

The HAL Academy – Keeping the Psychic-Energetic Balance

In this online course, you get a new perspective on the psychic-energetic balance and how your energies influence others and the reality, we are part of. The idea is to work with what we have learned in the previous two courses, the Psyche as Energy and the Psyche as Processes, and then add the next level of the progression ideas. Following this course, the subsequent steps are to be found in the advanced courses on the emotional and mental fields. Here all will be tied together.

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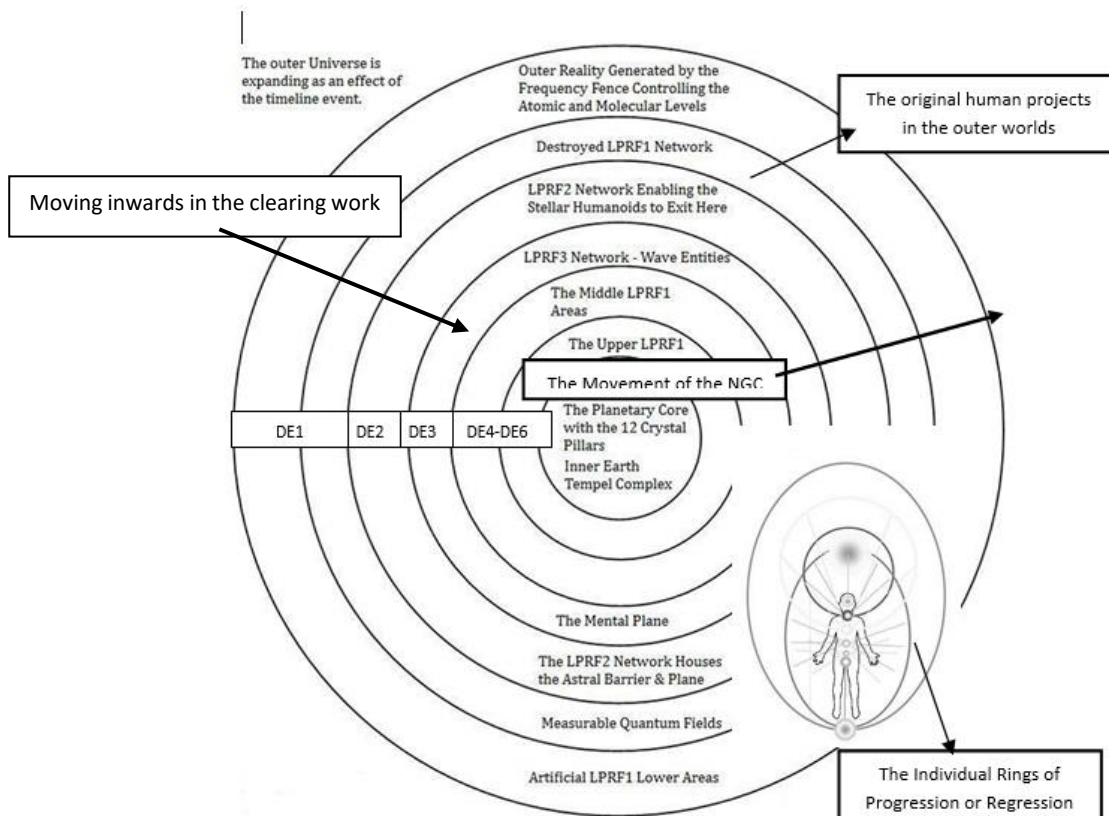
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Fundamental Ideas Explained

Horizontal Movement (relooping and reality programs to keep us stuck)

