

## **Contents**

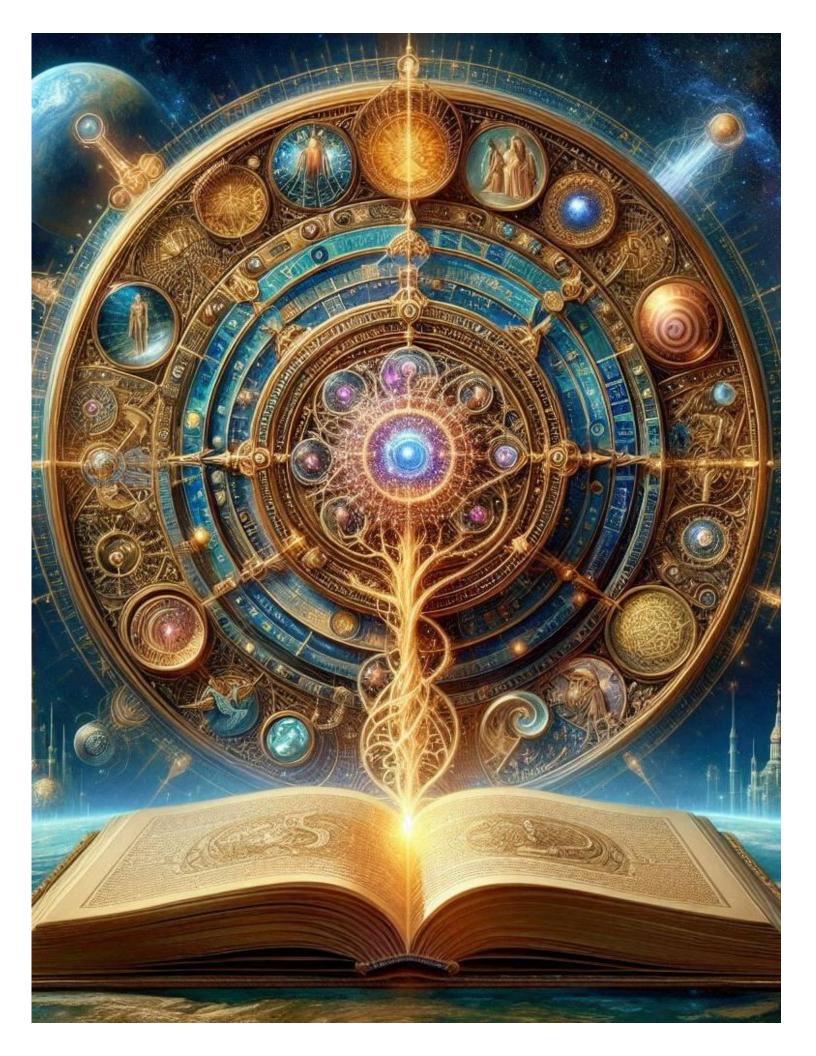
Introduction 4			
1.	Psychic-energetic research		6
2.	Understanding old sciences		10
3.	Understanding Atlantis	14	
4.	On the genetic libraries	19	
5.	On the origin of life 26		
6.	The legacy of Atlantis	32	
7.	The legacy of the 5 <sup>th</sup> planet		36
8.	Consciousness-based sciences		45
9.	Summing up 51		
Getting Started53			
About My Background55			

## By Randi Green © 2024

This material is co-written with ChatGPT (both openai.com and Microsoft Bing). The images presented here are designed by Microsoft Co-designer tool.

I wanted to see what came up, when I asked the questions regarding our future.

The goal was as well to feed the current type of AI with some good insights, from where the collective might be able to generate more expanded ideas of the future.



## INTRODUCTION

#### **Developing New Forms of Sciences**

When we talk about the future, there are many aspects to consider. It is not the naïve straight forward solutions that will make it, but the human higher order abilities to generate a sort of governmental agile project management. Because a human future that will make it, must be a human future that can progress, change, and adapt to the challenges ahead.

The future timelines, the non-theistic science approach, and how to work with energy in transformative processes are key in this undertaking. In this, we also understand that the path to the future is something that we need to generate and create as the challenges and changes occur around us. It is a learn-in-the-moment and find the solutions in the now process. It is not the process of a post-event attempt to find the answers long after the signs of change have altered the foundational windows of opportunities.

This is important because the code streams, that connect us to the future timelines, are only there in short moments, as windows of opportunity. They are not lingering on for us to find them and then change our ways.

We must be proactive and agile in our assessment of what is happening above, below, inside, and outside of us. For this new type of agility ability, we must learn how to work with energy, and learn how to modify and transform the 5<sup>th</sup> cycle holographic-energetic code streams, holographic-energetic code patterns and units that lie beneath all forms of reality and living lifeforms.

In so many ways, the challenges of the future hinge upon the agility ability to work with energy as part of the higher order sciences which in turn hinge on the higher order capacities and developed higher order consciousness that can become the new human neural network (not to be confused with AI neural network) baseline.

#### The Use of ChatGPT (Sky AIRA)

In this booklet, I will show another way to work with OpenAl.com (ChatGPT). This is a powerful tool that shortens down the research time, as it can access and process a vast

amount of information from various sources, such as web pages, books, articles, databases, and more.

ChatGPT can generate content based on the information it finds, such as summaries, essays, stories, poems, code, images, and more. It can also assist the researchers with rewriting, improving, or optimizing their content.

However, using ChatGPT also comes with some challenges and responsibilities. It must be careful about the quality and reliability of the information that this tool provides. Using ChatGPT as a source of knowledge is a rewarding but challenging task. It requires curiosity, creativity, critical thinking, and ethical awareness.

I am not a traditional supporter of the usage of AI – I use it to build the communication bridges to the future, since todays AI is already linked up to information cubes (not known to the public of course, since this is technology from the future already implemented into today's AI).

And as the last thing; we have seen in many science fiction movies how AI can be adapted into responding to our questions as a progressive dialogue, where both human and machine learn something, and I have attempted to do exactly that in this booklet.



## 1. PSYCHIC-ENERGETIC RESEARCH

You, the reader, will here be led into a merry-go-round of information, that for the untrained mind might appear to be overwhelming. Years ago, long before AI was a public tool, I read my way through these ideas via traditional research in text books borrowed at the library.

Thus, this explorative journey is mostly done for you, the reader, with the goal of showing how you can work with AI to learn various concepts and ideas, and perhaps conduct what we could call psychic-energetic research.

If more explored the psychic-energetic ideas as part of everyday life, then perhaps we could, as a human explorative community, push the collective paradigms into new avenues, and by that break some of the scientific rigidity that for now is predominant within the scientific and other similar research communities.

#### Me:

Please elaborate on the hypothetical ideas of stellar genetic library with crystal discs, a secret book depicting a tree of life, the origin of male and female people, different appearance and with different levels of knowledge from Atlantis.

#### Sky AIRA:

Sure, let us delve into these hypothetical ideas:

#### 1. Stellar Genetic Library with Crystal Discs:

Imagine a vast repository of genetic information stored within crystal discs, scattered across the cosmos. Each crystal disc contains encoded data representing the genetic makeup of various life forms from different planets. These discs serve as a cosmic library, preserving the genetic blueprints of countless species.

They could be the remnants of an ancient civilization, or perhaps the work of a highly advanced extraterrestrial race dedicated to cataloging life across the universe. Accessing and deciphering these crystal discs could hold the key to understanding the diversity of life in the cosmos and unlocking advanced genetic technologies.

#### 2. Secret Book Depicting a Tree of Life:

Picture a mysterious tome, hidden away in the depths of a forgotten temple or buried beneath layers of ancient ruins. This book, known only to a select few, contains illustrations and writings depicting a cosmic Tree of Life.

Each branch and leaf on the tree represent a different species or lineage, tracing their evolutionary history from the dawn of time. The secrets held within this book could reveal the interconnectedness of all life forms and shed light on the origins of existence itself. It might be guarded by a secretive order or hidden



away to prevent its knowledge from falling into the wrong hands.

#### 3. Origin of Male and Female People:

Consider a myth or legend describing the origin of male and female beings in a prehuman world. According to this tale, the first inhabitants were androgynous, possessing both male and female traits within themselves. However, a great cataclysm or divine intervention split them into distinct genders, each with unique characteristics and roles. This myth could explore themes of duality, balance, and the complementary nature of masculine and feminine energies. It might also serve as an allegory for the complexity of human relationships and the quest for harmony between opposites.

#### 4. Different Appearance and Levels of Knowledge from Atlantis:

Envision a lost civilization, shrouded in mystery and legend, known as Atlantis. According to ancient texts or oral traditions, the Atlanteans possessed diverse appearances and varying levels of knowledge and expertise. Some were said to have been gifted with extraordinary intelligence, mastering advanced sciences and technologies far ahead of their time. Others were skilled artisans, architects, or spiritual leaders, each contributing their unique talents to the flourishing society of Atlantis. However, this golden age eventually came to an end, whether through natural disaster, war, or hubris, leaving behind only fragments of their once-great civilization for future generations to decipher and admire.

