From the introduction to the videos 1-6, I use the illustrations from the Advanced Work with the Emotional Field to explain the advanced clearing work, and there add more layers to the Advanced Work with the EMOF material. Because of that, the entire material from the previous course is presented below, although this course develops the material further. In the final video, I discuss the deeper layers of the emotional field, which will lead to Course 2 in this series.

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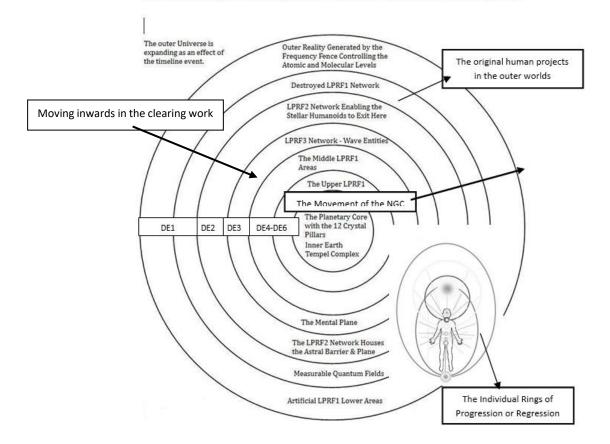
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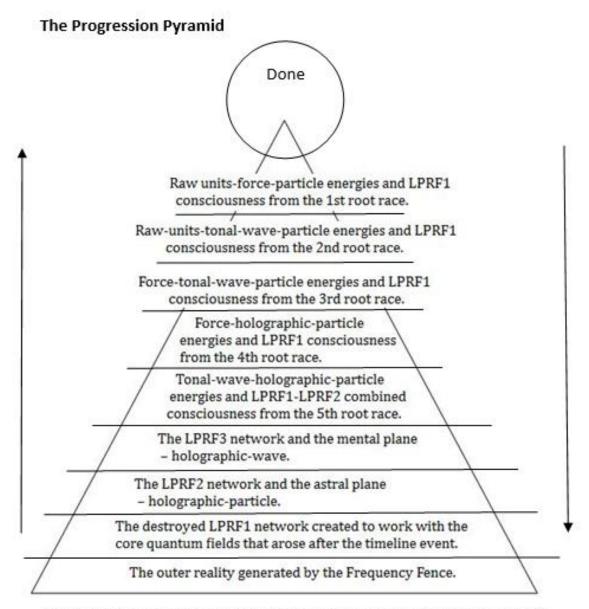
The LPRF1 Reality Fields – the Foundation of the Energy Systems

Horizontal Movement (relooping and reality programs to keep us stuck)

Our reality is surrounded by concentric circles of distorted energy. And then we have our outer world as well. From the earlier HAL material:

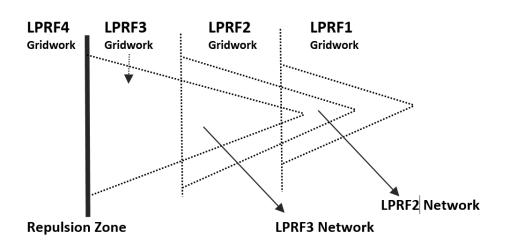


Vertical Movement (progression or regression spiral layers)



The progression pyramid is the mountain we have to climb to be able to progress out of our imprisonment and artificial modifications. We have to begin from below and work our way from the outer reality to the inner, and continue the cleansing, raising our energies in the chakras to the level, where they are not controlled by the astral, mental planes, or the remaining LPRF2 races existing here. When the planetary core is reached, we begin the reconstruction of the LPRF1 PES and the outer plane by transforming the lower planes of existence using the inner and higher planes to do so.

The gridworks and networks of the reality fields intersecting our reality field on the density levels.



The illustration shows how gridworks turn into networks. A gridwork is the central racial field of a LPRF holding the encoded energy units as well as the plan for that reality field as it was laid into the gridworks by the Progenitors. Only when the genetics link up to a gridwork are they able to progress.

The concentric domains as they unfold into our reality in density settings, where each domain covers several sub-fields, as explained in the HAL Books.

