

The HAL Progression Work Coaching

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The HAL Progression Work Coaching Package

Over a period of 3-4 month, we work together to form a platform, from which you can create or adapt your HAL Progression, Clearing and Inner Work Methods.

First, we do a 1-1½ hour private Skype Session. Afterwards, I create a personalized ideas-for inner work paper adapted to your process.

You utilize the 2 email sessions to follow up and ask questions to the work paper.

I will function as a coach and facilitator to support your processes of change and new ideas.

The Skype Coaching Session

The duration of the Skype Coaching Session is set to 1-1½ hour. You can record the session using the option Skype offers. However, this recording is private and should not be shared with anyone else. It is only for your private use.

After the session, you work on your own to achieve what we have talked about, utilizing the work-paper and the 2 email sessions.

The 2 Email Sessions

In each email session, you write the issue you want feedback on. The goal is not always to give the solutions but to instigate the iteration process from which you get the push to continue your progression process.

The Terms for the Payment

You begin with paying the fee of 250 EUR for the HAL Progression Work Coaching Package via PayPal. All is included. Then a welcome email will be sent to you on the email address, you have used on PayPal.

In the email, I give instructions on terms and conditions, my Skype name, and possible dates for the Skype Coaching Session. You will get multiple options to choose from.

Please notice, the Skype Coaching Session will not be offered right away with the payment. Dates must be agreed upon, so you might end up paying a month or two ahead.

The session will be placed on either workdays or in the weekend at 8pm Danish time.

Check out your time difference here https://www.worldtimeserver.com/current_time_in_DK.aspx

The Work Paper

At the end of the Skype Coaching Session, I give a verbal overview of our talk, where I highlight what we have talked about.

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Within the first week after our Skype Coaching Session, I generate the work paper, where I utilize the energetic imprints and ideas our conversation has leave in me (which I of course clear out, but you will still have your energy system with what it holds of patterns etc. My clearing is only the imprint in my field and not in yours).

The work paper will be sent to you, via the email address provided, either as a PDF and/or as a 15 min mp4 attached to the email.

Cancellation

The appointment can be cancelled latest one day before the scheduled talk and rescheduled into a new meetup. Naturally, if you are sick, on the day in question is all right too.

Should you fail to meet up at the appointed time without one days' notice, there will be no rescheduling.

150 EUR from the payment will cover the time wasted, and the remaining 100 EUR will be refunded.