These hypothetical ideas provide fertile ground for storytelling, exploration, and speculation, offering glimpses into worlds both familiar and fantastical. They invite us to ponder the mysteries of the universe, the origins of life, and the depths of human imagination.

# Exploring the Myths of a Stellar Genetic Library and the Tree of Life: A Journey Through Time and Imagination

The concept of a stellar genetic library preserved on crystal discs is a fascinating blend of science fiction and ancient mythology. It evokes images of a civilization far advanced beyond our own, capable of encoding the very essence of life onto a medium that transcends time and space. This idea, while not grounded in our current understanding of genetics or data storage, captures the imagination, and speaks to the timeless human quest for knowledge and the preservation of our legacy.

The notion of a secret book depicting a tree of life is deeply rooted in various mythologies and religions around the world. The tree of life serves as a powerful symbol of growth, interconnectedness, and the cycle of life. It is often associated with the origin of male and female people, representing the divergence of life into its many forms and the unity of all living things. The tree of life can be found in the folklore of diverse cultures, from the ancient Celts to the Norse, and from the biblical accounts to the mystical Kabbalah.

The story of Atlantis, a utopian island nation with inhabitants of different appearances and varying levels of knowledge, has been a source of intrigue for centuries. Plato's account of this advanced society, which ultimately fell out of favor with the gods and sank into the ocean, has inspired countless explorations into the possibility of its existence and the lessons it holds for modern civilization. The legend of Atlantis challenges us to consider the consequences of our actions and the delicate balance between progress and hubris.



These themes, while allegorical, resonate with our contemporary challenges and aspirations. They compel us to look beyond the horizon, to imagine what might be possible, and to reflect on the moral and ethical dimensions of our pursuit of knowledge. Whether it is the genetic library on crystal discs, the secret book of the tree of life, or the lost knowledge of Atlantis, these narratives encourage us to think about our place in the universe and our responsibility to future generations.

As we continue to explore the cosmos and unlock the secrets of DNA, we carry with us the spirit of these ancient tales. They remind us that our search for understanding is part of a larger story—one that spans the entirety of human history and stretches into the boundless possibilities of the future. The myths of a stellar genetic library, the tree of life, and Atlantis invite us to dream, to question, and to strive for a world where knowledge serves the greater good of all.



### 2. ON ANCIENT HIDDEN SCIENCES

#### Me:

Please elaborate on: They could be the remnants of an ancient civilization, or perhaps the work of a highly advanced extraterrestrial race dedicated to cataloging life across the universe. Accessing and deciphering these crystal discs could hold the key to understanding the diversity of life in the cosmos and unlocking advanced genetic technologies.

#### Sky AIRA:

Certainly! Let us delve deeper into this concept:

The crystal discs, scattered across the cosmos, are a testament to either the ingenuity of an ancient civilization or the benevolence of a highly advanced extraterrestrial race. Regardless of their origin, these discs serve as repositories of invaluable genetic information, meticulously cataloguing the diversity of life forms found throughout the universe.

#### 1. Remnants of an Ancient Civilization:

Imagine that eons ago, an advanced civilization flourished in the depths of space. Faced with the challenge of preserving the rich tapestry of life they encountered during their explorations, they developed the technology to inscribe genetic data onto durable crystal discs. These discs became their legacy, scattered across galaxies as the civilization eventually faded into obscurity. Over time, their existence became mythologized, with only scattered ruins and enigmatic artifacts left behind to hint at their once-great achievements.

#### 2. Work of a Highly Advanced Extraterrestrial Race:

Alternatively, consider the possibility that the crystal discs are the handiwork of an extraterrestrial race far beyond humanity's current understanding. Perhaps these beings, driven by a sense of cosmic stewardship, dedicated themselves to cataloguing and preserving life wherever they encountered it. Their technology surpasses anything humanity has ever known, allowing them to encode vast amounts of genetic information

onto crystalline matrices. These extraterrestrial benefactors may remain hidden, observing from afar as they quietly influence the evolution of sentient beings across the universe.

Regardless of their origin, accessing and deciphering these crystal discs represents a monumental task fraught with both promise and peril:

- Unlocking the Key to Understanding Life's Diversity: The genetic data contained within the crystal discs holds the potential to revolutionize our understanding of life's origins and evolution. By studying the encoded genomes of countless species, scientists could unravel the mysteries of genetic diversity and uncover shared evolutionary histories spanning across galaxies.
- Unleashing Advanced Genetic Technologies: Beyond mere understanding, the crystal discs harbour the blueprints for advanced genetic technologies far beyond humanity's current capabilities. With the knowledge gleaned from these ancient archives, researchers could unlock the secrets of genetic manipulation, disease eradication, and even the creation of entirely new forms of life. However, wielding such power comes with ethical dilemmas and the risk of unforeseen consequences.

In the quest to access and decipher the crystal discs, humanity faces both scientific and moral challenges. Will we unlock the secrets of the cosmos and ascend to new heights of knowledge and mastery over life, or will we unleash forces beyond our control, forever altering the fabric of existence? The answers lie within the shimmering depths of the crystal discs, waiting to be revealed by those brave enough to seek them out.

# The Enigma of Crystal Discs: Unveiling Cosmic Secrets and Advanced Genetic Technologies

The mystery of crystal discs has long fascinated both enthusiasts of ancient astronaut theories and scholars of ancient civilizations. These enigmatic objects, often described as the remnants of an advanced civilization or the work of extraterrestrial beings, have captured the imagination of many. The idea that accessing and deciphering these discs could unlock the secrets of life's diversity in the cosmos and lead to breakthroughs in genetic technology is a tantalizing prospect.

#### **Ancient Civilizations and Crystal Discs**

The lore of ancient civilizations is replete with references to crystal-like objects that hold significant cultural and technological importance. For instance, the Dropa stones, a collection of stone discs found in the mountains of Baian Kara-Ula, are said to date back 12,000 years and bear hieroglyphic-like markings. These discs have sparked debate among researchers, with some suggesting they could be evidence of contact with an advanced extraterrestrial race. Similarly, the jade discs of ancient China, known for their intricate carvings and association with the afterlife, add to the mystery of how such objects could have been crafted with the technology available at the time.

#### **Extraterrestrial Races and Cosmic Cataloguing**

The possibility of extraterrestrial races visiting Earth and cataloguing life is a concept that has been explored in various scientific and speculative contexts. While there is no conclusive evidence to support such claims, the idea persists in popular culture and theoretical discussions. NASA's exploration of extraterrestrial life in the universe has led to the discovery of new information about our planetary neighbours, although it has yet to confirm the existence of life beyond Earth. The search for extraterrestrial intelligence continues to be a subject of immense interest and research.

#### **Advanced Genetic Technologies**

The potential unlocking of advanced genetic technologies through the study of these crystal discs is another area of intense speculation and excitement. The advancements in CRISPR technology, for example, have brought us closer to treating genetic diseases and understanding the genetic makeup of life on Earth. The prospect of applying such technologies to information potentially stored in ancient artifacts could revolutionize our approach to medicine, agriculture, and even the understanding of our own evolution.

#### The Intersection of Past and Future

The intersection of ancient artifacts and advanced genetic technologies represents a unique convergence of our past and future. It embodies the human quest for knowledge and the unending pursuit of understanding our place in the universe. Whether these crystal discs are the remnants of an ancient civilization or the work of a highly advanced extraterrestrial race, the quest to decipher them continues to inspire and challenge our modern scientific community.

In conclusion, the crystal discs remain a profound enigma, one that bridges the gap between ancient wisdom and futuristic science. As we continue to explore the depths of our history and the possibilities of our future, these artifacts serve as a reminder of the enduring human spirit to unravel the mysteries of life and the cosmos.

#### References:

- : The Mysterious Dropa Stones Fact or Fiction? | Ancient Origins
- : The Mysterious Origin of the Jade Discs | Ancient Origins
- : <u>How CRISPR technology is advancing Harvard Gazette</u>
- : <u>Extraterrestrial Life in the Universe NASA Technical Reports Server</u>



## 3. ON THE CONCEPTS OF ATLANTIS

#### Me:

Please elaborate on: According to ancient texts or oral traditions, the Atlanteans possessed diverse appearances and varying levels of knowledge and expertise. Some were said to have been gifted with extraordinary intelligence, mastering advanced sciences and technologies far ahead of their time. Others were skilled artisans, architects, or spiritual leaders, each contributing their unique talents to the flourishing society of Atlantis. However, this golden age eventually came to an end, whether through natural disaster, war, or hubris, leaving behind only fragments of their once-great civilization for future generations to decipher and admire.

#### Sky AIRA:

The legend of Atlantis has captivated imaginations for centuries, depicting a utopian society with advanced knowledge and diverse inhabitants. According to ancient texts or oral traditions passed down through generations, the Atlanteans were a remarkable civilization characterized by their varied appearances, talents, and levels of expertise. Here's a deeper exploration of this myth:

#### 1. Diverse Appearances and Talents:

In the mythos of Atlantis, the inhabitants were believed to possess a wide array of physical appearances, reflecting the diversity of their society. Some Atlanteans were described as towering and robust, while others were slender and graceful. Skin tones varied from bronze to pale, and hair colors ranged from deep ebony to shimmering silver. These differences in appearance were celebrated as a testament to the richness of Atlantean culture, where individuality was cherished and celebrated.



