

# The HAL Academy – The Psyche as Energy

*In this online course, you get a new perspective on the psyche, its function and architecture. The idea is to use the HAL Sciences to achieve a new explanation models to work from, by which we can generate the energy system on the developmental level fitting our template.*

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## Different Approaches

We can view the psyche from many angles:

1. As within the concepts of contemporary psychology.
2. As bio-chemical and neurological processes.
3. As energy fields inclusive the chakra system and the glands, as proposed in the Alice A. Bailey and similar material.
4. The HAL Basic Psychology Approach.
5. The HAL Science Approach.

Whatever theory we choose to work with will be a frame of reference from which we interpret the processes of the psyche. Let us look into some of the frames of reference, or psychotherapeutic theories:

### *Sigmund Freud and psychoanalysis*

If we use the psychoanalytic approach, we work within the framework of Sigmund Freud and his interpretation systems and concepts of denial, suppression as part of subconscious processes which can act out in energetic processes such as emotional transfer, counter transfer, projection, introjection etc. We understand the energetic processes within these concepts limited to the conscious and the subconscious material of the personality.

*Learn about the Freudian Approach on the free Coursera Courses:*

Know Thyself - The Value and Limits of Self-Knowledge: The Unconscious

<https://www.coursera.org/learn/know-thyself-the-unconscious>

### *Carl Gustav Jung and the individuation process*

If we view the psyche and its processes from the angle of C.G. Jung, we will work in a Jungian way. We will utilize concepts as shadow work, integration processes, the anima and animus, archetypes, collective consciousness, the personal myth etc. and whatever we experience will be interpreted within these concepts and frames of reference. In dream interpretation processes, creative imagination and analytical work, we can move beyond the mere biological processes and enter into the archetypal level and collective level of humanity mind, where so-called entities can inflate us from our own subconscious since it is part of the collective consciousness.

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Introduction to Carl Jung - Individuation, the Persona, the Shadow, and the Self

<https://youtu.be/uhAeXyVDDTc>

## *Contemporary Theories*

Here we find cognitive therapy, PTSD, reframing, to name a few.

*Learn about Psychology & Neuroscience on the free Coursera Courses:*

<https://www.coursera.org/search?query=psychology&>

## *The Spiritual Approach*

If we work within the ideas proposed by Alice A. Bailey and similar spiritual systems based upon the old Brahmin teaching systems, the psyche is composed of etheric, astral and mental energies, can be controlled by the work with chakra system, in order to integrate the three higher types of energy, i.e., Atma, Buddhi and Manas and from there the soul can become part of the physical form. The psyche aka the personality is to become a permeable extension to something higher within us, and its place is thus not as the main object of focus, but the tool to transform the lower energy fields into their higher equivalent.

## *The General HAL Approach*

The higher awareness approach is a synthesis of these systems, added with existential ideas and the ancient history of the solar system humanity, found behind the contemporary teaching systems within the higher layers of the thought forms as part of the holographic grid, which once played a vital role in the continuation and handover of the racial consciousness memories; albeit downgraded to the distorted versions found in mythology and religion. It also rests upon the HAL Philosophy ideologies.

*Exemplified in the following HAL Academy Courses*

1. The HAL Advanced Classes 1-4
2. The Future Human Project Classes 1-4

To continue this exploration journey of what the psyche is, it is time to move beyond the current frames of references, as listed above, and develop further structures from which the emotional-electrochemical processes of the organic vessel can be interpreted conceptualized and understood. This brings us to the HAL Sciences Investigative Approach.

## *The HAL Sciences Investigative Approach in this course*

The HAL Science approach is based upon the template sciences, and the work to integrate the higher order energy system into the lower order fields. It also connects the idea of the original personality traits and how they might, or might not, affect the lower order ego structure. The idea in this course is to investigate if there can be an impact of the higher order personality into the lower order ego structure and if so, what does that mean for our integration, transformation and transition processes?