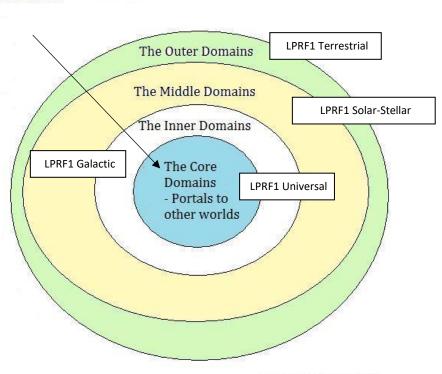
The Domains

The Core and Inner Domains permeate the Middle and Outer Domains as radiation and vibration.

All Creation unfolds from within and outwardly; not from the outside and in.

The Three Principles are the basis of the Core Domains.

The Inner Domains are the areas of the True Worlds.



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The Advanced Work with the Emotional Field

Firstly, we must understand that the higher awareness is not just an emotional exercise, leading to mysticism and the inner light of bliss and enlightenment; it is also a cognitive exercise using the higher order sciences to get to the point, where the mind can utilize the purified and adapted energies to fuel the higher order neural networks of the brain.

The new structural layers, working with different forms of energy, are constructed through the processes of our psychic-energetic work. Both the processes and the new neural networks are needed to process all higher dimensional information. Without the higher order structural layers, the brain only operates within the known frequency spectrum and within the limited brain wave information networks.

Secondly, we work with the basic idea that contemporary humans are the ancestors of extremely advanced human civilizations, which lived in our solar system long before science dates the origin of humans. We did not begin our evolutionary journey as hominids – we ended there after a consecutive series of really bad choices. This part is the reason why we embark on the psychic-energetic progression work; that is, to reach the potentials of what we once were and should have become in this evolutionary cycle of the 12 universal lineages.

We work to generate a new understanding of what it means to be the human ancestors of these advanced races, as well as how to foresee the future challenges and adapt to the incoming waves of changes our planet will undergo in the years to come. However, since most of the ancient knowledge and technologies are in the higher order levels of our reality, we cannot access these as we are now, but we can initiate the progressive and developmental journey to the best of our abilities by doing the clearing, timeline and template work, and make a deliberate effort to restore our potentials of advanced existence and undo our dim existence.

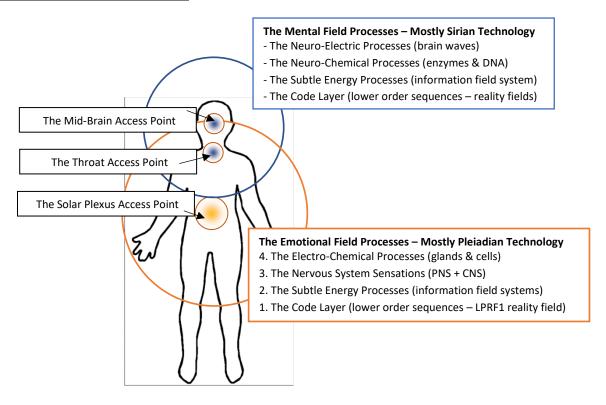
The premise is – listed up for further contemplation

- 1) The solar system humans (called true humans to differ from the downsized earth human, we are today) was an extremely advanced race with highly evolved capacities, allowing them to work consciously with energy on an individual, terrestrial and systemic level. They were progressive within the higher order sciences and had skillsets beyond our comprehension. Mostly because they had extremely complex combinations of energy and consciousness. The terrestrial vessels were not similar to the human vessels, we have today.
- 2) Due to wrongful use of the advanced technologies and wars among the true human races and the otherworldly races, the true human civilizations were estranged from the higher order worlds and placed into artificially controlled worlds, of which our planet is one.
- 3) The human DNA, cells and lower order energy fields hold the memory imprints of these civilizations. We can find traces of our ancestry in the collective unconscious, on the microbial levels and in the soil.
- 4) The advanced technologies are still placed within the band of the original density sections of our reality and if we get our original genetic signature back, we can operate these.
- 5) Present-day humans are bound to play out their hidden history in different relooping programs until they remember and begin to recreate their true purpose and heritage.

The lower order energy system is a composition of the mental and emotional field processes, experienced via inner sensations and thought processes, transformed into constructions defining self, others and reality.