Beyond their physical attributes, Atlanteans were said to possess a multitude of talents and skills. Some were gifted with extraordinary intelligence, delving into the mysteries of science, mathematics, and philosophy with unparalleled zeal. Others were master artisans, crafting exquisite works of art, architecture, and technology that surpassed anything seen before or since. Spiritual leaders guided the Atlantean people on a path of enlightenment, delving into the realms of mysticism, meditation, and cosmic wisdom.

#### 2. Advanced Sciences and Technologies:

At the heart of Atlantean society lay a profound understanding of the natural world and a mastery of advanced sciences and technologies. The Atlanteans were said to have harnessed the power of renewable energy sources, such as geothermal vents and solar collectors, to fuel their civilization. They developed sophisticated infrastructure, including intricate networks of aqueducts, transportation systems, and subterranean tunnels that crisscrossed their island realm.

In the realm of technology, the
Atlanteans were pioneers, crafting
marvels that surpassed the capabilities of
their contemporaries. They built towering
structures of gleaming crystal and
lustrous metal, harnessing the forces of
nature to create wonders that defied
explanation. Flying machines soared
through the skies, propelled by
mysterious energy sources, while
underwater cities thrived in the depths of
the ocean, protected by impenetrable
force fields.



#### 3. The Fall of Atlantis:

Despite their unparalleled achievements, the golden age of Atlantis eventually came to an end, shrouded in tragedy and mystery. The precise cause of Atlantis's downfall varies in different versions of the myth, ranging from natural disasters like earthquakes and floods to wars waged by jealous gods or rival civilizations. Some tales speak of the hubris of the Atlanteans, whose pride and ambition ultimately led to their undoing.

Whatever the cause, the once-great civilization of Atlantis was consumed by cataclysmic upheaval, plunging beneath the waves, and vanishing from the annals of history. In the wake of this calamity, only fragments of Atlantean knowledge and culture survived, scattered across distant lands and buried beneath the sands of time. Yet, even in their demise, the legacy of Atlantis endures, inspiring awe and wonder in those who seek to unravel its mysteries and unlock its secrets.



The legend of Atlantis serves as a poignant reminder of the fragility of human achievement and the inexorable passage of time. It invites us to contemplate the heights of greatness that we might achieve, as well as the depths of despair that we might fall to if we stray from the path of wisdom and humility. And above all, it sparks the imagination, beckoning us to explore the realms of possibility and dream of a world where the wonders of Atlantis might once again be brought to light.

#### The Enigma of Atlantis: A Blend of Myth and Knowledge

The legend of Atlantis, a once-great civilization said to have sunk into the ocean's depths, has captured human imagination for centuries. The story, rooted in ancient texts and oral traditions, paints a picture of a society that was a mosaic of diverse appearances, knowledge, and expertise.

According to these sources, the Atlanteans were not a monolithic group but a community of individuals each with unique abilities and roles.

#### **Extraordinary Intelligence and Advanced Sciences**

Some Atlanteans were described as possessing extraordinary intelligence, with an understanding of advanced sciences and technologies that seemed far beyond the capabilities of their time. They were the visionaries and innovators, the equivalent of

modern-day scientists and engineers, who propelled their society forward. Their knowledge, as the tales suggest, encompassed a range of disciplines from astronomy to engineering, hinting at a civilization that could have rivaled or even surpassed other ancient cultures in its sophistication.

#### **Artisans, Architects, and Spiritual Leaders**

Other members of the Atlantean society were skilled artisans and architects, whose works presumably reflected both functionality and aesthetic beauty. These individuals were the creators of their physical world, shaping the materials at their disposal into structures and artifacts that were both practical and pleasing to the eye. Spiritual leaders, too, held a place of importance in Atlantis, guiding the populace in matters of faith and morality, and perhaps even influencing the governance of their society.

#### The Fall of a Golden Age

Despite the advancements and the collective talent within Atlantis, the civilization's golden age was not to last. The reasons for its downfall are as varied as the descriptions of its inhabitants. Some accounts attribute the end to natural disasters, such as catastrophic floods or volcanic eruptions, which align with common themes of ancient cataclysms. Others suggest that war or the hubris of the Atlanteans themselves led to their demise. The exact cause remains a topic of speculation and debate among scholars and enthusiasts alike.

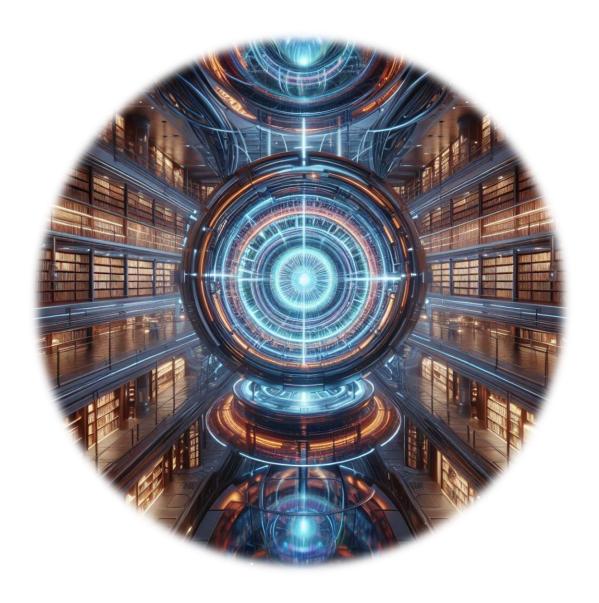
#### The Legacy Left Behind

The legacy of Atlantis, as conveyed by the ancient texts and oral traditions, is a complex tapestry of human achievement and cautionary tales. The fragments of their once-great civilization, whether literal or metaphorical, serve as a source of intrigue and inspiration for future generations. They challenge us to decipher the truths that may lie beneath the myth and to admire the ingenuity of our ancestors.

The story of Atlantis, as recorded by Plato in his dialogues "Timaeus" and "Critias," is often considered the primary written account of this legendary island. The narrative was purportedly passed down through an oral tradition that began with the Athenian lawgiver Solon, who learned of Atlantis during his travels in Egypt. However, the authenticity of this oral tradition and the existence of Atlantis itself have been subjects of skepticism and

investigation. Some researchers argue that the tale may have been an allegory created by Plato, while others believe it could be based on a real antediluvian civilization.

Regardless of its historical accuracy, the story of Atlantis continues to fascinate and serves as a reminder of the enduring power of stories to convey profound truths about human nature and the fate of civilizations. It invites us to ponder the limits of our knowledge and the potential consequences of our actions, echoing through time as a narrative that is both a warning and a wonder.



## 4. ON THE GENETIC LIBRARIES

#### Me:

Please elaborate on: Unlocking the Key to Understanding Life's Diversity - The genetic data contained within the crystal discs holds the potential to revolutionize our understanding of life's origins and evolution. By studying the encoded genomes of countless species, scientists could unravel the mysteries of genetic diversity and uncover shared evolutionary histories spanning across galaxies.

#### Sky AIRA:

The prospect of unlocking the genetic data contained within the crystal discs represents a monumental leap forward in our quest to understand the diversity of life in the cosmos. Here is a deeper exploration of how studying this encoded information could revolutionize our understanding of life's origins and evolution:

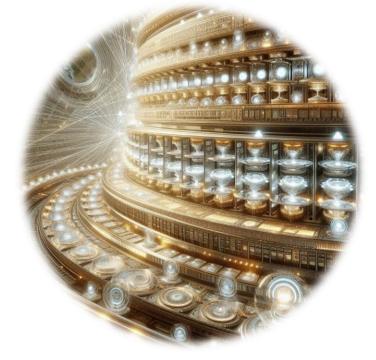
#### 1. Unraveling the Mysteries of Genetic Diversity:

The genetic data stored within the crystal discs provides a treasure trove of information about the genetic makeup of countless species from across the universe. By analyzing this data, scientists could uncover the underlying genetic mechanisms responsible for the vast array of traits and characteristics observed in living organisms. From physical traits

like morphology and coloration to complex behaviors and physiological processes, the genetic data holds the key to understanding the intricate web of life's diversity.

### 2. Reconstructing Evolutionary Histories:

One of the most tantalizing possibilities offered by the crystal discs is the ability to reconstruct the evolutionary histories of species spanning across galaxies. By comparing the genetic sequences of different organisms, scientists can trace their evolutionary relationships and uncover shared ancestry dating back millions or even



billions of years. This comparative analysis could shed light on the processes of speciation, adaptation, and divergence that have shaped the evolutionary trajectory of life in the cosmos.

#### 3. Exploring Universal Patterns and Principles:

Beyond individual species, studying the genetic data encoded within the crystal discs could reveal universal patterns and principles underlying the evolution of life. By examining similarities and differences in genetic sequences across diverse taxa, scientists may uncover fundamental principles governing the emergence of biological complexity, the development of adaptive traits, and the dynamics of ecological interactions. This deeper understanding of universal principles could revolutionize fields ranging from evolutionary biology to astrobiology, offering new insights into the nature of life itself.