*Notice:*

**Higher Order Personality** is the true human or true humanoid personality traits, knowledge and experiences.

**Lower Order Ego Structure** is the “in this world” result of the mental, emotional and bodily processes.

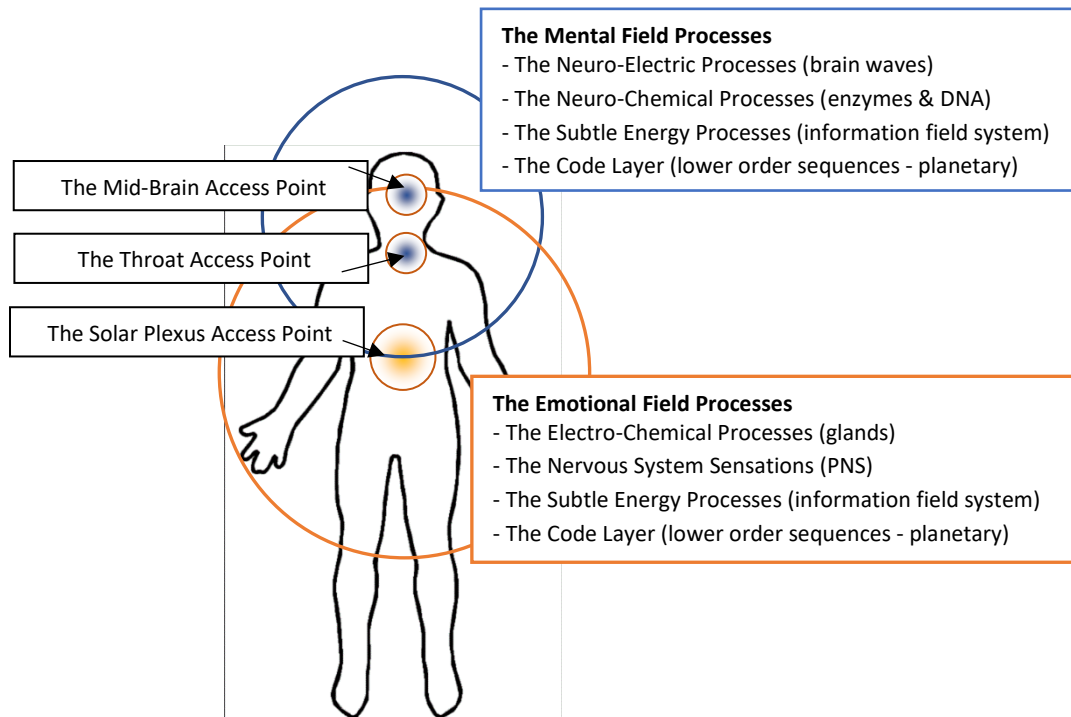
# The HAL Academy – The Psyche as Energy

## The Architecture of the Psyche

The psyche is the sum of multiple processes expressed into two main sections of fields, which are composed of different forms of energy. The two main fields operate within various processes from which the different forms of energies are experienced, transformed and expresses into reality perception.

### *The Lower Order Ego Structure Processes*

Two forms of energetic processes:



*The lower order ego structure can be viewed as a composition of two energy fields (the mental and emotional) with different access points, energetic orientation and processes of mind and emotions.*

*The lower order ego structure is a composition of the mental and emotional field processes, experienced via inner sensations and thought processes, transformed into constructions defining self, others and reality.*

*These constructions are articulated into verbal expressions or inner belief systems.*

