

The HAL Completed Class 1

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The Time Matrix & the First 9 Principles

Abstract

The individual template and the collective time matrix interact to develop the progression rate in the 4th dimension, using the density energies, where the existing density is transformed through the work, we do with our five-field template. Therefore, to be able to move on from the past control systems under the old agenda, which is what the progression work has been all about so far – the freeing process – the next step after having got that freedom, is to learn to administer our progression rate.

What is to be learned

Controlling your own progression rate by learning to work with:

1. The time matrix.
2. The five-field template in an organized way, where you set the sequences of progress in your energy work.
3. Learning to control the chiasm via the heart field and the possibilities it shows you from your work.
4. Minimizing the counterforces or resistance from the holographic energies in the 4th density as well as the 4th dimensional organic-holographic humanoid races; still there to halt you.

How to work with this material

1. *Work with the information presented here*
 - a. How to work with it:
 - i. Take notes and write down, what you get of insights, so you can add more explanations to the concept whenever new levels of understanding show up, adding to the complexity of the information here. It deepens your understanding of what is presented here.
 - ii. Take notes whenever a question shows up in you while you read; write down the question, so you have a list of questions to ask in the meditation work.
2. *Meditate upon what you have worked with after having taken notes.*
 - a. Take the notes you have created.
 - b. Sit comfortably in a chair or a couch.
 - c. Close your eyes.
 - d. Breathe slowly to get into alpha state to get to the intuitive layers of your template.
 - e. When your mind is quiet, *ask e.g. what is the time matrix?*
 - i. Listen to what you get of information; some of it will be from the text and what you remember; other things might be what you heard in the HAL Classes but did not take notice of and some of it might come from a totally new level in you.
 - ii. Write it all down using your own words, when you feel you have emptied out the information you get from within.
 - f. Ask another question, go into the silent state, close your eyes once more and ask a new question, *e.g. why was our solar system re-engineered and what does it mean for me, today and in terms of my work?*
 - i. Listen to what you get of information; here you operate on two levels 1) the information from the text, and 2) how it applies to you in your current settings.

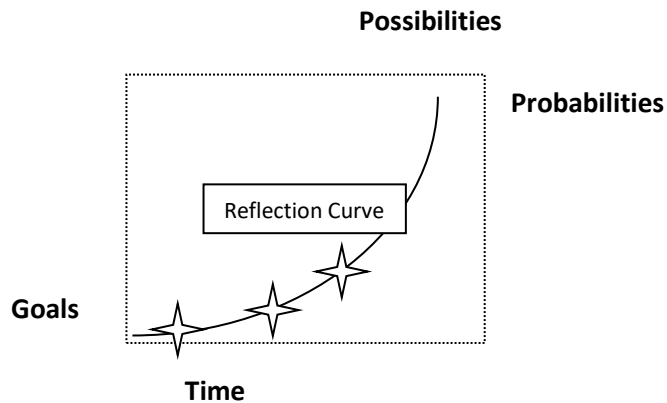
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1. The Time Matrix

The individual template and the collective time matrix interact to develop the progression rate in the 4th dimension, using the 4th density energies. From that, the 4th dimension is developed via the individual participants participating in the 4th dimension with their templates. When the time matrix is understood, the 4th density energies are understood as well. It goes with the understanding of what the 4th dimension is, or through the number of 4. Thus, all insights should have 4 levels of development to unfold *the action potentials* of the 4th dimension, its *manifestation rate* so to speak.

The Time Matrix



2. The Five-Field Template Work

From now on, the energy work is not just about what the next step is following the Rotundum but what we decide to develop, using the time matrix to do so. Thus, we set the goals we want to sequence in each month (or break it down to 4 mini cycles of 7 days), not going with the idea of the energies of the Rotundum but with the energies of the 4th density to transform our five-fold template fields using the grid energies of the reset earth, solar, stellar and cosmic forces.