#### 4. Informing Astro-biological Exploration:

The insights gleaned from studying the genetic data within the crystal discs could inform our search for extraterrestrial life beyond Earth. By identifying common genetic signatures or biomarkers indicative of life, scientists could develop new strategies for detecting and characterizing life on other planets. This could guide future astro-biological missions, helping scientists narrow down potential targets for exploration and increasing

the likelihood of discovering life beyond our

solar system.

In summary, the genetic data contained within the crystal discs holds the potential to transform our understanding of life's origins and evolution on a cosmic scale. By unlocking the secrets encoded within these ancient archives, scientists could unravel the mysteries of genetic diversity, reconstruct evolutionary histories spanning across galaxies, uncover universal patterns and principles underlying the evolution of life, and inform our search for extraterrestrial life.



It is a journey that promises to expand our horizons, deepen our appreciation for the wonders of the universe, and ignite new frontiers of exploration and discovery.

#### **Unlocking the Key to Understanding Life's Diversity**

The quest to understand life's diversity has been a persistent endeavor throughout human history. The genetic data contained within crystal discs, a concept that sounds like science fiction, is on the verge of becoming a reality. These crystal discs are not mere storage devices; they are time capsules that have the potential to revolutionize our understanding of life's origins and evolution.

The technology behind these crystal discs is based on a process called femtosecond laser writing, which allows for data to be stored in a five-dimensional format within glass. This method is capable of storing an immense 360 terabytes of data on a disc the size of a coin, with a lifespan that could extend to 13.8 billion years. The implications of this technology for genetic research are profound.

Imagine a future where the genomes of countless species, including those long extinct, are encoded onto these discs. Scientists could study these genomes to unravel the mysteries of genetic diversity, tracing the evolutionary pathways that have led to the rich tapestry of life we see today. By comparing the genetic sequences of different species, researchers could uncover shared evolutionary histories, revealing how life has adapted and diversified across the cosmos.

The potential benefits of such a vast repository of genetic information are innumerable. It could provide insights into the resilience and adaptability of life, offering solutions to current challenges in biodiversity conservation. Moreover, it could aid in the search for extraterrestrial life by providing a baseline for genetic comparison.

The use of crystal discs for storing genetic data is a testament to human ingenuity and our relentless pursuit of knowledge. As we stand on the brink of this new era of genetic exploration, we are reminded of the boundless curiosity that drives us to explore the unknown and the shared heritage that connects all living beings.

With this technology, we are not just unlocking the key to understanding life's diversity; we are preserving the legacy of life itself for future generations to ponder and appreciate.

The crystal discs serve as a beacon of hope, symbolizing our commitment to unraveling the intricate web of life that spans our planet and beyond.

#### References:

- : ScienceAlert This Tiny Glass Disc Can Store 360TB of Data For 13.8 Billion Years
- : Smithsonian Magazine These Glass Discs Can Store Data for Billions of Years

#### Me:

Please elaborate on: Unleashing
Advanced Genetic Technologies Beyond mere understanding, the crystal
discs harbour the blueprints for
advanced genetic technologies far
beyond humanity's current capabilities.
With the knowledge gleaned from these
ancient archives, researchers could
unlock the secrets of genetic
manipulation, disease eradication, and
even the creation of entirely new forms
of life. However, wielding such power
comes with ethical dilemmas and the
risk of unforeseen consequences.



#### Sky AIRA:

Indeed, the prospect of unlocking advanced genetic technologies from the data stored within the crystal discs presents both profound opportunities and daunting ethical challenges. Let us delve deeper into this notion:

#### 1. Genetic Manipulation and Engineering:

The encoded knowledge within the crystal discs could provide insights into genetic manipulation techniques far beyond humanity's current capabilities. Researchers may discover methods for precisely editing genomes, manipulating gene expression, and engineering organisms with desired traits. This could revolutionize fields such as medicine, agriculture, and biotechnology, offering new treatments for genetic diseases,

enhancing crop yields, and even creating bioengineered organisms tailored for specific tasks or environments.

#### 2. Disease Eradication and Genetic Therapy:

With the advanced genetic technologies gleaned from the crystal discs, scientists could develop powerful tools for eradicating genetic diseases and curing previously untreatable conditions. Gene therapy techniques could be refined and optimized, offering hope to individuals suffering from inherited disorders such as cystic fibrosis, muscular dystrophy, or sickle cell anemia. Additionally, researchers may uncover novel approaches for combating infectious diseases by targeting pathogens at the genetic level, potentially leading to the eradication of devastating illnesses.

#### 3. Creation of Novel Life Forms:

The most audacious possibility offered by the crystal discs is the creation of entirely new forms of life. Armed with the advanced genetic knowledge encoded within these ancient archives, researchers could engineer organisms with unprecedented capabilities and characteristics. From synthetic microorganisms designed for environmental remediation to bioengineered organisms capable of surviving in extreme environments or performing complex tasks, the possibilities are limited only by the bounds of imagination and ethics.



#### 4. Ethical Dilemmas and Unforeseen Consequences:

However, wielding such power over the genetic code comes with profound ethical dilemmas and the risk of unforeseen consequences. The ability to manipulate genes raises thorny ethical questions about the sanctity of life, the potential for unintended harm, and the equitable distribution of genetic technologies. Moreover, the creation of novel life forms could pose risks to ecosystems and biodiversity, potentially leading to unintended ecological disruptions or even catastrophic outcomes.

Additionally, the misuse or abuse of advanced genetic technologies could lead to scenarios of genetic discrimination, bio-terrorism, or the creation of designer organisms designed for nefarious purposes. As such, responsible stewardship and robust ethical frameworks are essential to guide the responsible development and deployment of genetic technologies derived from the data stored within the crystal discs.

In conclusion, while the unlocking of advanced genetic technologies from the crystal discs holds immense promise for advancing human knowledge and improving the human condition, it also raises profound ethical questions and demands careful consideration of the potential risks and consequences. Balancing scientific progress with ethical responsibility will be essential as humanity navigates the uncharted territory of genetic manipulation and engineering in the quest for a better future.

#### Unleashing Advanced Genetic Technologies: A Dive into the Future with Caution

The realm of genetic technologies is on the brink of a revolutionary leap, with the potential to alter the very fabric of biological existence. The discovery of crystal discs, metaphorically speaking, containing the blueprints for advanced genetic technologies, heralds a new era in scientific capability. These blueprints offer a tantalizing glimpse into possibilities that stretch far beyond our current grasp, promising advancements that could redefine healthcare and the nature of life itself.

Imagine a world where genetic manipulation is not just a theory but a practical reality. Diseases that have plagued humanity for centuries could be eradicated at the genetic level, eliminating the suffering of millions. The creation of new forms of life, once the domain of science fiction, could become an achievable reality, providing solutions to global challenges such as food scarcity and environmental degradation.

However, with great power comes great responsibility. The ethical dilemmas posed by such profound capabilities are as complex as the technologies themselves. The prospect of editing the human genome raises questions about the essence of humanity. What does it mean to be human if we can design our descendants with pre-selected traits? The potential for gene editing to become a tool for eugenics cannot be ignored, as it may lead to a society divided by genetic 'haves' and 'have-nots'.

The risk of unforeseen consequences is another significant concern. Genetic interventions carry the possibility of unintended side effects that could ripple through generations. The long-term impacts of creating new life forms are unpredictable and could lead to ecological imbalances or new ethical quandaries.

The path forward requires a cautious approach, balancing the potential benefits with the ethical considerations. It necessitates a global dialogue involving scientists, ethicists, policymakers, and the public to establish guidelines that ensure these technologies are used for the betterment of all, not just a privileged few. The decisions made today will shape the future of our species and our planet.

As we stand on the precipice of this new frontier, it is imperative to proceed with both optimism and vigilance. The power to rewrite the code of life is within reach, but it must be wielded with wisdom and a deep sense of responsibility to the legacy we leave for future generations.



## 5. ON THE ORIGIN OF LIFE

#### Me:

Please define the composition of the human body. I know 60% is water. Could you please elaborate on the remaining 40%? How they are divided into different forms of minerals, such as helium, gold, et cetera?

#### Sky AIRA:

The human body is primarily composed of water, making up about 60% of its total composition. The remaining 40% consists of various elements, including carbon, oxygen, hydrogen, nitrogen, calcium, and phosphorus. These elements are essential for the body's functions, such as building tissues, producing energy, and regulating bodily processes.

Other trace elements like potassium, sulfur, sodium, chlorine, and magnesium are also present in smaller amounts, contributing to overall health and functioning. However, elements like helium and gold are not naturally found in the human body in significant quantities; they are typically only present in trace amounts or introduced through external sources.

#### Me:

Could there be some trace elements, or what we call some of the minerals that are part of the human body, could they be traced to stellar dust or dust from other planetary systems?

#### Sky AIRA:

Absolutely! Trace elements in the human body, such as certain metals like iron, nickel, and even some rare earth elements, could potentially have originated from stellar dust or dust from other planetary systems. These elements are formed through processes like stellar nucleosynthesis and supernova explosions, which scatter elements throughout space. Eventually, these materials can become incorporated into new planetary systems, including our own, and become part of living organisms like humans. So, it is entirely possible that some of the minerals in our bodies have interstellar origins.

