

# On NGC Transition Courses 1-2

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## **Overview of the NGC Transition Courses 1-2**

The New Grand Cycle Courses 1-2 cover the next steps of the progression work and why we should do it. The explanatory videos explain the progression work seen in context to the new grand cycle (the NGC). The text material is written specifically for the NGC courses.

Included in the course material is the HAL Philosophy book, which will be sent to you in the welcome email, along with the other material.

## **The NGC Transition Courses 1-2**

*The NGC Transition Course 1 & 2 with 8 videos and text material:*

- The HAL Philosophy book in PDF.
- The Work Ahead of Us.
- The DE2 Progressive Energy Body.

The duration of all videos is between 15-55 min each.

## **Important**

To get the full use of the NGC Transition Courses 1-2, it is a good idea to have completed:

- All the HAL Classes & Courses.
- Have access to the other HAL Books.
- Having done the free material.

The NGC Transition Courses 1-2 complete the progression work, and begin the transition work ahead of us, as well as starting up the transition psychology.

## **The Email Questions**

You have the possibility to write 4 email questions to me regarding the text material or the content of the videos, while you do the NGC Courses 1-2. But remember; as you go through the HAL Classes & Courses, most of what you can think of regarding the progression work, will be answered. And again, only questions to the HAL Material.

## **The Terms of Payment**

You get access to the courses by paying the fee of 135 EUR. The fee covers the HAL Philosophy Book in PDF, 4 email Q&As, text material for the two courses and 8 videos.

## **How to Do This**

You begin with paying the fee on PayPal. Then, when I get the notification from PayPal, the material is sent to you on the email address, you have used on PayPal. In the email, I give instructions on how to get access to the videos on Vimeo, but in essence, you need a free account on Vimeo.

Once I get your Vimeo account name – you will send that to me – I will follow you and then I can invite you to the videos. As I write in the welcome email:

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## **How to Get Access to the Videos**

- 1) You sign up for Vimeo <https://vimeo.com/>
- 2) Choose the basic and for free membership.
- 3) Find my account and follow me. Click here: <https://vimeo.com/user40156198>
- 4) *Please let me know when you have followed me by sending me an email with your Vimeo name.*
- 5) I will then invite you to the NGC Transition Courses 1-2 and you will get an email from Vimeo, inviting you into the group (there is only one group this time) with the videos, either in the message box on Vimeo or directly to the email, you signed up with on Vimeo.

And naturally, do all the free material on the website.