

The HAL Academy – Guided Studies – Walk & Talk with Randi Green
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Walk & Talk with Randi Green Episode 1: Perception, Progression Energies and Innocence

In the work with progression energies, we are adapting to the task of aligning the inner and outer work into a unity field of expanding and progressive energies. There have been many different approaches to this, over the course of time, and my take on it is a mix of my past lives experiences as a human inside this reality field and beyond, LPU Reality Dynamics and memories, as well as the present life psychotherapeutic-existential psychic-energetic approach.

Life and the Living.... Right?

Every day is a chance to work with psychic-energetic awareness of who we are, others and reality. Is personal progression worth much in a vacuum, obtained in a stale environment consisting of us and us alone? For some parts of the expansion of awareness journey, we must isolate to get to know who we truly are – or at least to discover all of what we are not.

At some point, we must mingle again. Go back into the world of noise, interference, and frequency energies to master these on top of our other skillsets, but now from the new level of awareness we have gained in our inner investigative and integrative work. In our contemplation, clearing and reconstruction work to put what we have built into a test. Does it work? Have we reached a new level of experience?

The best way to figure this out is to go out into reality and work with what we get of impressions. We do not do this to change the collective fields, tied to other humans and lifeforms because that is not our job to do so. Each and one has their own path to explore or neglect.

However, we can change our individual fields and by that set the example of a new way of being human. As we work in that manner, being the first of many for the highest good of the many, we influence our surroundings with processes of transformation and progression. Not from a standpoint of superiority or any position of power, but from the standpoint of adding the progression energies to our world once more.

From that notion, what comes our way will then lead to new levels of inner work. We play ping-pong with the world energies instead of just accepting them as they are. We acknowledge their difference, as they are, and that they to some degrees are like us and at the same time are different.

We are not at one, but we are part of the same fields. Within these opposition dynamics, we learn to discern the differences and the similarities. We learn to determine energy as it is and what it holds of information systems.

We learn from the absolute clear observance of what we focus on, and from that attentive perception, we alter what we focus on simply by really perceiving it – without any precognition of ideas of what it is. Instead of walking blindfolded, we now walk as attentive, transformative, aware observers.