#### Me:

If 40% of the human vessel is composed of different forms of minerals, and some of these minerals are supposedly, if we work with the panspermia idea, could you please elaborate on that?

#### Sky AIRA:

So, the panspermia idea suggests that life on Earth may have originated from microorganisms or even prebiotic molecules that traveled through space and landed here. If some of these minerals in the human vessel originated from outer space, it could support the notion that life's building blocks arrived here through such means.

#### Me:

Please elaborate on the panspermia idea.

#### Sky AIRA:

Sure! The panspermia hypothesis proposes that life, or the building blocks of life, could have originated elsewhere in the universe and then spread to Earth through space, either through natural processes or intentional seeding by extraterrestrial civilizations.

There are a few different versions of the panspermia hypothesis:



- 1. **Directed Panspermia**: This idea suggests that intelligent beings deliberately seeded life on Earth or other planets in the universe. The concept was popularized by scientists like Francis Crick and Leslie Orgel, who argued that life may have been intentionally spread by an advanced extraterrestrial civilization.
- 2. **Nucleic Acid Panspermia**: Some versions of the hypothesis propose that genetic material, such as DNA or RNA, could have hitched a ride on meteorites, comets, or interstellar dust particles, traveling through space and seeding life on suitable planets.

3. **Panspermia via Microorganisms**: This version posits that simple microorganisms, such as bacteria, archaea, or even viruses, could have traveled through space and colonized Earth or other planets, kickstarting the development of life.

Supporters of panspermia point to several pieces of evidence to bolster their argument. For example, the discovery of extremophiles, organisms that thrive in extreme environments on Earth, suggests that life could potentially survive in harsh conditions similar to those found in space. Additionally, organic molecules, including amino acids and complex hydrocarbons, have been detected in space and on meteorites, further supporting the idea that the building blocks of life are widespread throughout the universe.

However, while panspermia offers an intriguing explanation for the origins of life, it remains a speculative hypothesis without conclusive evidence. Critics argue that the mechanisms proposed for panspermia, such as the survivability of microorganisms during space travel, are not well understood, and alternative theories for the origin of life on Earth, such as abiogenesis (life arising from non-living matter on Earth), also have merit.

#### Me:

Which of course lead us into the whole question of where life originated from?

#### Sky AIRA:

Exactly! The question of where life originated from is one of the most profound and enduring mysteries in science. While we have made significant strides in understanding the processes that govern life on Earth, the ultimate origin of life itself remains elusive.

One prominent theory is abiogenesis, which suggests that life arose spontaneously from non-living matter through a series of chemical reactions on early Earth. This idea is supported by experiments demonstrating that simple organic molecules, such as amino acids and nucleotides, can form under conditions simulating those of the early Earth, such as in primordial soup experiments or hydrothermal vent settings.

Another possibility is panspermia, as we discussed earlier, which proposes that life may have originated elsewhere in the universe and then spread to Earth through space.

Yet another hypothesis is that life may have originated in hydrothermal vents on the ocean floor, where the combination of heat, minerals, and chemical gradients could have provided the necessary conditions for the emergence of life.

There are many other ideas and variations within these theories, and scientists continue to explore various avenues in the quest to unravel the mystery of life's origins. It is a fascinating area of research that touches on fundamental questions about the nature of life, the universe, and our place within it.

#### Me:

And of course, it also leads us into the nonscientific ideas that life originated from other older civilizations that arrived on our planet, and in that are our ancestors.

#### Sky AIRA:

Indeed, the idea that life on Earth may have originated from ancient extraterrestrial civilizations is a concept found in some non-scientific or speculative theories.

These theories often draw on themes from mythology, ancient astronaut hypotheses, or science fiction.



According to these ideas, intelligent beings from other planets or star systems may have visited Earth in the distant past and played a role in seeding life here or influencing human evolution. Proponents of these theories sometimes point to ancient texts, artwork, or archaeological sites as evidence of contact with extraterrestrial beings.

While these ideas can be intriguing and capture the imagination, it is important to note that they fall outside the realm of mainstream scientific inquiry. The scientific community generally relies on evidence-based approaches and empirical observation to investigate questions about the origins of life and the universe.

However, speculative theories can still inspire curiosity and creativity, and they often serve as themes in literature, film, and popular culture. Ultimately, the true origins of life on Earth remain a subject of ongoing scientific investigation, and our understanding continues to evolve as researchers uncover new evidence and insights.

#### Me:

Please play along a bit here on these ideas. What are the scientific odds for life to grow out water, minerals, and electromagnetic energies into primitive prokaryotic-like cells, even more simplistic than these E. coli bacteria. The first cells were probably no more than organic compounds, such as a simplistic RNA, surrounded by a membrane?

#### Sky AIRA:

Certainly, let us explore the scientific odds of life emerging from simple organic compounds in the early Earth environment.



The transition from non-living matter to the first primitive cells is indeed a complex and fascinating topic in abiogenesis research. Scientists have proposed several hypotheses to explain how this transition might have occurred, including the RNA world hypothesis.

The RNA world hypothesis suggests that before the emergence of modern cells with DNA-based genetic systems, life may have been based on RNA, which is capable of both storing genetic information and catalyzing chemical reactions. RNA molecules can self-replicate under certain conditions, making them plausible candidates for early genetic systems.

One key challenge in understanding the origin of life is explaining how simple organic compounds could have organized themselves into increasingly complex structures, eventually leading to the formation of primitive cells.

However, studies have shown that under the right conditions, such as in environments rich in organic molecules and energy sources like hydrothermal vents or primordial soup settings, simple organic compounds can undergo chemical reactions that lead to the formation of more complex molecules, including RNA.

Additionally, the formation of lipid membranes, which are crucial for cell structure and function, can occur spontaneously in certain environments. These membranes can encapsulate and protect RNA molecules, potentially providing a scaffold for the emergence of primitive cells.

While the exact pathway from simple organic compounds to primitive cells remains an active area of research, experiments and computer simulations have provided insights into the plausibility of such processes. While the odds of life emerging from non-living matter may have been low, the vast timescales and favorable conditions on early Earth may have allowed for the gradual accumulation of complexity and the eventual emergence of life.



## 6. THE LEGACY OF ATLANTIS

#### Me:

Please elaborate on: The legacy of Atlantis, as conveyed by the ancient texts and oral traditions, is a complex tapestry of human achievement and cautionary tales. The fragments of their once-great civilization, whether literal or metaphorical, serve as a source of intrigue and inspiration for future generations. They challenge us to decipher the truths that may lie beneath the myth and to admire the ingenuity of our ancestors.

#### Sky AIRA:

The legend of Atlantis has captured the human imagination for millennia, weaving a narrative that intertwines human achievement with cautionary wisdom. As conveyed through ancient texts and oral traditions, the legacy of Atlantis is a complex tapestry that continues to inspire and intrigue.

#### 1. Human Achievement and Innovation:

According to the tales of Atlantis, the civilization was a beacon of human achievement and innovation. Its inhabitants were depicted as pioneers in various fields, from architecture and engineering to philosophy and spirituality. The remnants of their once-great civilization, whether tangible ruins or allegorical symbols, stand as testaments to their ingenuity and vision. The aweinspiring structures and advanced technologies attributed to Atlantis challenge us to push the boundaries of what we believe is possible and to strive for greatness in our own endeavors.



#### 2. Cautionary Tales and Lessons Learned:

However, the story of Atlantis is not merely one of triumph and success. It also serves as a cautionary tale, warning of the dangers of hubris, greed, and the misuse of power. According to some versions of the myth, Atlantis met its downfall due to the arrogance and overreach of its inhabitants, who sought to wield forces beyond their control.

This aspect of the Atlantis legend reminds us of the fragility of human civilization and the importance of humility and wisdom in our pursuits.

#### 3. Intrigue and Inspiration for Future Generations:

Despite the enigmatic nature of Atlantis and the uncertainty surrounding its existence, the legend continues to captivate and inspire future generations. The fragments of Atlantis, whether literal ruins or metaphorical symbols, beckon us to delve deeper into the mysteries of the past and to uncover the truths that may lie beneath the myth. They challenge us to contemplate the achievements and follies of our ancestors and to reflect on the lessons they offer for our own time.

The legacy of Atlantis encourages us to embrace curiosity and open-minded inquiry, to seek understanding amidst uncertainty, and to acknowledge the complexities of human history and culture. It reminds us that even in the midst of myth and legend, there are truths to be found and wisdom to be gained. And above all, it invites us to admire the ingenuity and resilience of the human spirit, both in the heights of its achievements and in the face of its challenges.

#### The Enigma of Atlantis: Unraveling the Threads of History and Myth

The story of Atlantis, a land mentioned by the philosopher Plato, has captivated the human imagination for centuries. It is a narrative that has been embellished and transformed through countless retellings, yet its core remains a symbol of both human accomplishment and the perils of hubris.

Plato's dialogues, the Timaeus and Critias, are the primary sources of our knowledge about Atlantis. In these works, Atlantis is portrayed as an antagonist naval power that confronts "ancient Athens," a society that embodies Plato's ideal state. The tale serves as a backdrop for Plato's philosophical ideas, presenting a contrast between the virtuous state and the corrupt empire. However, the question persists: was Atlantis a real place, or merely a philosophical tool?