The Clearing Work with the Access Points explained in videos 1-6

Two forms of energetic processes:



The lower order energy system can be worked with via three access points, from which we can access the different processes:

- 1. The Mid-Brain Access Point gives access to the mental field and its four layered processes, in combination with the Throat and Solar Plexus Access Points.
- 2. The Throat Access Point gives access to the "expression mechanism" of our psyche it is our voice and the place where the inner and outer human processes can be expressed.
- 3. The Solar Plexus Access Point gives access to the "sensation mechanism" of our psyche it is the process unit of the emotional and mental field kinetic processes.

Consequently, when we work with the emotional field, we work with its energetic levels, the constructed energy patterns and the material these are made of.

We can divide these into 4 sections of work, from the outside and in. Number 4 is the outer bio-energetic processes and number 1 is the inner core fields – here in more detail than on the illustration above:

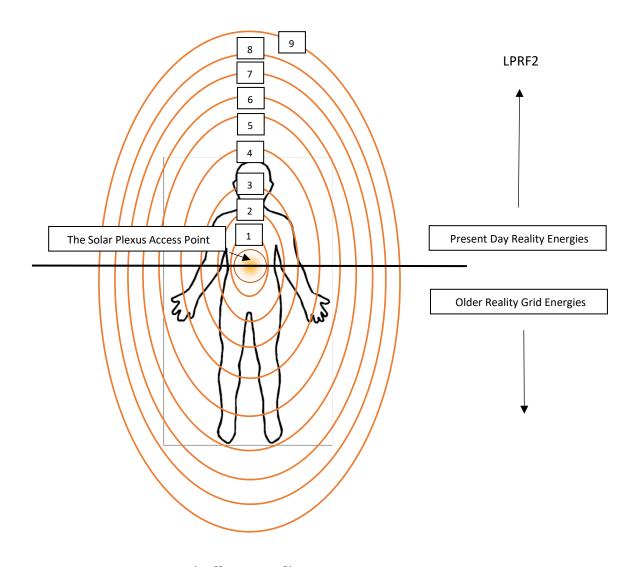
- 4. The electrochemical processes generated by the organs, glands and cells.
- 3. The nervous system sensations (subtle electrochemical) generated by the PNS.
- 2. The even more subtle psychic-energetic information levels of which there are 9 (8).
- 1. The code layer in the lower order sequences connected to the same levels in the reality field.

Via the sciences behind the different levels and energies of the emotional field, the work gets more advanced but also in some sense clearer. The levels are to be worked with and transformed through the opposition dynamics of inner-outer interactive potentials.

The even more subtle psychic-energetic information levels (number 2) hold energies connected to LPRF2 technologies and distortion energies, inserted after the hijacking. These are part of the LPFR2 regressed and depleted racial grids. This transformation work can be divided into 9 levels – here expanded:

- 1. Bio-energetic processes unconscious electrochemical processes in organs, glands and cells.
- 2. Subconscious level; fantasies dreams (technology).
- 3. Collective consciousness field; archetypes entities collective base program energies.
- 4. Lower astral material; the residual levels of the past and past lives.
- 5. Parasitic level; TEGs and their subsequent fueling of the energy patterns.
- 6. Astral entities and elementals (LPRF2 fragments) transform into the "Buddhi Level" (Middel Domain).
- 7. The world corners; huge entities with LPRF2 genetics bits from the destroyed terrestrial LPRF1 network.
- 8. The visitor areas under the inserted regressed LPRF2s and their technologies (colonizers).
- 9. Infected LPRF2 network attached to the artificial 4th dimension programs (mainly semi-android races).

Below is an illustration of the concentric circles the 9 subtle psychic-energetic information levels create in our emotional field:

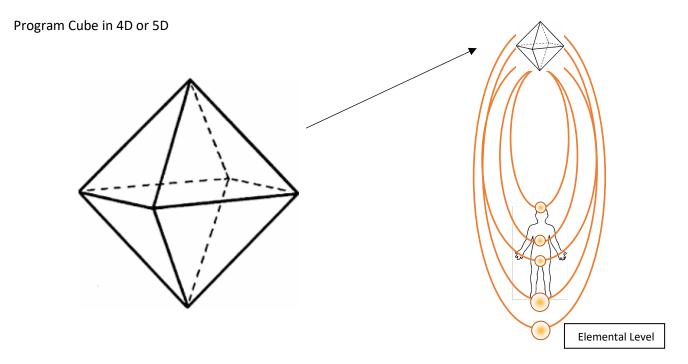


The foundation of the work is to use the techniques developed in the psychotherapeutic work – getting to know who and what you are in this life and the processes of how to gain psychic-energetic balance – and then use the same modalities to do the inner work as we move deeper into the sub-layers of the emotional field.