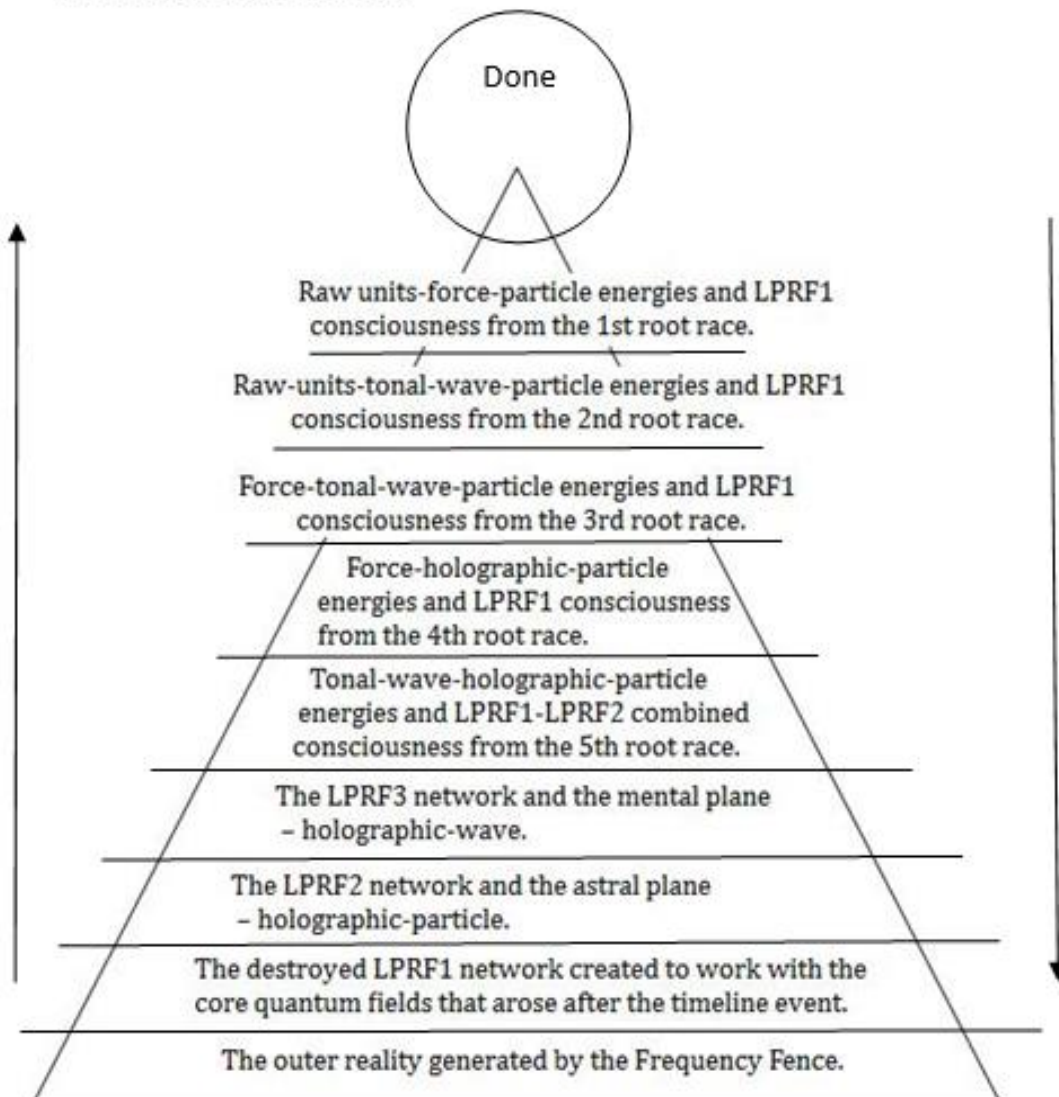
Our reality is surrounded by concentric circles of distorted energy. And then we have our outer world as well. From the earlier HAL material:



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The Vertical Movement (progression or regression spiral layers) aka the Progression Spiral Roadmap. I will not work with the illustration in this course. It is shown now for you to understand the vertical movement to the horizontal schematics outlined above and as the path of progression, we are to create in our inner work. In a later course, when you have learned more, I will return to the progression pyramid and its dynamics from a more advanced level.

