

# Overview of the Developmental Levels

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## **BIO-FIELD WORK LEVEL 1**

### *Becoming a plant-fruitarian*

The first level in the bio-field work is to change the diet into a high energy diet. This involves becoming plant-fruitarian; i.e. only living of regenerative vegetables and fruit, nuts etc. The goal with this is to keep the bio-field in as high an energetic state as possible by feeding the organic vessel with easy to digest matter, holding Phyto-chemical elements generated via photosynthesis. The higher amount of energy supports the higher order energy processes of the DNA.

## **BIO-FIELD WORK LEVEL 2**

### *Daily Exercise & Organ Clearing*

Keeping the body healthy and vital is key as well. The ingested energy is to be utilized correctly in both physical activity as well as self-healing work. The maintaining of the organic vessel in a prime state is required to be able to do the higher order energy work, which can be energetically straining. A strong physicality and mental strength is thus essential for the inner work. Getting to know your organic vessel is important to do the correct energetic clearing work.

## **BIO-FIELD WORK LEVEL 3**

### *Activation of the Hara Quadrant*

In the book Terralogy is shown different methods to activate the five layers of the bio-field, of which it is built. The work with the hara quadrant and the subsequent activation sequences of the inserted regressed genetics (to be cleared out after being activated) is part of the activation process of the bio-field. These fields play an important role in the way the bio-DNA (the human genome sequences) work. These keep the human DNA in a lower order state and must be cleared.

## **BIO-FIELD WORK LEVEL 4**

### *Activation of the Core Flows*

Once the regressed genetics have been removed (using downward transmutation), the original core flows of the bio-field can be ignited. These will fuel the bio-field with the original density energies as well as link the bio-field to the higher order energy system, after it has been reconstructed, i.e. the lower order fields have been cleared and permeated by the higher order density energies of the original energy system. All in all, uniting the lower and higher order energies into a unity.

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## **EMOTIONAL FIELD WORK LEVEL 1**

*Clearing of Emotional Patterns (Psychological Material)*

In the work on the psychological patterns of our ego structure, the most important thing is to acknowledge that we have an emotional field (and not just a psyche) and that this field contains energy patterns. The patterns define our emotional state and how we respond to outer circumstances. To enable us to be in-the-now, so we can respond correctly via correct perception of what is going on, the controlling emotional patterns must be cleared and transmuted into purified energy.

## **EMOTIONAL FIELD WORK LEVEL 2**

*Clearing of Emotional Distortion Layers (Subconscious Material)*

Behind the first layers of the emotional field are the deeper layers of subconscious material. These layers cover all from suppressed material of this life to past lives and the residual patterns from these pasts affecting our energetic state in this life. The deeper layers must be cleared and the content of the ancient patterns must be activated and transformed for us to be able to dig deeper and enter into the true dimensions of our world. What stands in the way must be removed for this.

## **EMOTIONAL FIELD WORK LEVEL 3**

*Clearing of Energetic Entities and Energetic Parasites*

In the 4th dimension the true clearing work begins, seen in the perspective of higher order consciousness. Everything until then is part of the lower order programs and prohibiting technologies put there to block us from accessing a true perception of the world, we live in. The Laws of the Races become important in this work and how to clear contracts etc. But it also entails the constant work with removal of energetic entities and parasites thriving in the 4D of our heart field.

## **EMOTIONAL FIELD WORK LEVEL 4**

*Activation of the Heart Field, the Vibration Energies to Generate the Expansion Field*

The complete activation of the heart field and being able to work with the higher order vibrational energies that should flow into our heart field and thus into our emotional field, if things were working correctly, is the goal of the clearing work. In essence, the emotional field is to become permeable and reconnect to the higher order energy system, from where it becomes the lower order representation of the higher order energies within the emotional spectrum.

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## **MENTAL FIELD WORK LEVEL 1**

### *Clearing of Mental Patterns (Belief System Upgrade)*

The first level in the mental field clearing work is to upgrade all hidden and known mental patterns, i.e. belief systems and thought patterns. These are technically everything you have believed to be true, accepted knowledge presented to you in school, over the Internet etc. The clearing work is to revisit these belief systems and figure out which are valid and which that need to be cleared or upgraded to more in-the-now information. The fewer rigid patterns, the more flexible mind-set.

## **MENTAL FIELD WORK LEVEL 2**

### *Clearing of Mental Distortion Layers (Programs)*

The next level is to track the hidden programming. These are the subtle information layers imbedded into the neural network via movies, news, books etc. Technically, these can be compared to frequency algorithms uploaded without your knowledge. The hidden programming controls the higher frequency patterns in the neural network, as a sort of overlay system, and ensures that you are "blocked" from accessing the higher neural structures which are part of your brain.

## **MENTAL FIELD WORK LEVEL 3**

### *Clearing of Energetic Technology and Energetic Residuals*

The frequency algorithms bridge into collective holographic overlay systems, run by large frequency networks connected to advanced technology, including larger program cubes located in the 5th dimension. It is not easily accessible, but via backtracking and inner scanning it is possible to track down the large I-cubes and the program cubes running the collective mental energies of humanity. The technology generates energetic residuals in the mental field and clogs it.

## **MENTAL FIELD WORK LEVEL 4**

### *Activation of Brain Field, the Work with the Radiation Energies and the Code Sheets*

Eventually the reconstruction of the brain field and its neural networks running on density energies, i.e. within the radiation spectrum, can begin. This work includes integration of original code patterns from the template to reorganize the functionality of the brain and how the neural networks can work as well. Naturally, this work is a daily repair since the brain in its current version is not engineered to hold density energies. But it is adaptable and eventually these will remain.

