

# The HAL Academy – The Advanced Work with Nutrition

Randi Green © 2021

## **Overview of the Course the Advanced Work with Nutrition**

In this online course, the idea is to convert what has been taught in the HAL Transition Science Courses into the work with nutrition and how to keep up the energetic properties to live our daily lives in the transition processes. The goal is implementation and a new perspective of reality, using the newly achieved tools. Here, in this course, we work from an advanced energetic-perception level, dealing with the energies from the stars, the moon, the planet and the energies of the sun, amongst many other approaches of the work.

Included in the course material are 10 videos explaining the text material in details. The course material will be sent to you in the welcome email, along with access to the private Vimeo Group holding the videos.

## **The Advanced Work with Nutrition**

*Holds 10 videos and text material:*

### *Content*

- The LPRF1 Reality Fields - the Foundation of the Energy Systems
- The 4 Foundational Energy Groups
- ATE Pleiadian-Sirian Project
- The Advanced Energy Work
- The Extras in this Course

The duration of all videos is between 35-55 min each.

## **Important**

To get the full use of course material it is a good idea to have completed:

- The Basic HAL Ideas Classes & Courses.
- Have access to the other HAL Books.
- Having done the free HAL Project Material.
- Having done the other HAL Transition Science Courses.

The course starts out with 2 introductory videos and then enters into the HAL Transition Science approach to the advanced work with nutrition, and what nutrition actually is – energetically speaking - along with the work we need to do to maintain our energetic environment, which is important in our progression work.

## **The 2 Email Questions**

You have the possibility to write 2 email questions to me regarding the text material or the content of the videos, while you do the course. Naturally, the questions are ONLY to the material of the course and not any personal issues. For this you are to do a HAL Session with me.

## **The Terms of Payment**

You get access to the courses by paying the fee of 125 EUR. The fee covers the course material and the 2 email Q&As.

## **How to Do This**

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, etc.

# The HAL Academy – The Advanced Work with Nutrition

Randi Green © 2021

If you are new to the HAL Academy Online Courses, you need a free account on Vimeo.

Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

## **How to Get Access to the Videos**

1) You sign up for Vimeo <https://vimeo.com/>

2) Choose the basic and for free membership.

3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>

4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*

5) I will then invite you to the course and you will get an email from Vimeo, inviting you into the group (there is only one group this time) with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.