These, unfortunately, can only be accessed once the template is cleared enough and then the idea of how to use the 4th density grid energies will come naturally from within. The first step is to clear the old energies of the five-field template doing the progression work, I have outlined so far in the HAL Classes and the HAL Books, and then move into the new understanding where the information outlined here unfolds naturally from within. The intuitive knowledge of how to work with the correct energies of our reality, will rise from the work done so far and the level you have gotten to. Again, following the rules of the time matrix; you can only work with what you see and hold as developed inner knowledge.

The new level of energy work, we do, should be viewed from 4 angles; the goal we set for our work, the time it takes, and from that reflected into the possibilities and probabilities of the template we have, using the collective time matrix energies of the 4th density. The way to do this will be mirrored via the 9 principles and what unfolds in our lives, using the mirror or projection effect of our reality.

The stars in the illustration show how the individual template is part of the collective time matrix. Our template, and the level it has reached, is *the interaction potentials* we have, i.e. what our template hold is what we will experience in the 4th density, and the reflection curve is our guideline unfolding the 9 principles into our lives in events and people, and the choices we face from this interaction.

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Therefore, the way to develop the reflection curve to its highest potentials, with the highest probability for manifested outcome, is to follow the 9 principles. The more you use these, the stronger your energy system becomes, and the faster the time matrix will unfold what you need to continue your progression work.

Goals will manifest according to the progression rate of your template, shown in the reflection curve, as in the density of your five-field template will give indications of *the progression rate* it can unfold. The denser the energies are, the slower the manifestation rate. The clearer your five-field template is, the more you will be able to manifest in a shorter period of time, and the more you will be able to clear. Once you master this, you will push through the breaking point, where you will be in full control of your inner and outer reality. The breaking point a critical mass of energy in your template and as long as you are under the breaking point, the counterforces can interfere with you.

That is in essence how the time matrix works; it is a setting into which we transform old forms of energy, using our five-field template in the time matrix mirrored to us in the rules and principles. The rules and principles are taught to us through the heart field, using the chiasm to unfold our current energy level of the template into inner and outer settings, where we have to make choices following the principles to transform the energies and move forward (progress). These choices are either higher order choices, doing the principles to the dot or the lower order choices, following the dense energies of the old reality set up.

2.1 The First 9 Principles

The first 9 principles are the ones that develop the correct heart and brain fields, once these two fields have been cleared.

What is a principle or an energetic law?

An energetic law or a principle is an energetic feature within a system that defines how that energy will act and react to interaction with consciousness. If consciousness, i.e. the consciousness genetics, is of this or that variety, then the laws, or unfolded principles, on that level of the reality will respond in this or that way, according to the type of genetics in question. Hence the consciousness genetics determine how the principles will unfold energetically when a certain action, thought or emotion is being activated.

In this understanding, not two individuals are under the same laws or the ways the principles will express themselves in our lives, unless they are identical in genetic composition, which is rare. In this it is applied that the laws of energetic interaction for one individual is dissimilar from the laws of another, all depending on dyadic age and complexity of the dyadic structure obtained through various systems and schemes, undergoing exploration and development through different integration processes as part of a dyad-energy-organic form structures.

The individual quirks and details will surface with the work using the principles, i.e. the nuances of how to work with energy under the principles, will define the results and from that, through observation, the individual rules can be detected.

The principles, and the way they work in each individual, are based upon skills to be developed in the attempt to master energy under the first four principles and the deficiencies in the progression rate stemming from the overall dyadic progression rate and what it wanted to achieve, when coming here. The dyad will seek to use the principles of the current system, which will surface the lacks and nuances, it wants to develop further once it is reattached to the original five-field composition of the full human energy system set up.

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1. Do onto others, what you want them to do onto you

This saying leads to a higher self-responsibility energetically, mentally, emotionally as well as a higher observance in speech, behavior and emotional response to all that is “put in front of you.”

2. Do onto others, what they have done onto you

This saying is naturally highly questionable but it allows for energetic actions that sometimes are needed in the work with the pentagram and three world races, following their laws of reality. Again, this is for the highly advanced humans knowing how to work with the reversed energies in productive ways, where the end-result is progression.

