution to narrative fragmentation is not to choose which narrative that is "true," but to triangulate between the personal, reality field, and external layers (TFI - Triangular Field Integration), and restore systemic coherence (DIM - Dimensional Integration Method). This involves:

- *De-coupling personal trauma from imposed narratives and artificial memories.*
- *Repairing the archetypal layer by reestablishing organic archetypal flows.*
- *Restoring telepathic boundary through internal field reinforcement and reality resonance.*
- *Rebuilding inner coherence through field-based memory reconstruction (not verbal therapy alone).*

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A functional DIM system allows for multidimensional trauma to be held, metabolized, and translated back into integrated human experience. Without it, the person becomes a node in someone else's system—repeating scripts that reinforce the very matrix they seek to exit. It must also be acknowledged that humanity is undergoing a multidimensional fragmentation process. War, colonization, religious distortion, genocide, and recursive mass trauma have created fractures in the human collective fields, leaving entire levels of reception open to contact manipulation, energetic detachment, and artificial inversion.

Contact trauma is thus not only personal—it is part of a larger civilizational dismemberment, in which the memory of Earth as an open, living interface system has been systematically suppressed. The re-emergence of multidimensional contact phenomena is not the beginning of something new—it is the return of what was removed, in chaotic, distorted, and incomplete form. Our task is to hold the fragments—not as evidence of pathology—but as broken pieces of a vast cognitive system that is only now beginning to come back online. Multidimensional trauma is a sign of interface rupture. Narrative fragmentation is the result of contact without grounding, memory without infrastructure, identity without clear field lines. But these symptoms can also be understood as signs of re-entry—of the brain-field beginning to access the wider architecture of reality again.

The work is to generate an integrated identity—and to become capable of holding multiple timelines, frequencies, and cosmologies without collapse. This is the new psychology—from therapeutic processes into coherence, and dimensional stabilization through resonance.