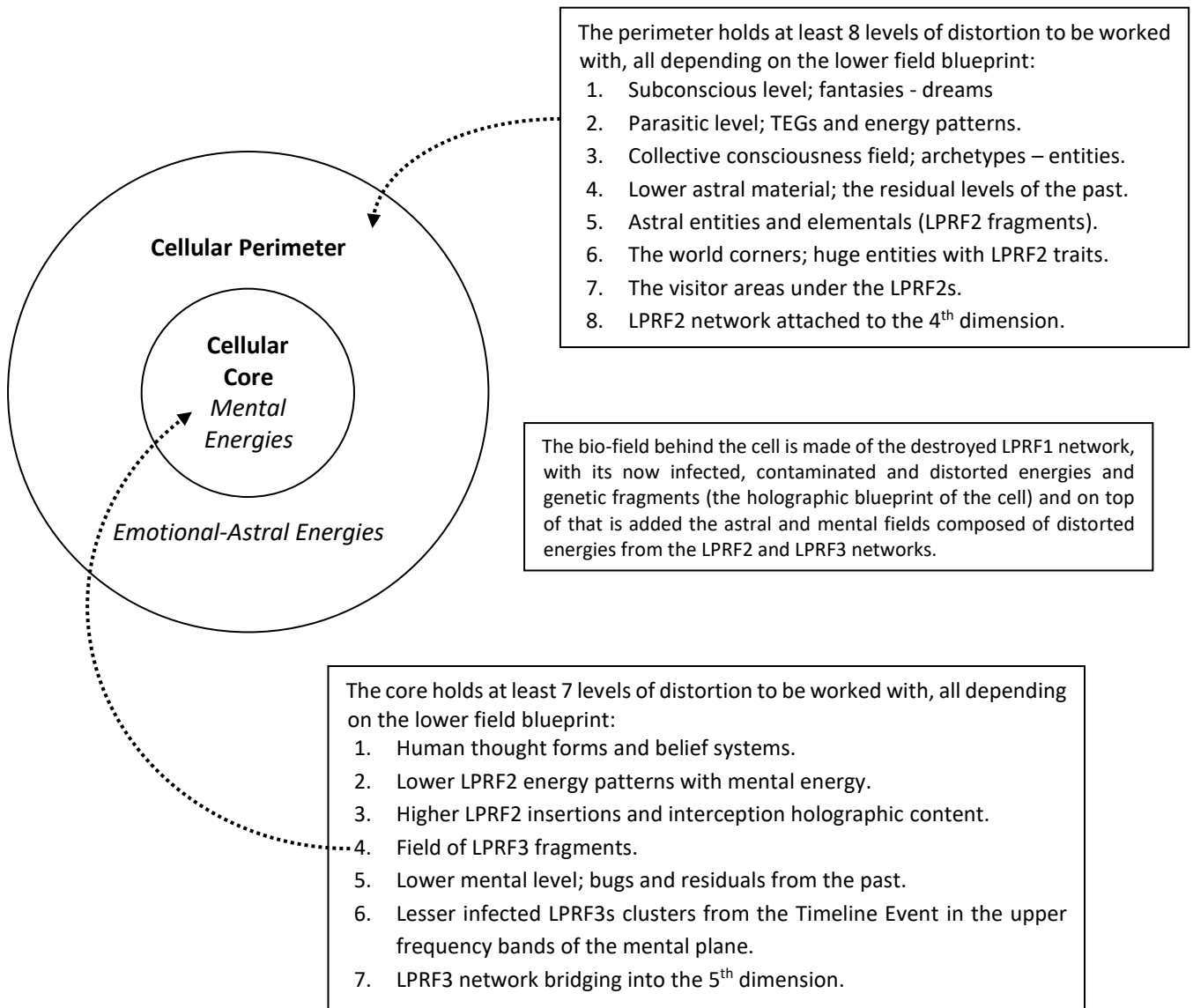
The Progression Pyramid



The progression pyramid is the mountain we have to climb to be able to progress out of our imprisonment and artificial modifications. We have to begin from below and work our way from the outer reality to the inner, and continue the cleansing, raising our energies in the chakras to the level, where they are not controlled by the astral, mental planes, or the remaining LPRF2 races existing here. When the planetary core is reached, we begin the reconstruction of the LPRF1 PES and the outer plane by transforming the lower planes of existence using the inner and higher planes to do so.

