

# The HAL Academy – The 2025 Timeline Forerunner Course 1

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*As forerunners we work with the sciences of the future, pioneering for solutions that will cover the obstacles, challenges and sciences needed to solve the transition problems ahead of us. However, the first very important steps are to understand what a forerunner is, what it takes and the psychological traits are.*

## **The Needed Skillsets of a 2025 Timeline Forerunner:**

- Mental and emotional abilities to adjust to changes, following the 5<sup>th</sup> cycle dynamics
- High-functionality emotionally, mentally and physically, to address and cope with 5<sup>th</sup> cycle challenges
- Resilience, and skills to develop resilience, in times of energetic resistance and counter energies
- A flexible personality structure needed to develop the transformation and transmutation skills
- Ability to read and understand energetic trends and energetic patterns, both locally and globally
- Ability to decode information streams correctly, both locally and globally
- Timeline alteration ability and the ability to jump timelines, both locally and globally

The HAL 2025 Timeline Forerunner Course 1 entails text, 10 podcasts and 2 email Q&As. The text is explained in the podcasts, uploaded into a private group on Vimeo, along with other information to cover the trends and patterns of the future. The duration of each podcast is between 35-55 min.

Further information will be explained in the welcome email, along with access to the private Vimeo Group holding the videos.

## **The 2 Email Questions**

You have the possibility of 2 email questions regarding the content of the videos. This offer expires 2 months after the buy. Naturally, the questions are ONLY to the material in the videos and not any personal issues. For personal issues and the deeper personal enquiry of the timeline material, you are to do the HAL Sessions.

## **The Terms of Payment**

You get access to the courses by paying the fee of 120 EUR. The fee covers the podcasts, the text material and the 2 email Q&As.

## **How to Do This**

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, etc. If you are new to the HAL Academy Online Courses, you need a free account on Vimeo. Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

## **How to Get Access to the Videos**

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>
- 4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*
- 5) I will then invite you and you will get an email from Vimeo, inviting you into the group with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.