3. What you focus on, you give energy

This saying is also called the Law of Participation. What you focus on, as in looking at or perceiving, entertaining or joining in by doing, reading, watching etc., using your five senses as well as your three fields, you will connect to energetically and from that participate in that relative reality.

That will change your energy settings, your code layers and as well as the progression timelines or the opposite, you participate in by the things you find intriguing, or invest in by using your thoughts, emotions, leading to actions and interests. All that lead to a use of your energies to amplify these realities and their thought forms in this world.

4. What you send out, will be reflected back to you

This principle is the first inbuilt teaching principle, where you learn the effects of the energies you hold, as in what you think, feel and do. Not just in this life but in all of your lives, altering the timelines where you have otherworldly vessels, clones or genetics.

The effects of what you do are energetic, otherworldly, higher or lower dimensional, and can cross into timelines where you perceive the past, present and futures of what you are in the now aka the chiasm.

5. Inner knowledge is the true teacher

This saying begins the pulling in of the information hidden in the code layers, the energetic layers from all of your previous lifeforms as well as begins the bridging to your dyad. Again, all depending on what dyadic structure you have, and what developmental programs you have been part of.

That will energetically color your inner knowledge and thus, all that you get from within have to be investigated, questioned and looked upon from the perspective of the best human version you can be. Not all you get is for the higher good of the many.

6. Correct Partnerships

When you have mastered the energies of the five previous principles, the laws of progression will attract the correct partnerships to you. Partnerships are all living lifeforms doing the progression work, or the opposite all depending on the way you have used the first three principles.

The correct partnership is the original community set up, where our relative reality kicks in, pulling us into a world setting where all we see is progression work, or the opposite, and all what we meet will be according to the setting of our energy system.

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7. The correct commitment

This principle unfolds the use of the former 6 principles into what we commit to in life, energetically and physically. All we have learned from the previous 6 principles are now a natural part of our heart field and of the influential sphere the heart field produces energetically, and the correct information from that will unfold into our brain field, where the decision is made on what to do, where to go, and what to commit to, using the former 6 laws, to continue our progression for the highest possibility rate.

8. The correct expression of energy

When the 7 principles are an integrated part of our lives, and we live by them in thought, emotion and action, our physical world begin to change. The relative reality becomes part of our lives, showing its mirror effect in all that we experience and from that, including our daily energy work and self-observance. And the original holographic teaching system (the HTS)¹ begins to work again, as well as the old beneficial technologies to sustain and uphold our organic vessels.

9. The correct expression of power

There is not much to say to this one, other than the heart field and brain fields will – on this level using the other 8 principles – unfold energies, which are combined with the dyadic consciousness, and from that generate the higher awareness and the combined brain-heart influential sphere from which this double consciousness and energy structure can influence the densities and dimensions.

The principles are the building blocks towards a higher awareness societal structure. The first principles work in the local environment creating what is called the Rules of Engagement.

2.2 The Rules of Engagement

1. Correct self-mastery
2. Correct self-responsibility
3. Correct self-expression
4. Correct self-containment

This leads to the correct team settings:

1. Correct team awareness
2. Correct team responsibility
3. Correct team work in projects
4. Correct goals of progression following the first four principles

These are the steps towards a correct economy – globally and locally:

1. Correct inner administration of inner energy and resources
2. Correct management of outer energy and resources
3. Correct deployment in activity
4. Correct assumption and intention of outcome

¹ I talk about the HTS in the *Souls of Humanity and Modern History*.