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The Construction of a Cell (LPRF1)



The individual lower fields hold different layers of old technologies:

1. The merged lower energy fields of the parents lay the lower field blueprint.
2. The karmic or past life layers inserted into the core of the cellular blueprint.
3. The cellular blueprint itself.
4. The code layer stemming from the past lives, affecting the genetic fragments in the center of the cells.
5. The emotional layer transmitting the coding from the reality field distortion layers, generating the perimeter of the cells.
6. The subconscious layer with suppressed energetic interaction potential of the energetic patterns. What is generated into energetic patterns is controlled by the content of the distortion fields, and remaining technologies from the astral barrier. This layer determines the perception field of the ego-triangle.

We will work with this information in other courses. Here just to add to the context of this material.

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Keeping the Psychic-Energetic Balance

We can work with the psychic-energetic balance on 4 main levels within the individual spectrum of development to improve:

1. Correct Outcome from Every Challenge.
2. Balanced Energy Utilization.
3. Correct Clearing of Fields and Energetic Influences.
4. Self-monitoring, Self-scanning and Upholding Energetic Integrity.

1. Correct Outcome from Every Challenge

- In our work with the higher order energies, we are to consider the right choices according to the Principles, and or the Rules of Engagement in every challenge, we encounter.
- The choices within the base program are equally important since they, at this point, become symbolic representations of higher order patterns to be cleared or timeline residuals.
- Each time frame is a window of opportunity to make the choices, which build in energies instead of depriving us of options.

2. Balanced Energy Utilization

- Considering the state of our reality, and the more and more obvious tilted grids towards the heavy end of the energetic scale, the way we utilize all forms of energy should be weighed against what is important and what is superficial energy usage.
- Only the most important issues are to be given energy and that with the goal of either upward or downward transmutation.
- The balance of alignment, oppositions and polarity will be immensely important in the work.

3. Correct Clearing of Fields and Energetic Influences

- Every single energy unit within our reality is, at this point, in a less energized state.
- Thus, to keep our energetic balance, we must clear all energetic fields we leave behind as well as all energetic influences from other organic lifeforms, energetic encounters and the like. What lingers on in any field is an access point into our energy system.

4. Self-monitoring, Self-scanning and Upholding Energetic Integrity

- To keep the highest purity rate - in essence to be aligned with our own energy system and not displaying the energies of outer or inner influences - we must be diligent in our self-observances of the energetic state of our energy system, organic vessel and general energetic condition.
- The psychic-energetic integrity is important to maintain our focus and remain on the timelines that are beneficial to our progression work and not the antagonistic ones, we so easily, are shifted into due to inner or outer influences.