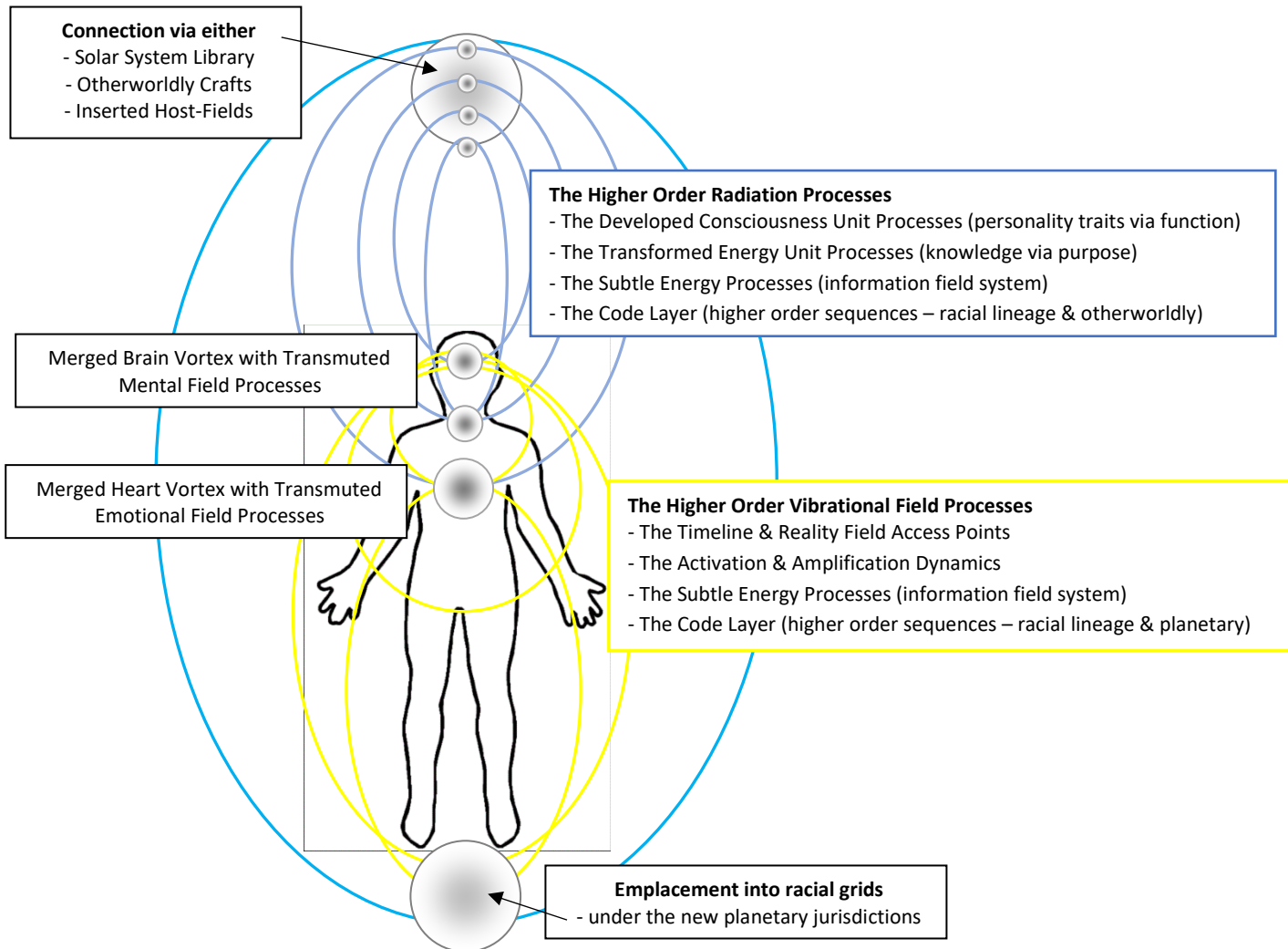
*Thus, the psychic processes define the concepts of self, other and reality.*

The psyche can be worked with via three access points, from which we can access the different processes:

1. The Mid-Brain Access Point gives access to the mental field and its four layered processes, in combination with the Throat and Solar Plexus Access Points.
2. The Throat Access Point gives access to the “expression mechanism” of our psyche – it is our voice and the place where the inner and outer human processes can be expressed.
3. The Solar Plexus Access Point gives access to the “sensation mechanism” of our psyche – it is the process unit of the emotional and mental field kinetic processes.

# The HAL Academy – The Psyche as Energy

## *The Higher Order Personality Processes in Human Form – After the Transition*



*The higher order personality can be viewed as multilayered composition of several energy fields with different access points, energetic orientation and processes of consciousness and energy. It expands from the personal experiences into the reality fields of similar forms of energy fields and consciousness processes.*

*The higher order personality is thus a composition of the processes of raw consciousness and energy units to be developed and already transformed consciousness units (the CUs) and energy units. The goal of these processes is to develop new forms of life.*

### **The Merged Lower Order Brain & Higher Order Radiation Processes**

Transmuted Neuro-Electric Processes (biological and otherworldly) into expressing the functional CUs adapted to ego structure.

Transmuted Neuro-Chemical Processes (biological and otherworldly) into expressing the lower and higher order knowledge.

Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.

Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.

### **The Merged Lower Order Emotional & Higher Order Vibration Processes**

Transmuted Electro-Chemical Processes (biological and otherworldly) into incorporating timeline & reality field dynamics.

Transmuted Nervous System Sensations (biological and otherworldly) into incorporating activation & amplification dynamics.

Transmuted Subtle Energy Processes (biological and otherworldly) into expressing the dual information systems.

Transmuted Code Layer (lower order planetary and higher order otherworldly) into expressing the dual code layer systems.