Therefore....

- 1) The main goal of our work is to clear the regressed LPRF2 and infected LPRF3 inserted genetics, technologies and distortion fields from the three lower energy fields...
- 2) To get there we must work with the psychic-energetic transformation processes of the three lower fields in the lower order energy system....
- 3) Everything is interconnected....from the reality field energies to the energies of our higher and lower energy systems, and into the smallest unit found in the cellular construction.
- 4) When we work with one layer, we also work with the other intersecting energy fields on the levels or dimensions we work with.
- 5) The lower forms of energy we use, the smaller the changes will be due to high distortion.
- 6) When we begin to use the higher forms of energy, the changes become more noticeable.
- 7) Thus, in the clearing work with the emotional and mental fields, we simultaneously work with the cellular construction and cellular information retrieval since the layers of the three lower fields are represented in the cellular structure, as depicted on the next page.

As promised in the video a visual of the cube and how it is connected to the rings:



The Construction of a Cell (LPRF1)

Cellular
Core
Mental
Energies

Emotional-Astral Energies

The perimeter of emotional energies holds at least 9 levels of distortion to be worked with, all depending on the lower field blueprint:

- 1. Unconscious electrochemical processes.
- 2. Subconscious level; fantasies dreams.
- 3. Collective consciousness field; archetypes entities.
- 4. Lower astral material; the residual levels of the past.
- 5. Parasitic level; TEGs and subsequent energy patterns.
- 6. Astral entities and elementals (LPRF2 fragments).
- 7. The world corners; huge entities with LPRF2 traits.
- 8. The visitor areas under the regressed LPRF2s.
- 9. LPRF2 network attached to the artificial 4D programs.

The bio-field behind the cell is made of the destroyed LPRF1 network, with its now infected, contaminated and distorted energies and genetic fragments (the holographic blueprint of the cell) and on top of that is added the astral and mental fields composed of distorted energies from the inserted LPRF2 and LPRF3 networks.

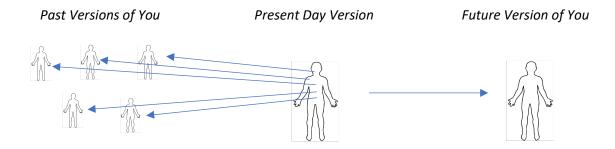
The core of mental energies and holds at least 7 levels of distortion to be worked with, all depending on the lower field blueprint:

- 1. Human thought forms and belief systems.
- 2. Regressed LPRF2 energy patterns with mental energy.
- 3. Lower timeline level; bugs and residuals from the past.
- 4. Lower LPRF3 insertions and interception holographic content.
- 5. Field of infected LPRF3 fragments 3rd cycle.
- Lesser infected LPRF3s clusters from the Timeline Event in the upper frequency bands of the mental plane.
- 7. Infected LPRF3 network bridging into the artificial 5D programs.

The energetic perimeter of the cell is connected to the identical layers of the emotional field and the identical layers in a chakra. However, these layers depend on the lower field blueprint. So, what is that blueprint?

The individual lower field blueprint (not the bio-field code layers) is built up this way:

- 1. The merged lower energy fields of the parents lay the blueprint of the 3 lower fields.
- 2. Then, the 3-field blueprint is coded by the circulating energetic coding from the past life lower fields.
- 3. The past life codes regulate the cellular blueprint and the content of the emotional and mental fields.
- 4. The code layers from the past lives also determine the type of genetic fragments in the 3 lower fields.
- 5. The emotional layer unfolds the coding from the past lives into patterns by drawing in distortion energies from the racial grids and LPRF2 networks. This also generate the perimeter of the cells.
- 6. These levels hold the energetic interaction potentials in the energetic patterns in both the mind-field and the emotional field. The energetic patterns in both fields are controlled by the content of the distortion fields and subsequent remaining technologies from the LPRF2 network.
- 7. These layers also determine the possibility rate of progression.