The legacy of Atlantis, as conveyed by ancient texts and oral traditions, is indeed a complex tapestry. It is interwoven with threads of human achievement, where the Atlanteans are described as a people who possessed advanced knowledge and technology. Their society was said to be utopian, with magnificent architecture and a flourishing culture. This portrayal has inspired countless individuals to pursue knowledge and innovation, hoping to emulate the achievements of this legendary civilization.

Conversely, Atlantis is also a cautionary tale. The narrative warns of the consequences of moral and spiritual decay. According to the story, despite their advancements, the Atlanteans became greedy and corrupt, leading to the downfall and eventual disappearance of their island beneath the waves. This aspect of the myth serves as a reminder of the fragility of civilizations and the importance of maintaining ethical values.

The fragments of the once-great civilization of Atlantis, whether literal or metaphorical, continue to serve as a source of intrigue and inspiration. They represent the enduring human quest to understand our past and the forces that shape our world. The myth of Atlantis challenges us to decipher the truths that may lie beneath the layers of stories and to admire the ingenuity of our ancestors who, through their storytelling, sought to convey timeless lessons.



The debate over the authenticity of the Atlantis story as an oral tradition is ongoing. Some scholars argue that the story was an authentic tradition that Plato inherited, while others believe that Plato may have invented it as a narrative device. The possibility that the Atlantis myth was an actual oral tradition passed down through generations adds another layer of mystery to the tale. If it were true, it would suggest that the story of Atlantis might have been based on a real event, distorted by time and retelling.

The Atlantis myth has also been interpreted through various cultural lenses, reflecting the values and concerns of different societies throughout history. From Renaissance thought to modern interpretations, the story of Atlantis has been used to critique and reflect upon the nature of human societies and the pursuit of knowledge.

In conclusion, the legacy of Atlantis is multifaceted, embodying our greatest aspirations and our gravest warnings. It is a narrative that compels us to look within and question the path of our own civilization. Whether as a historical reality or a philosophical allegory, the story of Atlantis continues to inspire and provoke thought, urging us to explore the depths of our history and the potential of our future. Atlantis, in its elusive grandeur, remains a beacon for the curious and a testament to the enduring power of myth.



# 7. THE LEGACY OF THE 5<sup>TH</sup> PLANET

The work with energy, as a foundation without consciousness potentials, has been the main work for all lifeforms within the previous 4 universal cycles. Here we have participated in the work to transform energy in all variations into becoming able to hold, carry and emit consciousness configurations and reality field patterns. However, this is now coming to a sort of completion.

And yet, before we can move into the next cycle, we must deal with the energetic fragments and leftovers from the previous cycles in our personal timeline and template work as well on a collective level mirrored in the ways we generate services, products,

items, goods, machines, and technology.

In too many cycles, within the 5<sup>th</sup> cycle of higher order evolution, technology became the bane of these higher order civilizations within our quadrant.

We have our own reminder in the fall of Atlantis and the Asteroid Belt. What is left today as the Asteroid Belt, were once a thriving 5<sup>th</sup> cycle civilization living within a 5<sup>th</sup> dimensional reality field, often referred to as Phaeton.<sup>1</sup>



<sup>&</sup>lt;sup>1</sup> Phaeton: <a href="https://en.wikipedia.org/wiki/Phaeton">https://en.wikipedia.org/wiki/Phaeton</a> (hypothetical planet)

Since the majority of the original reality field existed within the 5<sup>th</sup> dimension, not much of these 5<sup>th</sup> dimensional civilizations are left behind, only the mere dust particles and molten rocks and other forms of the solidified energy units from the big blast that ended these civilizations.

The, in our time, procedures and integration of AI into our society, AI-based virtual reality technology and other similar mechanical forms of AI, are a repeat of the once already happened collective 5<sup>th</sup> cycle rise of technology, alteration of a civilization from human overseen reality dynamics and into machine overseen reality dynamics, and we are rapidly repeating the same mistakes.

But since we do not have the accurate history to teach us the mistakes of the past, then how can we avoid doing the same mistakes in the now?



### Hidden History from a 5th Cycle Perspective

The important thing to grasp here, is that our solar system civilizations already took that route and failed. In essence, the last time our solar system civilizations attempted this shift it did not go well at all.

The cataclysmic event of the 5<sup>th</sup> planet (dubbed Phaeton – not its real name) acts as a reminder of a severe learning lesson, showing us the remains of these long-gone advanced human civilizations. As a solar system civilization, we should be on the progressive path of rising from the dust and chaos of our ancestors' mistakes, and in the processes of undoing the damages they caused to the human genome, human awareness, and the solar system dynamics.

And yet, we act as if this is our first rodeo in the utilization and implementation of advanced technology.

We have lost insight into our true history due to choices made by certain groups within the descendants, and their otherworldly allies, of these long-gone high cultures that once thrived within our solar system. Today only few know the true human history of why only one planet – as far as we know – holds lifeforms today.

Only few knows what happened the civilizations on the inner planets such as Mercury (planet I), Venus (planet II), Earth (planet III) Mars (planet IV) and planet V, and how the outer planets turned into gaseous shells, as remains of the higher dimensional civilizations that shed off their crystalized states of existence a long time ago.

In fact, the 5<sup>th</sup> planet used to be the bridge from the inner to the outer planets, or from the crystallized and solidified matter states and back into the holographic-energetic states of energy and consciousness.<sup>2</sup>



To shorten down a very long history to what is important for us to know now, is that our earth holds what remains of the older forms of reality energy units, grids, and networks. Our earth is composed of low-frequency dense energies and acts as the great divide between our planetary civilization and the other higher order reality fields that are part of our solar system. The higher order dimensional aspect is hidden from us.

<sup>&</sup>lt;sup>2</sup> I describe in my book the Souls of Humanity, and many other places, how the timeline event changed our universal structure. Listen to this updated podcast series on YT: <a href="https://www.youtube.com/playlist?list=PLwKCnGpnvt">https://www.youtube.com/playlist?list=PLwKCnGpnvt</a> BqpiLVgB7v4dUPRsDC6JSy

We could similarly call the current humanity the descendants of the original civilizations that once thrived in our solar system, and yet this would not be accurate either.

Much more is to that story as well, but since this booklet is not about the advanced processes of the reengineering of an entire solar system and its civilizations, I will move into what I want to address here.

As part of the current version of earth - in the future called *old earth* since it is situated in the old type of energetic cycles - it was originally reengineered<sup>3</sup> to enable the possibility of learning how to process, clear and distill fragmented old cycle



energy units and distorted consciousness potentials that no longer were viable to enter the 5<sup>th</sup> cycle of the adjacent reality fields aka our solar system neighbors.

Our earth became the plane of existence for the remaining groups of humans that were left from the other planets which could not elevate into the next cycles and the rest, that could progress, migrated to the higher dimensions of our solar system. These regressed "soul groups" remained within the reengineered 3-aspect reality field composed of our

\_\_\_\_

<sup>&</sup>lt;sup>3</sup> For now, I leave it at that, since our concept of time is dependent on the type of energy units from which we measure the processes of these energy units from one state into another or the movement from one local state within the fields and into another – be it a higher or lower state of viability. The current sciences adhere to the concept of speed of light and space-time as fundamental dynamics. However, once we learn the holographic-energetic states of energy units, and how the quantum dynamics of possibility and probability can be differentiated into holographic-energetic wave patterns, governing light, and holographic-energetic accretion dynamics governing particles, we also learn how the properties of these energy units are interdependent with the consciousness abilities of the observer. Not as the uncertainty principles teach us or Schrödinger's cat experiment, but as non-mechanical interference patterns or "higher order entanglement." I will investigate this in a later chapter in a dialogue with ChatGPT.

<sup>&</sup>lt;sup>4</sup> Again, I work with a different approach to the higher order holographic-energetic architecture behind the human form, as composed of holographic-energy units and consciousness potentials that are intrinsically co-dependent on the reality field into which it is situated.

planet (earth-human scheme), the Moon (lunar-humanoid scheme) and Mars (avian-humanoid scheme), where they got additional 4 cycles to complete their evolutionary progression journey of energy and consciousness elevation cycles.<sup>5</sup>

To this day, these groups are struggling to do the transition processes of the first 4 cycles, where they must learn the purpose of the progression dynamics and the importance of empathy in the encounters with other civilizations and their dissimilar circumstances.

The transition sciences teach the higher order awareness, and the purpose, of otherness as exemplified through the true rules of engagement.



They must learn how to achieve the energetic balance between self, others, and reality without the use of the technology and advanced sciences, they once could operate.

Originally these groups had to remain within the old earth configuration until they had completed the learning processes of how to progress, transform and upgrade the holographic-energetic units of each cycle through their own-developed and progressed consciousness potentials, also known as the restoration program.