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## **PURITY RATE WORK LEVEL 1**

*Correct Outcome from Every Challenge*

In our work with the higher order energies, we are to consider the right choices according to the Principles, and or the Rules of Engagement in every challenge, we encounter. The choices within the base program are equally important since they, at this point, become symbolic representations of higher order patterns to be cleared or timeline residuals. Each time frame is a window of opportunity to make the choices, which build in energies instead of depriving us of options.

## **PURITY RATE WORK LEVEL 2**

*Balanced Energy Utilization*

Considering the state of our reality, and the more and more obvious tilted grids towards the heavy end of the energetic scale, the way we utilize all forms of energy should be weighed against what is important and what is superficial energy usage. Only the most important issues are to be given energy and that with the goal of either upward or downward transmutation. The balance of oppositions and polarity will be immensely important the next 4 years.

## **PURITY RATE WORK LEVEL 3**

*Correct Clearing of Food, Fields and Energetic Influences*

Every single energy unit within our reality is, at this point, in a less energized state. Thus, to keep our food as high energetic as possible - to sustain our internal energy system and organic well-being - we must clear and energize our food. Similarly, we must clear all energetic fields we leave behind as well as all energetic influences from other organic lifeforms, energetic encounters and the like. What lingers on in any field is an access point into our energy system.

## **PURITY RATE WORK LEVEL 4**

*Self-monitoring, Self-scanning and Upholding Energetic Integrity*

To keep the highest purity rate - in essence to be centered in our own energy system and not displaying the energies of outer or inner influences - we must be diligent in our self-observances of the energetic state of our energy system, organic vessel and general energetic condition. The energetic integrity is important to maintain our focus and remain on the timelines that are truly ours and not the ones, we so easily, are shifted into due to inner or outer influences.

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## **HIGHEST STANDARDS WORK LEVEL 1**

*Correct Choice Making cf. the Principles, the Rules and the Laws*

The challenge in a system founded upon the lesser choices is to live by the highest standards. And what are they? In short to live by the Principles, the Rules and the Laws in any choice, decision making or challenges. In the face of danger, manipulation, trickery or difficult choices the Principles, the Rules and the Laws show the way. Often the selection of the higher order is the challenge. All individual situations are circumstantial and only the context gives the clue of what to do.

## **HIGHEST STANDARDS WORK LEVEL 2**

*Correct Encounters cf. the Rules of Engagement*

In any encounter with other lifeforms the challenge is to choose the correct approach and Rule of Engagement. There are strict laws amongst the other races to ensure peace. Treaties, concords or alliances are on the table in every meetup. Nothing is random or by chance. Break one rule and the encounter is over or has gone bad. Especially in systems like ours under negative control. The result, if things go bad, is either penalty or war. Thus, knowledge of the Rules is key.

## **HIGHEST STANDARDS WORK LEVEL 3**

*Correct Status cf. the Laws of the Races*

The races have many laws, as in what they expect of any lifeform within their jurisdiction. Whenever we enter into a new jurisdiction, or drive through, we must observe the Laws of the Races having that area under their control. Everything else is seen as an offence. Although we might not be in that area for long, the penalty will linger on into any other jurisdiction where the upholders of the Laws of that jurisdiction will ensure the completion of the penalty to keep the agreed treaty.

## **HIGHEST STANDARDS WORK LEVEL 4**

*Correct Methods and Dynamics in Consciousness Progression, cf. the Pillar Work*

The difficulties of navigating among the races living in our system, and avoiding penalty, are technically something we learned in Pillar 2-8. Thus, it is part of our genetic memory although hidden in the layers of our template. Again, the only way is to remember who and what we are, what race we belong to and how we used to be around the other races that took part in the Pillar Project. By claiming the original laws, we can circumvent the additions we have no knowledge of.

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## **PROGRESSION RATE WORK LEVEL 1**

*Correct Energy Utilization cf. the Two Spirals Driving the Holographic Units and Grids*

The understanding of the dynamics of the two reality spirals and the method to keep us within the spiral that generates more energy for us, and not to opposite, is challenging to say it the least in a system under end-cycle protocol. All grids are in the state of either downward transmutation or getting ready to reset completely. Thus, the energy work and the daily living, as an energetic lifeform, demand consideration and knowledge of how to keep the energetic balance.

## **PROGRESSION RATE WORK LEVEL 2**

*Correct Consciousness Development and Progression*

In the daily living as well as in the energy work, the forces of opposition and polarity push us to new knowledge of how to keep the energetic order, balance and harmony to allow for our template and timeline work. The development of what we have got left of viable genetics is key to any form of consciousness progression. Again, the energy work should entail both upwards and downwards transmutation to ensure the highest quality of the energy units in our energy system.

## **PROGRESSION RATE WORK LEVEL 3**

*Correct Knowledge of the Universal Dynamics and Mechanics*

The moment we succeed in activating our true consciousness units, and by that the original code sheets of our template, the memory imprints and all stored knowledge come to live again. With this knowledge we can begin the reconstruction work that will assist us in the challenges of being in an end-cycle system. We need that knowledge to do the transition as well. At this point not much can be learned from outer sources; all must come from within and used in the correct manner.

## **PROGRESSION RATE WORK LEVEL 4**

*Correct Understanding of the Universal Lineages and Racial Progression*

As we gain energetic influence of our energy system and template, the search for our racial lineage can begin, as well as the work to clear out the connected timelines keeping us stuck in the past and preventing us from accessing the future timelines under the continuation cycles. However, we must have the signature of our lineage to be able to enter any given future timelines and show complete control of all we are, the template and timeline work and the progression rate work.