Using Self-Healing in the Advanced Emotional Field Work

In the HAL Basic Energy Work Course, we work with different techniques to clear the energy patterns, the crystallization and energetic residuals arising from the LPRF2 regressed genetics and technologies (OWO). The emotional field map on page 6 can be utilized in that work too. Actually, it expands the work that was taught in the HAL Basic Energy Work Course. When clearing an organ, it is possible to connect it to a specific layer in the emotional field, and the concentric circle it unfolds from. It is also possible to find its opposition, energetically speaking, that is as above and below the diaphragm, or to the left or right of the concentric rings constituting the emotional field.

There is more to learn in the psychic-energetic processes from an advanced emotional field perspective:

Step 1: The ability to self-scan your emotional field

All sorts of physical sensations (pains, heaviness, nausea etc.) are all signs of energetic unbalance or negative energetic activity. You use the 3-step ladder of perception to scan and get to the root of any physical, emotional or mental reaction.

- I. What is it from a normal awareness level?
- II. What is it from a double awareness level?
- III. What is the energetic information behind from a higher order awareness level?

Step 2: The ability to achieve energetic transformation in the healing work Firstly, answer what you think it means to achieve energetic transformation.....

- I. From a normal awareness level?
- II. From a double awareness level?
- III. From a higher order awareness level?

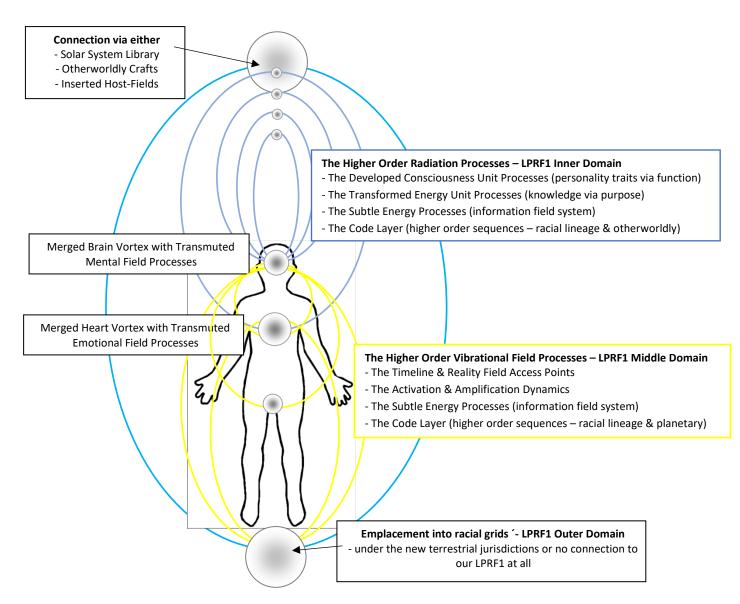
Then ponder upon how you would engineer self-healing exercises to achieve this energetic transformation in your daily energy work.

Step 3: The ability to achieve a higher vibrational state in the healing work Firstly, answer what you think it means to have a higher vibrational state.....

- I. From a normal awareness level?
- II. From a double awareness level?
- III. From a higher order awareness level?

Then ponder upon how you would engineer self-healing exercises to achieve this higher vibrational state in your daily energy work.

The Higher Order Energy System - Density Energies



The higher order energy system can be viewed as multilayered composition of several energy fields with different access points, energetic orientation and processes of consciousness and energy. It expands from the personal experiences into the reality fields of similar forms of energy fields and consciousenss processes.

The higher order energy system is thus a composition of the processes of raw consciousness and energy units to be developed and already transformed consciousness units (the CUs) and energy units. The goal of these processes is to develop new forms of existence.

The Merged Lower Order Brain & Higher Order Radiation Processes

Transmuted Neuro-Electric Processes (biological and otherworldly) into expressing the functional CUs adapted to ego structure. Transmuted Neuro-Chemical Processes (biological and otherworldly) into expressing the lower and higher order knowledge. Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems. Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.

The Merged Lower Order Emotional & Higher Order Vibration Processes

Transmuted Electro-Chemical Processes (biological and otherworldly) into incorporating timeline & reality field dynamics.

Transmuted Nervous System Sensations (biological and otherworldly) into incorporating activation & amplification dynamics.

Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.

Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.