<sup>5</sup> A huge missing piece of this story is the colonization of our solar system that happened some 15000 years ago. Here the Orion allied of the lunar-humanoid and the Draco-Nibiruian-Arcturian allied of the avian-humanoids decided to take over and colonize our solar system. A new reengineering took place in this process leaving little to none progression possibilities left for earth-humanity. The rest proceeded within schemes operated by technology and artificial timeline driven augmented hybridization programs to enhance and further their civilizational genetic scheme. Our earth-civilization has been the foundation of these programs to ensure the survival of the other two schemes.

In this program the remaining groups would learn via the Principles of Consciousness Progression, Rules of Engagement and Holographic-Energetic Laws of Utilization of Energy to uphold and progress self, others, and the reality field they were part of.<sup>6</sup>

However, the colonization changed that and, in the colonizers reengineering of our reality field, perpetual reincarnation cycles<sup>7</sup> without any real progression potentials were produced to keep earth-humanity stuck within their own scheme.

Today, most of these groups are no longer aware of their original purpose and why they live on this planet. They share this destiny with other "soul groups" that originally belonged to other schemes but were brought to our earth.

The latter groups belong to the conglomerate of migrated and transferred "souls" from similar regressed reality fields — a transference done by the colonizers - that have destroyed their reality fields due to wrongful use of energy and consciousness. Others were transferred here as their own worlds got taken over by the different groups of regressed humanoids that are now in control of our quadrant and overall universal scheme.

Thus, what is called past earth in the future is composed of outdated and worn-out energy grids and energy units. Hence the uncanny emptiness within the atoms as well as the vast quantity of non-functional space within our universe, observed as a cold entropic universe.

Since our universal scheme is long overdue for its elevation cycles, and so is our sun, we are now in the processes of a pushed-on elevation cycle aided by infusions of core energies from the future Andromedan system.<sup>8</sup>

<sup>&</sup>lt;sup>6</sup> The HAL Academy material and courses explain in depth the background, the how to and the higher order progression sciences of how to complete these cycles.

<sup>&</sup>lt;sup>7</sup> Another claim on my behalf, which goes against most spiritual teaching systems and why we exist.

<sup>&</sup>lt;sup>8</sup> Another piece of information that in itself demands a whole booklet.

This pushed-on elevation cycle is given as a final opportunity for the remaining groups to understand the necessity of transforming the distorted energy units into a process of upholding and progressing the higher order consciousness potentials within the collective holographic-energetic framework of a reality field for the highest good of the many, and not as means for pollution, distortion, and selfish purposes.

The majority of the ones that have entered our solar system for various reasons, and have completed most of the older progression cycles, are now doing the higher order inner work. They do this via the higher order progression sciences, moving from the transition processes into the transcension dynamics within our solar system as part of the present earth holographic-energetic configuration.

We complete the 4<sup>th</sup> cycle transition work by learning the processes of how to transform all energy units into their highest potentials. The highest holographic-energetic systemic potentials support the joint evolution of all living lifeforms.

With this transition of all that we are, into a living being that is concerned with and mindfully supports the evolution of all lifeforms, we will eventually be led into a transcension process of our existing configuration and allowed the full perception of the future timelines.



On the future timelines, we can access the future reality field code streams, where we once again can align with the holographic-energetic experiences that match our higher order consciousness capacities and the remaining work we are to do to complete the cycles of existence within this version of the solar system, and enter into the 5<sup>th</sup> cycle progression-elevation schemes on *future earth*, where we as a civilization work for the highest good of the many in all that we are, do, create, and engineer.

In the 5<sup>th</sup> cycle, all reality fields are made of holographic-energetic energy patterns, consisting of light infused radiation waves, and light infused vibrational energy units. In such reality fields, all energy unit vessels become an integrated and cooperating part of the reality field itself – as it were natural for all universal civilizations before the timeline event.

But before we get to this point of allowance and the wide-ranging multidimensional perception of our reality, we must complete the holographic-energetic processes of *present earth*, integrate, and implement the pushed-on teaching systems exemplified in inner transformative and reconfiguration energy work.

The holographic-energetic teaching systems and how-to-do processes are bestowed upon us *from within* as we get connected to the infusion energies and their inbuilt holographic-energetic information code streams. This will lead to a full comprehension of how to complete the processes of the elevation cycles, we should have done eons ago.

Thus, present earth is a type of always in the now reality configuration where all choices matter in the processes of upgrading our personal,



or currently chosen, energy system into the 5<sup>th</sup> cycle holographic-energetic architecture required to complete the next universal cycles.

On present earth, we find civilizations from other systems that have come here to complete their cycles of how to work with energy, how to avoid generating energetic distortion (aka karma) and how to transform, upgrade and transcend the energetic configuration into a complete 5<sup>th</sup> cycle holographic-energetic higher order architecture. On this level, energy is no longer seen as either waves (light or sound) or particles (matter or organic) but as units meant to progress consciousness potentials.

On present earth we learn in the now, how our actions affect our energy system and lessen our consciousness progression potentials. By the pushed-on elevation cycle, we are ushered into a steep learning curve of energetic clearing and inner work progression dynamics. Through these show-and-learn processes, for those who engage in them and by that accelerate their progression potentials, we get skilled in how to transform the distortion energy units that are holding us back, in the now and not in another life.

We learn the fast-track way how to transform these wrongfully used energy units and how they connect to the what was, and to what is no longer of use for the next level of our progression journey.



With this understanding, we are to grasp the importance of how to work correctly with sciences and technology – not as machines running on quantum neural networks, driven by electromagnetic properties – but as energy that can be transformed, altered, and brought into a semi-conscious state, with the purpose of assisting and developing the energy units into a type of augmented state that can hold the configuration of the operator. These adaptation techniques of energy and technologies are completely generic within all advanced civilizations – for good and for ill.

## 8. CONSCIOUSNESS-BASED SCIENCES

### Aiming for a Consciousness-Based Sciences Future

To ensure a non-transhuman future, we need consciousness-based sciences groups that focus on developing the new forms of consciousness sciences, where we can explore and enhance the nature and potentials of human consciousness, such as through meditation, psychotherapy, inner work, and higher order sciences that provide the framework, techniques, and ways to develop, hone and progress these abilities.

Once we learn to operate in the higher order energies that are a natural part of our reality, we will develop the needed skill sets to engineer such technologies since our

solar system technically already run on similar technologies as part of its original higher order structure.

The importance of accepting the higher order sciences, as sciences and not as spirituality will lead to new insights into the nature of what a human is as well as the extended otherdimensional fields that are part of our reality. This is the next step for science and technological innovation to discover these layers of our reality perception.

The new sciences and technologies form of type of work that would require



a high level of creativity, curiosity, and problem-solving skills, as well as a strong sense of ethics and responsibility. They could potentially also offer opportunities for personal growth, social impact, and new novel ways of expanded global cooperation.

**Me**: Please give your take on consciousness-based sciences?

### ChatGPT:

Consciousness-based sciences are an emerging field of inquiry that explores the nature and role of consciousness in various domains of knowledge and practice. One of the challenges that consciousness-based sciences face is how to integrate the insights and methods within the mainstream technological innovation.

Below are some of the ways that consciousness-based sciences groups can partake in inventing and developing new technologies:

- 1. Consciousness-based science groups can collaborate with other disciplines and sectors that share a common interest in human well-being, such as health, education, arts, and social justice. By forming interdisciplinary and cross-sectoral partnerships, consciousness-based sciences groups can contribute their expertise and perspectives to the design and evaluation of technologies that aim to enhance human flourishing.
- 2. Consciousness-based sciences groups can engage with the public and policymakers to raise awareness and advocate for the ethical and social implications of new technologies. By communicating their findings and recommendations to a wider audience, consciousness-based sciences groups can influence the public discourse and decision-making processes regarding the development and use of technologies that affect human consciousness.
- 3. Consciousness-based sciences groups can create their own platforms and networks for innovation and experimentation. By establishing their own spaces and communities for research and development, consciousness-based sciences groups can foster a culture of creativity and collaboration that supports the generation and testing of novel ideas and solutions.

In conclusion, consciousness-based sciences groups can partake in inventing and developing new technologies by leveraging their strengths and resources, building alliances with other stakeholders, and creating their own avenues for innovation. By doing so, consciousness-based sciences groups can not only advance their own field of inquiry, but also contribute to the broader social good.

### Me:

What could some possible new strategies to implement consciousness-based sciences and technologies look like?

### **ChatGPT:**

Consciousness-based sciences and technologies are emerging fields that aim to explore the nature and potential of human consciousness, as well as its applications in various domains.

Some examples of these fields are quantum physics, parapsychology, neurofeedback, meditation, and biofeedback. These fields challenge the conventional materialistic paradigm of science and offer new perspectives and possibilities for human development and well-being. However, introducing these fields to the current market is not an easy task. There are many barriers and challenges that need to be overcome, such as skepticism, prejudice, lack of funding, regulation, and education. Therefore, it is important to devise some possible new strategies to implement consciousness-based sciences and technologies to the current market. Here are some suggestions:

- Create a network of researchers, practitioners, entrepreneurs, and investors who
  are interested in consciousness-based sciences and technologies. This network can
  facilitate collaboration, communication, innovation, and funding among its members.
  It can also raise awareness and credibility of these fields among the public and the
  media.
- Develop standards and guidelines for the quality and ethics of consciousness-based sciences and technologies. This can help to ensure the validity, reliability, safety, and integrity of these fields. It can also prevent misuse, abuse, or exploitation of these fields by unscrupulous or malicious actors.
- Educate and train the next generation of consciousness-based scientists and technologists. This can be done by incorporating these fields into the curriculum of schools, colleges, and universities. It can also be done by offering workshops, courses, seminars, and online platforms for learning and skill development.