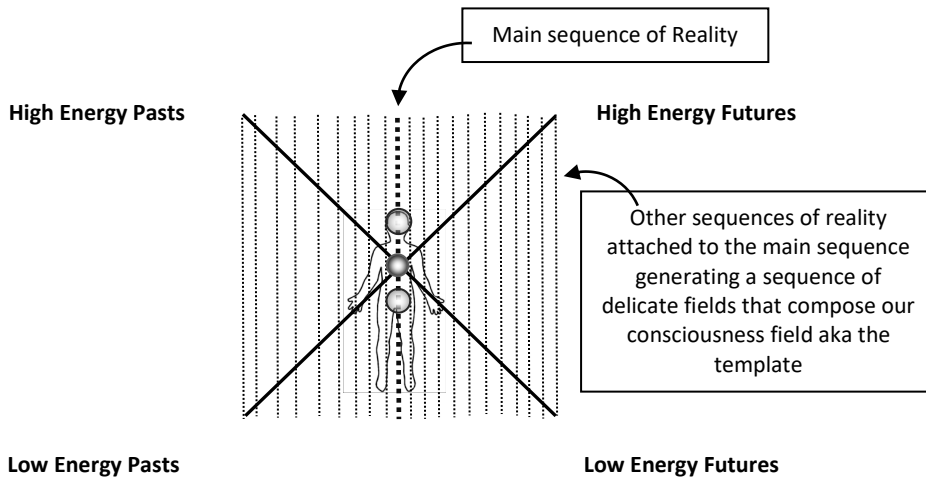
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3. The Chiasm

As written in the HAL Advanced Class 4: The original template is best understood as a “time matrix devise”, meaning that it is controlling our perception of the past, present and future, and what we are able to connect to in our brain, remembering who we used to be, the knowledge we had at the time as well as the ability to view into the future, and the effects of that level of awareness, we hold at the moment.

The Chiasm



Please notice that the sequences are not correctly illustrated since the slices of reality we are composed of are in the numbers of infinity.

Alterations that are done in the energy work change the experienced past because the changes shift the genetics to another timeline, giving new memory input fitting the alterations. When changes are done in the now or the past, by dissolving our connection points to previous versions of us, and their manifestation fields tying us to that timeline, they link the perception field of the chiasm to a new probable future, where the progression rate built by using this new perception field, determines the outcome.

The energetic and genetic past determines how the present energetic and genetic composition will unfold in a probable future timeline, where the blueprint for a new human form is laid matching the content of the genetics and energies of the entity in the now. The genetics of the present generate the future reality and form, the full human will shift into when this lifespan is over. Thus, alterations of the genetics in the now can change both the past and the future versions of that human. A full human is a dynamic entity that is able to change its past and future by modifying the genetics it has in the present. This means that we in the present form can do the correct type of energy work that will allow us to push through the distortion layers and in this regain the ability to access the alterations codes in the template and in that learn to modify it again.

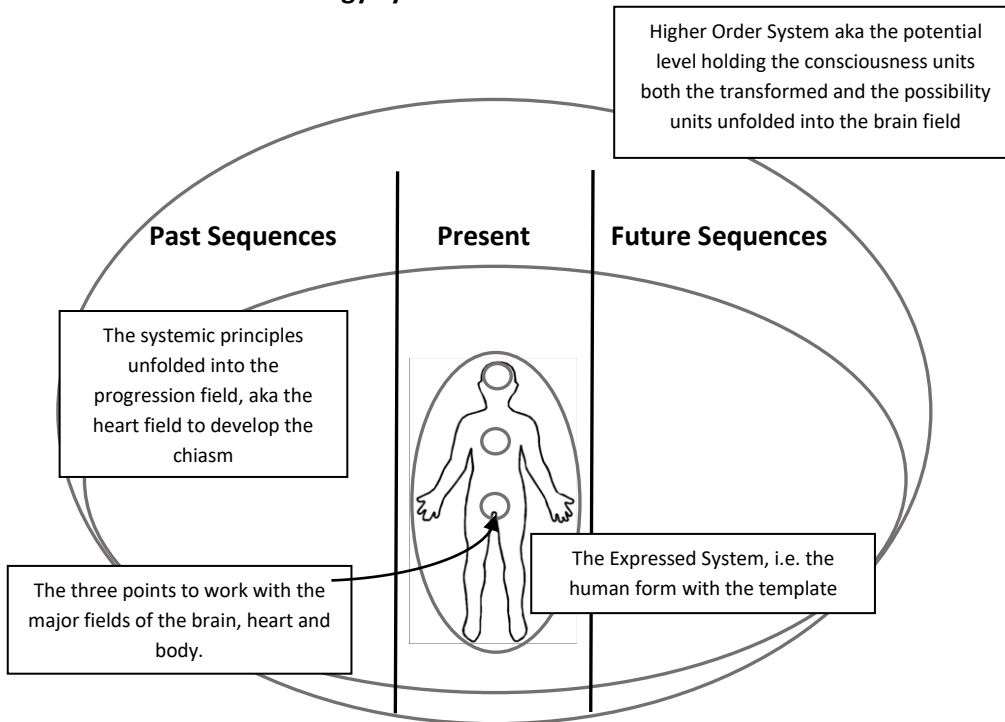
In other words, we can through the chiasm and its perception field:

- 1) Undo the imprints, fields and genetics of the past lives we have had here, willingly or unwillingly.
- 2) Undo the regression of the genetics and restore them.
- 3) Undo the distortion in the genetics and restore them.
- 4) Add genetic composition to our physical field and in this enable us to build more genetics into our physical form.
- 5) Regain conscious access to the other reality fields.
- 6) Undo the regression and their sequences that separated us from the rest of the universes and in this regain full conscious accessibility.

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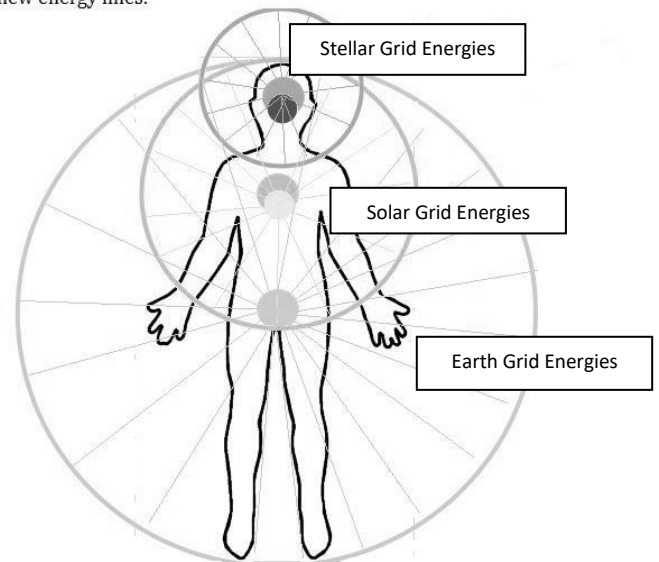
The Full Human Energy System



Hence

- *Stop just using your mind – begin using your consciousness and multilayered awareness by recreating your brain and create the brain field to be able to go beyond and use the true faculties of the pentagram developmental programs.*
- *Stop just using your emotions – begin using your energy system and multilayered awareness by recreating your heart field to be able to complete the developmental programs of the solar cross.*
- *Stop just using your body – begin using your prominent tool aka the human body made of energy and information to explore, create and develop new layers to your lower and higher ordered systems following the laws and rules of this world.*

When cleansing the three fields; follow the energy grids to their end of the sphere. Observe their color and then detach the energy lines from the sphere. Pull them into the core of the three main centre and throw the little dot of old energy lines out. Then create new energy lines.



Expand the new energy lines, one sphere at a time, until their color vibrates in the frequency that is needed. Expand, throw out from the core, expand etc until their vibration is perfect.

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4. The Counterforces

The counterforces arise on the same day, or the day after, you are doing your template work.

- They show up as tiredness, which in essence is a pull into another parallel timeline, where your energy is being utilized to avoid you from reaching the manifestation rate in this reality. Go in, clear that out and get back to this reality again.
- They show up as distractions of what is more important to do than to do the decided sequence of the day. Be efficient in the other matters of our lives by making a strategy of doing it as quickly as possible, or organize your day – and follow through. The progression work is always the first priority to be done on the day (before 3pm) and then you can do the other work. I know this comes in the way of you being part of the normal lives out there but then you have to figure out how to solve that equation. Create a life where the progression work comes first, and then the other matters are integrated as a natural part of the work – not as something that is against the work.
- Direct attacks from within to halt you energetically by making you doubt etc.
- Re-looping you to a lower point in the time matrix, where you will have to build up the progression rate again to get to the breaking point.