

# The HAL Continuation Group Class 1

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## **The HAL Continuation Group Class 1 in 2023**

The HAL Continuation Group Class 1 works with the next set of changes in our energy system, our higher order genetics and what is coming our way from the galactic and universal levels. It is a continuation of the HAL Classes & Courses, incl. the HAL Integration and Transition Classes.

## **The HAL Continuation Group Class as HCC1-A or HCC1-B**

In the HAL Continuation Group Class 1, we discuss the information provided in the text and video material. We meet up once a month in a Skype group call over 4 months (from February to May). *You pick one of the HCC1 options, i.e. to join either the HCC1-A (the second Sunday) or the HCC1-B (the last Sunday in the month). You choose, when you sign up and that will be your class for the 4 months.*

In the meetups we discuss the material from a theoretical point of view. I begin the meetups with a lecture on topics relevant for a progression of the material.

The HAL Continuation Group Class 1 consists of 4 meetups, several videos uploaded on Vimeo in a private group and text material sent to you before the class begins. The text and videos provide the background information for the group class.

## **Some of the Themes**

- *What can we expect, being present here on this planet during its energetic changes?*
- *The continued impact on us and others?*
- *What is the strategy for our continued work?*
- *Where and what are the other races, on our planet, doing this year?*
- *And what comes up over the year.*

## **The Monthly Skype Meetup at 8pm Danish time**

We meet up over Skype in a group call once a month, at 8pm Danish time, all depending on what class you attend (HCC1-A or HCC1-B). There will be given a lecture in the beginning of the meetup and then we work with the material of the month. Remember to check for DST.

- Each meetup has the duration of 1-2½ hour, all depending on the activity of the group.
- The quality of the quarterly meetup depends on the group entirely, since it is up to the group members to present thoughts and ideas on the information provided in the videos. Not in the form of questions, but in the form of thoughts derived from working with the material.
- **To ensure the highest energy in the call, it will not be possible to discuss personal issues or relate to experiences with other people. Talking about other people will invite whatever they hold to the meetup, because what we give energy will be drawn to us.**

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## **The Terms of Payment**

You sign up by paying the signup fee of 110 EUR. The signup fee covers the first month of the class beginning in February 2023. Then from March 2023 and until May 2023, you pay 110 EUR per month using the subscription link sent to you in the email with the class material. The monthly 110 EUR, for the remaining 3 months, will be paid automatically from PayPal. Once all payments are done, the subscription ends automatically.

- You can leave the HAL Continuation Group Class 1 at any time, by ending your subscription (and informing me). Ending the HAL Continuation Class 1 should therefore be at the end of a month.

## **The Dates for the Meetup of HCC1-A (the second Sunday of the month)**

*The Meetup will be on the following dates at 8pm Danish time*

### **Sunday February 12<sup>th</sup> 2023 at 8pm Danish time**

*What can we expect, being present here on this planet during its energetic changes?*

### **Sunday March 12<sup>th</sup> 2023 at 8pm Danish time**

*The continued impact on us and others?*

### **Sunday April 16<sup>th</sup> 2023 at 8pm Danish time**

*What is the strategy for our continued work?*

### **Sunday May 14<sup>th</sup> 2023 at 8pm Danish time**

*Where and what are the other races, on our planet, doing this year?*

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## **The Dates for the Meetup of HCC1-B (the last Sunday of the month)**

*The Meetup will be on the following dates at 8pm Danish time:*

### **Sunday February 26<sup>th</sup> 2023 at 8pm Danish time**

*What can we expect, being present here on this planet during its energetic changes?*

### **Sunday March 26<sup>th</sup> 2023 at 8pm Danish time**

*The continued impact on us and others?*

### **Sunday April 30<sup>th</sup> 2023 at 8pm Danish time**

*What is the strategy for our continued work?*

### **Sunday May 28<sup>th</sup> 2023 at 8pm Danish time**

*Where and what are the other races, on our planet, doing this year?*