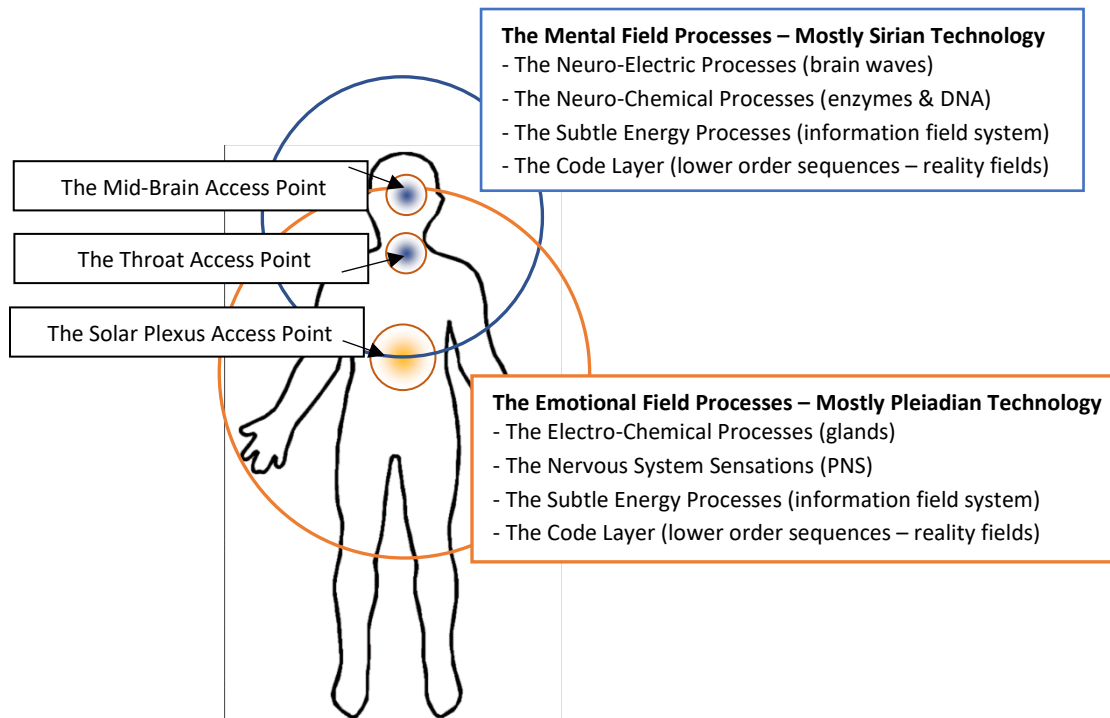
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The Architecture of the Two Energy Systems

The lower order energy system is the sum of multiple processes expressed into two main sections of fields, which are composed of different forms of energy. The two main fields operate within various processes from which the different forms of energies are experienced, transformed and expressed into reality setting and perception.

The Lower Order Energy System & its Processes

Two forms of energetic processes:



The lower order energy system can be viewed as a composition of two energy fields (the mental and emotional) with different access points, energetic orientation and processes of mind and emotions.

