

The HAL Skype Group Class Spring 2024

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– Meet Up with other HAL Students in this extraordinary Progression Work Class

Do we really understand the changes that are upon us?We have much to learn. The Spring HAL Group Class investigates the transition dynamics in podcasts and 2 monthly Skype Meetup where we discuss the class material.

From February to April 2024, we meet up twice a month as Group Class done over Skype.

New text and explanatory podcast material will be made for this booster class, working with some of the concepts from the Progression Sciences, although the focus will be on the changes and challenges ahead of us. The text material will be explained in the needed number of podcasts uploaded on Vimeo, from where you can prepare before each group lecture.

We meet up twice a month over Skype in a private group, where we discuss the material.

Max 16 students.

The class material provides the needed background information to participate in this course.

Background – aiming to reach the future timelines

We live in a world where the reality field reset dynamics are manifested into different collapses of known functional societal, economic and environmental systems, overall changes in the human neurobiology, with break-down of psychological processes and loss of self-adjustment mechanisms, where the general approach to solve the challenges at hand either focus on a joint effort to solve the issues, or choose to riot and segregate in earlier consciousness states of warring humanoid gene codes and disrupted rules of engagement.

HAL Spring Class 2024 – Content

Observing Principle 1-6 in the light of the Solar Transition and how we can integrate them into our daily progression processes.

February 10th 2024: Principle 1 and the practical side of the inner work (what and how)

February 24th 2024: Principle 2 and the practical side of the everyday challenges of balance (what and how)

March 2nd 2024: Principle 3 and the practical side of what to look into and what not (what and how)

March 23rd 2024: Principle 4 and the practical side of reality field mirroring (what and how)

April 6th 2024: Principle 5 and the practical side of inner knowledge (what and how)

April 20th 2024: Principle 6 and the practical side of everyday choices (what and how)

The 2 Monthly Skype Group Calls at 8pm Danish time on Saturdays

We meet up over Skype in a private group call twice a month, from February to April 2024 at 8pm Danish time. Here we discuss the material from a theoretical, and if possible, practical point of view. I begin the group call with a lecture on topics relevant for a progression of the material.

Remember to check for DST.

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- Each meetup has the duration of 1-2½ hour, all depending on the activity of the group.
- The quality of the group calls depends on the group entirely, since it is up to the group members to present thoughts and ideas on the information provided in the class material. Not just in the form of questions, but in the form of thoughts derived from working with the material.

To ensure the highest energy in the call, it will not be possible to discuss personal issues or relate to experiences with other people. Talking about other people invite whatever they hold to the meetup, due to the power of the group dynamics, and talking about personal issues will open your field and merge it into the group.

The Meetup Time for the Skype Group Calls

The groups calls will be on the following dates at 8pm Danish time

Saturday February 10th 2024 at 8pm Danish time

Lecture plus work with the class material

Saturday February 24th 2024 at 8pm Danish time

Lecture plus work with the class material

Saturday March 2nd 2024 at 8pm Danish time

Lecture plus work with the class material

Saturday March 23rd 2024 at 8pm Danish time

Lecture plus work with the class material

Saturday April 6th 2024 at 8pm Danish time

Lecture plus work with the class material

Saturday April 20th 2024 at 8pm Danish time

Lecture plus work with the class material

The Terms of Payment

You enroll by paying the signup fee of 125 EUR. The signup fee covers the text material, podcasts, as well as administration. You can enroll from now until February 6th 2024.

Then, from February 1st 2024 until April 1st 2024, you pay additional 75 EUR each month using the subscription link that will be provided in January 2024. PayPal does the withdrawal each month on the date, you signed up for the 3 monthly payments (in total 225 EUR). The subscription ends automatically.

Total cost for the material and group calls is 350 EUR (125 + 225 EUR).

You can leave the HAL Progression Work Class at any time, by ending your subscription (and informing me). Ending the HAL Class should therefore be at the end of a month.

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How to Do This

You begin with paying the signup fee via the Webshop. Then, when I get the notification from PayPal, you will get an email with instructions on how to get access to the videos on Vimeo. Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos.

How to Get Access to the Videos

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>
- 4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*
- 5) I will then invite you to the private group and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.