

# The NGC Transition Courses 1-2

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The NGC Transition Courses 1-2 can be seen as an addition to the HAL Philosophy book, and thus the book is included in the course.

## Overview of Content

*The NGC Transition Courses 1-2 with 8 videos and text material + the HAL Philosophy book is included in PDF:*

- The Work Ahead of Us.
- The DE2 Progressive Energy Body.

Furthermore, the ideas behind what was taught in the 6 Pillars are exemplified.

- The individual work in Pillar 1-7.
- The local-global work in Pillar 2-8.
- The transformative work in Pillar 3-9.
- The evolutionary work in Pillar 4-9.
- The holographic work in Pillar 5-11.
- The core level work in Pillar 6-12.

## The 2 Email Q&As

It is possible to write **two** email questions to me, while you are doing this course. *This option lasts for two months after the purchase of the course.* I will answer your questions in the manner that is suitable.

However, most will be understood as the classes proceed, and therefore you are to write down all of your questions in a notebook, when you do the classes, and you will discover that most have been answered in the later videos.

## HAL Coaching – Strongly Recommended

I recommend that you after, or during, the course do HAL Coaching. You find this option at [randigreen.one](http://randigreen.one) (HAL Coaching).

## The Terms for the Payment

You enroll by paying 125 EUR for the NGC Transition Courses 1-2 via PayPal.

## The Text Material and Videos

The text material will be sent to you in the welcome to the course email. The videos can be accessed on Vimeo after having accepted the invite to the private group, I will do once you have sent your account name to me. You will therefore need to create a free Vimeo Account to get access to the videos. See more below.

## The Steps

- 1) You pay the fee on PayPal.
- 2) Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal.
- 3) In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo.
- 4) Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

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## How to Get Access to the Videos

1) You sign up for Vimeo <https://vimeo.com/>

2) Choose the basic and for free membership.

3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>

4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*

5) I will then invite you to the first class and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.