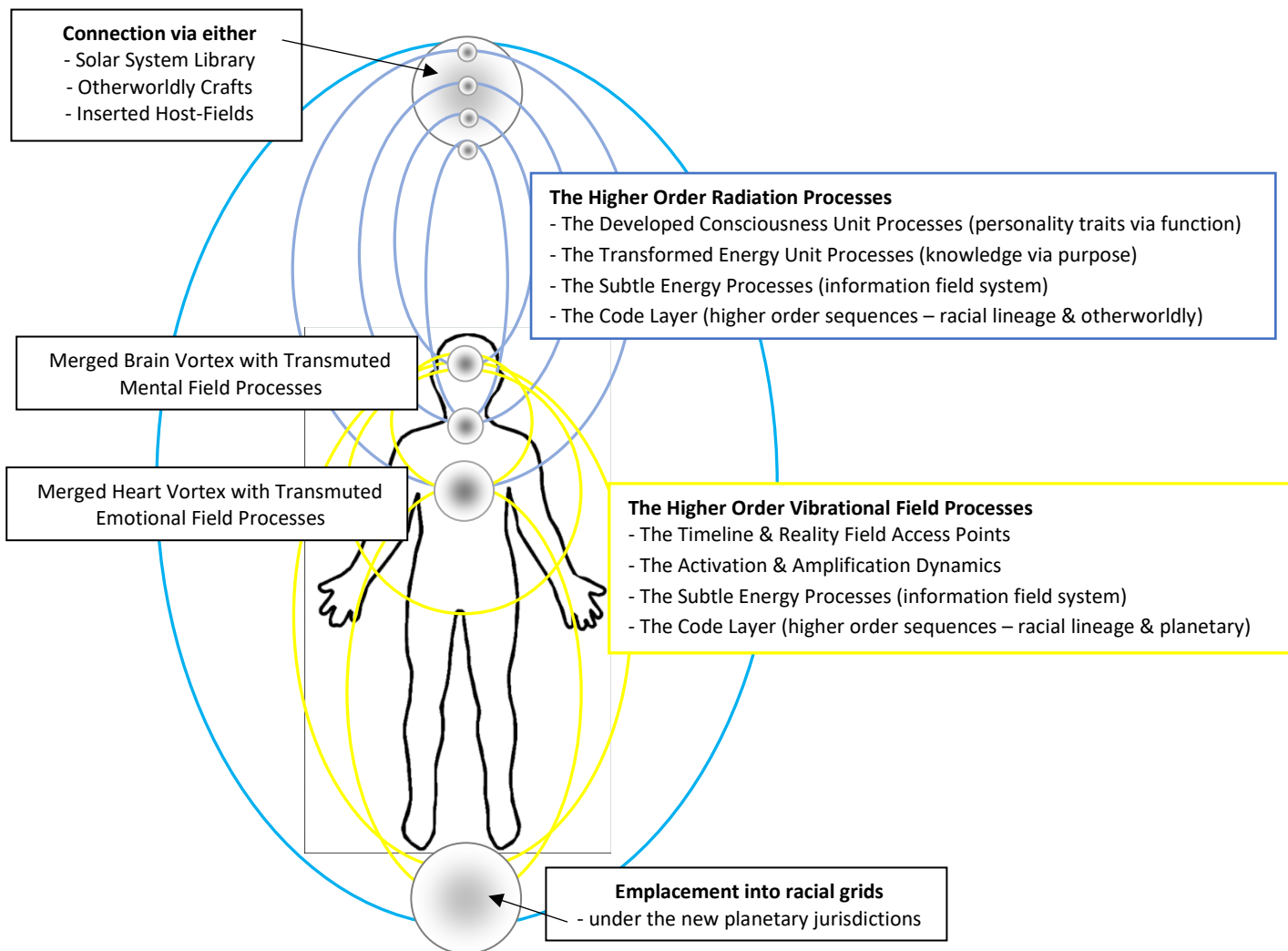
The lower order energy system is a composition of the mental and emotional field processes, experienced via inner sensations and thought processes, transformed into constructions defining self, others and reality. These constructions are articulated into verbal expressions or inner belief systems. Thus, the energy system processes define the concepts of self, other and reality.

The energy system can be worked with via three access points, from which we can access the different processes:

1. The Mid-Brain Access Point gives access to the mental field and its four layered processes, in combination with the Throat and Solar Plexus Access Points.
2. The Throat Access Point gives access to the “expression mechanism” of our psyche – it is our voice and the place where the inner and outer human processes can be expressed.
3. The Solar Plexus Access Point gives access to the “sensation mechanism” of our psyche – it is the process unit of the emotional and mental field kinetic processes.

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The Higher Order Energy System – After the Transition



The higher order energy system can be viewed as multilayered composition of several energy fields with different access points, energetic orientation and processes of consciousness and energy. It expands from the personal experiences into the reality fields of similar forms of energy fields and consciousness processes.

The higher order energy system is thus a composition of the processes of raw consciousness and energy units to be developed and already transformed consciousness units (the CUs) and energy units. The goal of these processes is to develop new forms of existence.

The Merged Lower Order Brain & Higher Order Radiation Processes

Transmuted Neuro-Electric Processes (biological and otherworldly) into expressing the functional CUs adapted to ego structure.
Transmuted Neuro-Chemical Processes (biological and otherworldly) into expressing the lower and higher order knowledge.
Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.
Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.

The Merged Lower Order Emotional & Higher Order Vibration Processes

Transmuted Electro-Chemical Processes (biological and otherworldly) into incorporating timeline & reality field dynamics.
Transmuted Nervous System Sensations (biological and otherworldly) into incorporating activation & amplification dynamics.
Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.
Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.