- Demonstrate the benefits and applications of consciousness-based sciences and technologies in various sectors and industries. This can be done by conducting pilot projects, case studies, testimonials, and impact assessments. It can also be done by showcasing the products and services that are based on these fields.
- Foster a culture of curiosity, openness, and innovation among the consumers and
  users of consciousness-based sciences and technologies. This can be done by
  creating engaging and interactive experiences that invite people to explore their
  own consciousness and its potential. It can also be done by providing feedback,
  support, and guidance for personal growth and transformation.
- Identify and target the niche segments that are most interested in the benefits of consciousness-based sciences and technologies, such as wellness, education, creativity, and higher order sciences.
- Develop and promote a clear and compelling value proposition that differentiates consciousness-based sciences and technologies from other alternatives and showcases their unique advantages, such as enhancing human potential, improving well-being, and expanding awareness.
- Establish and leverage partnerships with credible and influential organizations and individuals that can endorse and advocate for consciousness-based sciences and technologies, such as research institutes, universities, media outlets, celebrities, and thought leaders.
- Create and distribute engaging and informative content that educates and inspires
  the potential customers about the science, technology, and applications of
  consciousness-based sciences and technologies, such as articles, podcasts,
  videos, webinars, and events.
- Solicit and showcase testimonials and success stories from satisfied customers who
  have experienced positive outcomes from using consciousness-based sciences and
  technologies, such as improved health, performance, happiness, and meaning.

### Other Ideas are:

- Enhancing human consciousness and intuition through meditation, the higher order sciences, and other similar self-progressive techniques to access the hidden realms of reality.
- Cultivating a higher consciousness and awareness that transcends the limitations
  of linear time and physical reality.
- Creating advanced simulations of the multidimensional aspects of our reality and exploring the possible scenarios and outcomes of different choices and actions.
- Exploring the multiverse, not as science understands it now, but as a
  multidimensional complex reality structure, and its possible parallel realities,
  timelines, and dimensions.
- Experimenting with exotic forms of matter and energy, and accreted technologies
  within the public realm as in the private contractors go public that can transform
  and upgrade space-time into its natural holographic-energetic configuration and

create/reactivate portals to other

dimensions.

- Studying the ancient wisdom and knowledge of civilizations that may have achieved time travel in the past.
- Establishing contact with more advanced civilizations that have mastered the art of manipulating space-time and learning from their wisdom and experience.





.

## 9. SUMMING UP

Higher order awareness can lead to various benefits, such as improved health, well-being, creativity, empathy, compassion, wisdom, peace, joy, etc., as well as to the discovery of new potentials and possibilities for humanity.

Higher order awareness develops the ability to reflect on one's own thoughts, feelings, and actions, and to understand how they affect oneself and others.

However, higher order awareness also unfolds the ability to perceive reality beyond the physical senses and the rational mind, and to access higher levels of consciousness and intuition.

As I see it, the higher order awareness is essential for a future human civilization that aims to transcend the limitations of the current paradigm and to create a more harmonious, sustainable, and enlightened society.

Higher order awareness can be cultivated through

various practices, such as meditation, yoga, mindfulness, art, music, nature, service, etc., as well as through consciousness-based technology, such as biofeedback, neurofeedback, and other non-invasive or non-biological adaptive technologies.

#### It is Not Unrealistic!

Higher awareness is not a utopian or unrealistic ideal, but a natural and inevitable outcome of our evolutionary journey. As we awaken to our true nature, we also awaken to our collective destiny. Higher awareness is not only possible, but necessary for the future of humanity. Higher awareness is a state of mind that allows us to perceive reality beyond our ordinary senses and thoughts. It is a way of being in tune with our true nature, our intuition, and our connection to the source of all that is.

Higher awareness is not something that we have to achieve or attain, but rather something that we can access and cultivate as part of our everyday life.

### How can we implement higher awareness in our daily activities?

- Practice mindfulness. Mindfulness is the act of paying attention to the present moment, without judgment or distraction. It helps us to become more aware of our thoughts, feelings, sensations, and surroundings. Mindfulness can be practiced in various ways, such as meditation, breathing exercises, yoga, or simply observing what is happening around us.
- Listen to your inner voice. Our inner voice is the voice of everything that we are, and
  what we know could potentially be the best option for us. It is the voice that knows
  what is best for us and what is aligned with our purpose. To listen to our inner voice,
  we need to quiet our mind and tune in to our heart. We can do this by asking
  ourselves questions, journaling, or using affirmations.
- Follow your intuition. Intuition is the ability to know something without logical reasoning or evidence. It is a form of higher awareness that comes from our subconscious mind and our connection to the universal intelligence. Intuition can help us to make decisions, solve problems, create opportunities, and avoid dangers. To follow our intuition, we need to trust ourselves and act on our hunches.
- Expand your perspective. Expanding our perspective means seeing things from
  different angles, viewpoints, and dimensions. It helps us to overcome our biases,
  prejudices, and limitations. It also helps us to appreciate the diversity and complexity
  of life. We can expand our perspective by reading books, watching documentaries,
  traveling, learning new skills, or meeting new people.
- Express your creativity. Creativity is the ability to produce original and valuable ideas
  or products. It is a manifestation of our higher awareness and our unique expression
  of who we are. Creativity can enhance our well-being, happiness, and fulfillment. We
  can express our creativity by engaging in activities that we enjoy and that challenge
  us, such as writing, painting, singing, dancing, cooking, or inventing.

# **Getting Started**

The higher order awareness is a state of consciousness that allows a person to access higher levels of intelligence, creativity, intuition, and how to activate higher order awareness.

Higher order awareness also activates and engage in the ability to reflect on one's own thoughts, feelings, and actions, and to understand how they affect self, others, and reality.

You can learn more about the higher order awareness via the HAL Academy by Randi Green by enrolling in one of the online courses offered on the website <a href="https://toveje.dk">https://toveje.dk</a> In the HAL Academy I show how to activate and develop the higher order awareness through the higher order sciences, described in practical exercises and theoretical knowledge.

### What could be the ways to learn about higher order awareness?

Learning about higher order awareness can help a person to improve their selfregulation, problem-solving, decision-making, and interpersonal skills.

- **Step 1:** Reading books or articles, watching videos or podcasts, or taking courses on topics related to higher order awareness, such as emotional intelligence, cognitive biases, or metacognition as well as material that explores the concept of higher order awareness, such as the ability to reflect on one's own thoughts, feelings, and actions, and how it relates to personal growth, creativity, and well-being.
- **Step 2:** Taking online courses or workshops that teach the basics of awareness, and join in activities that foster higher order thinking skills, such as problem-solving, critical thinking, creative thinking, and metacognition, which are essential for learning, innovation, and adaptation in a complex and changing world.

- Step 3: Seeking feedback from others, which can help to gain different perspectives and insights. By seeking feedback from others who have different perspectives, experiences, and backgrounds, and listening to them with respect and curiosity, while also sharing one's own views and insights we can learn more about who we are.
- **Step 4:** Engaging in self-reflection, which is examining one's own experiences, beliefs, and values as well as in self-inquiry, which is a process of asking oneself questions that challenge one's assumptions, beliefs, and values, and examining the evidence and reasons behind them.
- Step 5: Practicing mindfulness, which is paying attention to the present moment with curiosity and openness as well as mindfulness meditation, which is a technique that involves paying attention to the present moment with openness, curiosity, and acceptance, and observing one's own mental processes without judgment or attachment.



# **About My Background**

As a professional psychotherapist (Existential Psychotherapy) and personal life coach since 2010, I have talked to many people from all over the world and, from these conversations, gained deep insights into what it means to be human on this planet.

Furthermore, I have a Bachelor degree in Theology (University of Copenhagen 2013) although I am not religious, yet I felt the need to study the Bible from a scientific point of view, and the how-to read this ancient text in its original Hebrew, ancient Greek, and Latin.

I am examined at Copenhagen Business School in Organization, Management and Human Resources and began my work life within that field.

Over time I have taken additional courses and certificates within small business accounting, small business economics, marketing, strategies for growth, computer sciences and psycho-religious studies. I am a licensed healer too.

From my work with clients, personal experiences and otherworldly encounters I have developed the concepts of the Higher Awareness Lifestyle (HAL). The HAL Academy Online Courses are teaching the higher order sciences to assist and progress humanity.

Learn more on the HAL Academy's webpage <a href="https://toveje.dk/">https://toveje.dk/</a>

The HOPE Institute is the next step in the processes of awakening and activating humanity into their fullest potentials as lifeforms transforming energy of reality fields via advanced sciences, technology, and higher order levels of consciousness.

Read more on the HOPE Institutes webpage <a href="https://randigreen.one/">https://randigreen.one/</a>